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# FIJI

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**PORT DENARAU MARINA**

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## MARINE DISTRESS & SAFETY SYSTEM

# Distress, Search & Rescue

We all know that even with everything checked, checked and triple checked, nautical disasters DO happen.

In case of emergencies all distress messages must be sent to the nearest RCC. Search & Rescue operations within the waters around Fiji are coordinated by a National Search & Rescue Committee. RCCs are located at Suva and Nadi. Rescue Sub Centres (RSCs) may

be temporarily established in other areas as demanded by the situation.

Suva (3DP) maintains a continuous listening watch on 2182 kHz and VHF 16 for distress calls. The station is also equipped with 6215.5 kHz for Search & Rescue Operations.

**If you are in imminent danger and require urgent aid, use MAYDAY.**

1. Switch to 2182 kHz or 6215 kHz or 156.8 MHz (Chnl 16)
2. Alarm signal, say:

"MAYDAY, MAYDAY, MAYDAY."

This is YOUR BOAT, YOUR BOAT, YOUR BOAT, MAYDAY, MAYDAY, MAYDAY"

Give your position

State the nature of your distress.

State the nature of help required.

Give any other information that will assist the rescue operation.

Listen on the same frequency for acknowledgement.

**Our National Search & Rescue Authority is the Maritime Surveillance Centre**

HQ Fiji Navy, Box 12387, Suva, Fiji Islands.

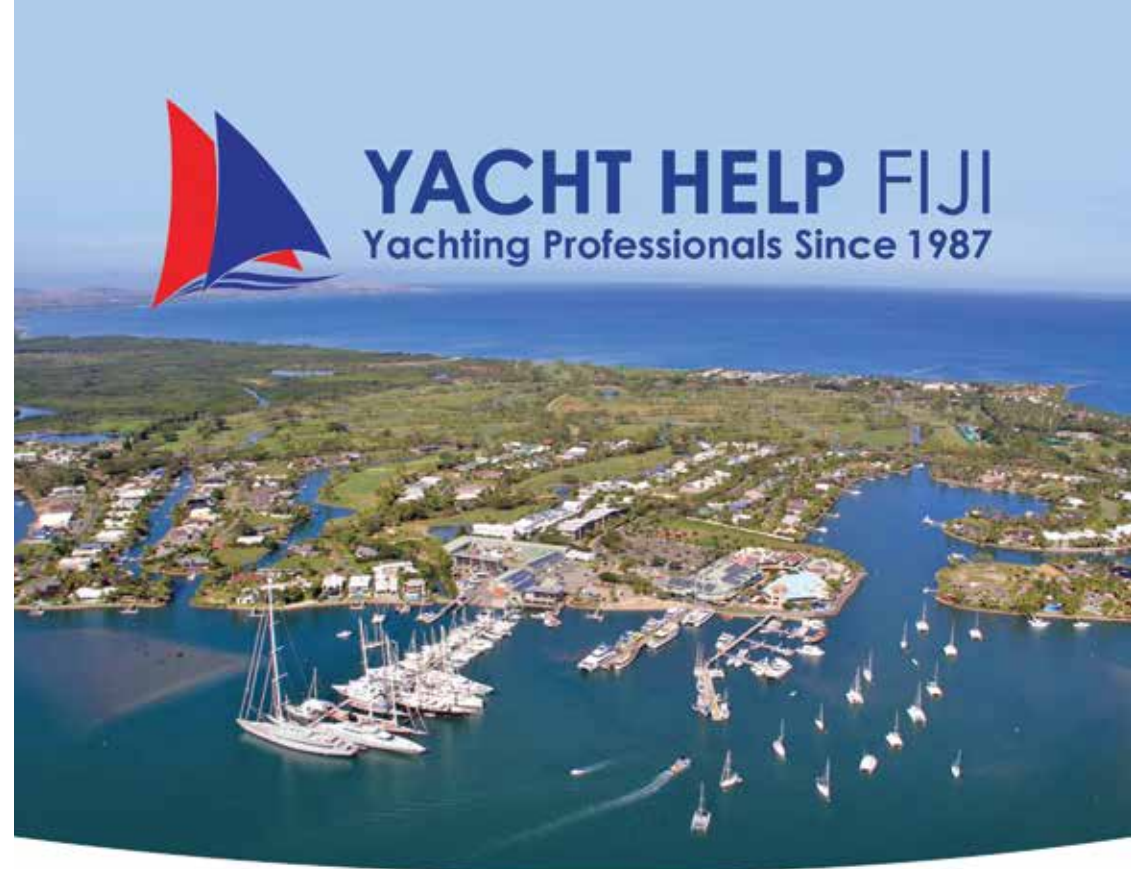
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**RSC Suva T: +679 330 4296 | 3DP Suva T: +679 337 1326**

**RCC Nadi T: +679 672 5777**

The Government of Fiji is upgrading current RCC protocol and procedures. They aim to have a centralized RCC FIJI established within 2015. Please stay tuned to fijimarinas.com for updates as they occur, but for now, the above procedure remains firmly in place.



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COVER: "Beautiful Vanua Levu"  
an unspoiled paradise.

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## Issue Five | 2017

A Mariners Guide to FIJI Shores & Marinas is an annual publication produced & published by:-

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Fiji Marinas

Printed at Quality Print Ltd, Suva.

All information within this guide was correct at the time of going to print. This book is intended as a guide to compliment the careful planning and sailing of the Owner / Captain of each individual vessel cruising Fiji waters. Please note that travel information is subject to change and while we strive to bring you regular updates via the website, all information should be checked personally as Sea Reel Productions Ltd cannot be held responsible for issues arising from information listed within this guide. Sea Reel Productions Ltd cannot be held responsible for any claims, statements or offers made in any advertising content. No part of this guide may be reproduced, wholly or in part without prior written permission from Sea Reel Productions Ltd.

# Bula Vinaka!

We are delighted to welcome you to the eagerly anticipated 2017 edition of 'A Mariners Guide to FIJI Shores & Marinas'. We aim to be your trusty guide throughout the duration of your visit; helping you to navigate clearance procedures, make the most of your time here by highlighting the best of everything Fiji has to offer and finally, providing procedural information on departure clearance when the time comes for you to set sail in pursuit of your next adventure.

Fiji is a unique cruising destination. From the remote and very traditional Lau Islands to the modern pontoons of Denarau Marina, the restaurants and bustling nightlife of Suva to the white sand deserted beaches of the Yasawas; Fiji truly has something to suit every type of cruiser.

Our 333 islands are a land of stunning contrast and diversity. Home to picture perfect beaches, endless coral reefs, world class surfing waves and internationally renowned diving sites.

With so many islands, it is easy to escape the crowd and find your very own anchorage, your own piece of paradise. Try the diving in Lomaiviti and the Bligh Water - Heart of the Coral Capital. If looking for fun & new friendships head to the new Boathouse Nanuya or the legendary Musket Cove for activities - it is many cruisers home away from home for the season!

If water sports aren't your thing, get the hiking boots out and venture inland with Talanoa Treks and explore rivers, mountains and waterfalls. Hear and see endemic birds dart through the rainforest canopy! Get an insight into daily life in remote traditional villages in the hills and by the rivers.

You do not have to own a yacht to experience the adventure of sailing around Fiji. Take a sailing holiday onboard Looping around Fiji's Fabulous Far North or check out our directory for a list of liveaboard & overnight charters.

Fijian's are proud of their culture, and traditions remain strong particularly in the outer islands. If you're lucky, you may be invited to a village lovo feast (local meat and produce infused with coconut and cooked in a traditional earth oven), or offered to join a sevusevu (traditional kava ceremony) where you'll be formally welcomed into the village.

But if you're growing a bit weary of sand, sea & beaches (life can be tough sometimes!), you'll find plenty of opportunities to reacquaint yourself with city life in Fiji's capital of Suva. You'll find restaurants, bars, coffee shops, shopping centres, cinemas and hardware stores galore! Visit the Suva Market or any produce market in smaller towns for fresh fruit and veggies. Check out our new shopping guide showcasing just a handful of our Fijian made products that are definitely worth a mention.

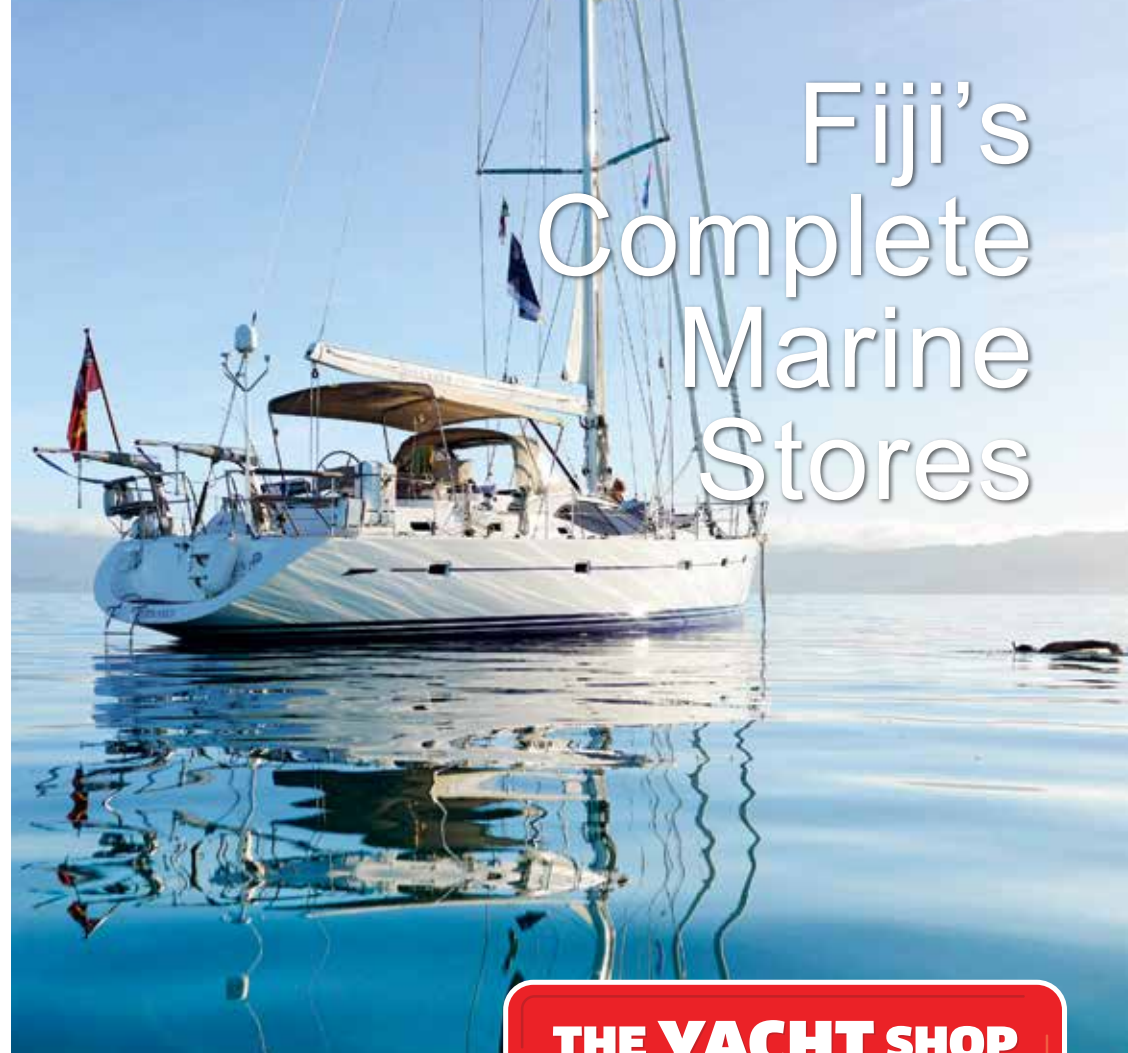
Even after the stunning beauty of the eastern Pacific, Fiji is a surprise to most visitors with many yachties wishing they had planned to spend longer here. Don't make the same mistake....

...we look forward to seeing you soon!

*\*All information within the pages of this guide was correct at the time of going to print but as 12 months is a long ol' time, and we all know that things sometimes change, we recommend checking [www.fijimarinas.com](http://www.fijimarinas.com) and Border Control Agency website for important updates before you intend to enter Fiji Waters.*

Vinaka vakalevu!

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**We at Sea Reel Productions would like to thank the following people for their advice, support, contributions and banter throughout the process of creating this guide, in no particular order:** Capt. Carol Dunlop | Michelle Philp | Jon M. Piepkorn | Heather Sutton | Adam & Lisa Wade | Nigel Skeggs | Natalie Marletta | Colin Philp | John Philp | Mr John Tunidau (MSAF) | Ms Raemila Rakesh (FRCA) | Tavenisa Luisa & Miliana Navia (Dept. Environment) | National Trust of Fiji | Mr Viliame Kaiyabia - iTaukei Affairs Board | Helen Pippard | Neville Koop (Nadraki) | Mary Smith Mausio (Fiji Ports) | Kate MacKay | Capt. Rory Garland | Dr. Paul Geraghty | Nigel Douglas | Tourism Fiji | Amy Alton | Sam London- Nuttall | Michelle Comber | Janet Lotawa | Drina Thurston | Gill Walton | Monifa Fiu | Dolly Singh | Dr. Cara Miller | Moving Pictures | James Keiaho | Stuart Gow | Helen Sykes | Seth Carter | Tim Eden and to all our advertisers! - **Vinaka Vakalevu**

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# FIJI Shores & Marinas 2017

## CALENDAR OF EVENTS



2017 ISLAND CHILL SUVA MARATHON

JULY 22<sup>th</sup>



Albert Park, Suva. Info on website, registration open now!

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23<sup>rd</sup> - 26<sup>th</sup> March 2017



**\*\* WHOLE PACKAGE AVAILABLE ONLY \*\***



**HOLI - A Dash of Colour 2017**  
**APRIL 1<sup>st</sup>**

10km Road Race,  
Albert Park, Suva  
[www.suvamarathon.org](http://www.suvamarathon.org)  
[www.facebook.com/suvamarathon](https://www.facebook.com/suvamarathon)

**2017 Suva Challenge**  
**NOVEMBER 4<sup>th</sup>**

Albert Park, Suva.  
Info coming soon  
on website

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**Tuna Levu Classic**

January 28-29th

**Brian Eastgate Memorial**

February 18th

**Namotu Shootout**

March 25th

**ANZAC Day**

**Fishing Comp**

April 29th

**Flame Tree Comp**

June 30th

**Bill Williams 2 Day**

August 26-27th

**Ladies Day**

**Pinktober**

**Fishing Comp**

All proceeds go to  
Fiji Cancer Council.

October 28th

**Fiji Classic  
International  
Gamefishing  
Tournament**

November 10-12th  
for more  
information:

Denarau Game  
& Sport

Fishing Club  
+6799780189

info@dgsfci.com

**One Day Comp**

December 3rd



**2017 QANTAS Fiji Pro-Am Tournament AUG 21-25**

**MUSKET COVE REGATTA 2017**

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**SEPT 15-20**



**SEPT 15-20**

**MUSKET COVE ANNUAL PIRATE DAY 2017**

The famous fancy dress pirate's day to Beachcomber Island, Hobiecat racing, the Musket Olympics, party nights and BBQ's at the MCYC island bar, and other fun events.



**OCT 24-29**

**MANA FIJI SWIMFEST**

10km | 5km | 3km | 1km swim

The Mana Fiji SwimFest is fast becoming the go-to event for swimmers wanting to combine a tropical island break with some of the most beautiful swimming water in the world, and for those wanting to have a go at a longer distance.

oceanswimsafaris.com

**2017 QANTAS Fiji Pro-Am Tournament 21st - 25th August**

Natadola Bay, Fiji

Type: Pro-Am

Classification:

Teams event

4 players @

InterContinental Fiji

Golf Resort & Spa

Sheraton Golf

Classic

'International  
Pro-Am & Teams  
Tournament'

May 23rd - 27th

2017

@ Denarau Golf &  
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Professional prize  
money &  
Amateur prize!

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May 31st -  
3rd June 2017

Denarau Golf &  
Racquet Club  
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**2017 Fiji  
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down to**

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1.5KM SWIM / 40KM BIKE  
/ 10KM RUN

@ Denarau Golf & Racquet Club  
**Sunday 11th June 2017**



### SHERATON FIJI RESORT

#### Sprint Triathlon

750M SWIM / 20KM BIKE / 5KM RUN

@ Denarau Golf & Racquet Club  
**Saturday 10th June 2017**

### WESTIN DENARAU RESORT & SPA

#### Enticer Triathlon

300M SWIM / 10KM BIKE / 2.5KM RUN

@ Denarau Golf & Racquet Club  
**Saturday 10th June 2017**

### CURE KIDS FIJI

#### TRYKids – Aqua Fun Splash n Dash

Kids 7 – 9 years 50M SWIM/WADE + 500M RUN

Kids 10 – 12 years 150M SWIM + 1KM RUN

@ Denarau Golf & Racquet Club  
**Saturday 10th June 2017**

### RADDISON BLU RESORT FIJI OCEAN SWIM

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**Friday 10th June 2017**

### PACIFIC FITNESS FUN RUN

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**Saturday 10th June 2017**

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## FIJI FASHION WEEK

### Pacific Island Fashion Show Vodafone Arena

Thursday 1 June 6pm  
10 designers representing Pacific nations.  
Launch of Pacific Island  
Fashion Week

### Trend Setters Show Vodafone Arena

Friday 2 June 6pm  
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### Gold Show Vodafone Arena

Saturday 3 June 6pm  
12 Established Designers



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Welcome to  
our Friendly  
Shores &  
Marinas





# CRUISING THE FIJI GROUP

*with Captain Carol Dunlop*



Above: Namotu Island.  
© OutChasingStars.com

There are so many reasons to cruise the idyllic waters of Fiji. It is one of the warmest, friendliest nations on earth and caters to cruisers looking for adventure, timeout experiences with locals and very remote cruising.

Fiji is a nation comprising 322 islands in 18,376 square kilometers of the Pacific Ocean. The islands range from being large and volcanic with high peaks and lush terrain to sand keys so small they peak out of the warm aqua water when the tide recedes, to rugged up thrust limestone cliffs.

There are five distinct cruising areas as described throughout this guide, which provide very diverse cruising locations to suit every traveler of the high seas. This is not always the case in some of the other South Pacific island destinations where good anchorages can be sparse. In the outer islands, off the

beaten tourist track, there are many deserted beaches, good anchorages, and opportunities to really experience local customs and the culture of Fiji.

*"Fiji is certainly worth making the decision to pass through the Panama Canal and into the South Pacific for something unique in all the island groups."*

Now that Super yachts can charter in Tahiti and now Fiji, and New Zealand, many ship Owners and Captains may be tempted to commit to a longer cruise in this magical region, which compared to the Mediterranean and the Caribbean, must be refreshingly unpopulated with unspoiled coastlines and often empty anchorages.

There are white sand beaches, small boutique resorts, snorkeling and sunshine in the western group close to the international airport in Nadi. It's pretty extraordinary that you can leave a very western style precinct such as Port Denarau Marina, and sail to close by rural outer islands, where there is no running water or electricity and where culture and tradition still run deep.

Provisioning and other supplies for Super yachts (and their often quite particular clients) are easily imported from New Zealand and Australia; however it is worth noting that many Fiji suppliers are able to meet such demands.

Cruising in Fiji waters is remote and stunningly beautiful, and over the past 35 years it has given me the opportunity to experience many once-in-a-lifetime moments. However, its isolation and untouched beauty also means that it is one of the more navigationally exacting cruising areas in the South Pacific. Sailing with good light and obtaining local knowledge is advantageous. Having a well stocked ship and a good spare parts inventory is also worth the effort.

So, as the South Pacific has so much to offer the adventurous cruiser, we look forward to seeing you soon!

*- Captain Carol Dunlop*

COMING  
**SOON**

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### *Cruising in the Fiji Group with Captain Carol Dunlop*

This series of articles is about cruising the 5 quite distinct and diverse areas of Fiji. Voyage and charter planning should be restricted to one area at a time, to avoid the cruise being interrupted by long sea passages as the ship re-positions. Yasawa & Mamanuca Islands | Kadavu & Beqa Lagoon | Lomaiviti Group comprising the Vatuira Channel, Makogai, Namena, Wakaya, Ovalau, Gau and including the Northern side of Viti Levu | Taveuni, Vanua Levu and The Ringgold's | Northern and Southern Lau and Eastern Group of Islands.

## CRUISING THE YASAWA & MAMANUCA ISLANDS

### White sand beaches & protected cruising

**T**he Yasawa and Mamanuca islands are the closest cruising grounds to Fiji's International Airport in Nadi.

A departure from Port Denarau (which is only 20 minutes from the main international airport) will find you at Malolo Island, the southern-most in the Yasawa/Mamanuca chain of islands, in just a couple of hours.

The chain of islands and surrounding coral reefs are strung out over 80 nautical miles from Malolo Island to Yasawa-i-rara at the most northern tip of the

Yasawas. Most of the traveling is inside the reef with short passages between many good anchorages and fine beaches.

The climate is reliably very sunny due to being located on the "dry" side of Fiji. You are likely to see a few cruising boats, but the area is still pristine with easy, safe diving and very good snorkeling.

The Diving is good for novice to moderately experienced divers. It's a great area for guests that do not feel comfortable in open waters.

There are a few small boutique resorts in the Mamanucas where you can hire jet skis, go parasailing, have a spa treatment and do the usual resort things.

Good anchorages can be found off Malololailai and Qalito Island close by.

Momi Bay is a good anchorage both to arrive at night on the leading lights, and from where to make an early departure.

At the southern most island of the Yasawas - Waya Island, you will find the lovely Octopus Resort. Cruise northwards up the island chain to see the many other small backpacker operations and several more luxurious resorts nestled on some of the islands.

About midway up the chain you will find the Blue Lagoon anchorage (so named as this was the location for the movie Blue Lagoon in 1980) and the private Turtle Island Resort.

Nanuya Island Resort is right on the beach at Nanuya Lailai Island; close by and do welcome cruising yachts.



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Malololailai. Tourism Fiji photos

They run a lovo and meke on a Saturday night and would welcome yachts if they made a booking. Lovely venue and perfect sunsets.

On Tavewa Island, The Coconut Beach Resort has taken over from Otto and Fanny but the new owner Alex Negrioski can organize a private lovo on the beach for your guests. The resort is under renovations so this venue is to TBC at a later stage.

A lovo is the Fijian way of cooking food on hot rocks buried in the ground. A lovo meal will include fish, pork, whole chicken, and some dalo (taro), palusami and other root crops from the market. The resort staff weave coconut frond baskets to hold the food, which is then placed on the heated rocks, covered with banana leaves and more coconut fronds, and buried for a few hours. The food comes out tender, juicy and infused with the flavor of grated coconut.

We have also found the Blue Lagoon Beach Resort on the Southern end of Nacula Island very helpful in assisting some of our guests. The Resort is lovely and the location stunning.

Yaqona (Kava) drinking while being serenaded by harmonious Fijian singers provide a musical delight under the stars. A really great night out Fiji style! We would take our guitars and ukuleles and of course the full bar for the guests. I guess this is the nearest thing to a nightclub - South Pacific Island style!

One can easily cruise for 7-10 days in the Yasawa/ Mamanuca area and find something of interest to suit everyone on board; beaching, hiking, kayaking, snorkeling, diving, fishing, cultural village visits and water sports. Most villages will put on a meke (Fijian Dancing) and/or lovo for guests on very short notice.

The beaches are magnificent. Whiter and more dramatic the further north you go; Yasawa Island being the most spectacular with miles of white sand, nobody there except for a few villages and the very up market Yasawa Island Resort tucked away, almost invisible amongst the palms.

At the southern end of Yasawa Island are the famous Sawa-i-Lau Caves which are worth a visit. You can hire a guide from the village to show you the entrance into the underwater caves. Take torches, masks and snorkels! The lagoon at Sawa-i-Lau is just great for exploring with kayaks, and the snorkeling is very good near the caves.

Many anchorages can be found both on the east and west side of the island chain. The best in bad weather being the Blue Lagoon anchorage at Matakawalevu; other anchorages are at Sawa-i-Lau caves, which has good holding ; Vawa island in a strong southerly and North and South Naviti and Waya island both east and west depending on wind direction. ■



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# THE CLIMATE

Comprising over 300 islands lying wholly within the tropical south-west Pacific ocean, Fiji enjoys a tropical maritime climate without great extremes of heat or cold. By virtue of its location close to the equator and within the Pacific, the El Nino – Southern Oscillation (ENSO) is the dominant influence on climate variability in Fiji.

by Neville Koop | NADRAKI

# OF FIJI

Cloud 9. Photo © James Keiaho

## Winds

Trade winds are the predominant broad scale winds affecting Fiji and occur in all seasons with varying duration and intensity. The trade winds blow from the south-east towards the northwest, and as a result there is a strong windward – leeward component to the microclimate of Viti Levu and Vanua Levu, the two largest and most populated islands of Fiji. This in turn affects rainfall to a large extent and temperatures to a lesser extent.

On the coast of these two main islands, Viti Levu and Vanua Levu, day-time sea breezes blow with great

regularity. The sea breeze strength is affected by the seasons; in summer when daylight hours exceed hours of darkness by 2 to 3 hours sea breezes are stronger than in winter when heating is reduced by fewer hours of daylight.

Winds over Fiji are generally light or moderate; strong winds are far less common and are most likely to occur in the period of June to October when the trade winds are most persistent. Tropical cyclones and depressions can cause winds of gale force or stronger from time to time, especially from November to April. See the TROPICAL CYCLONES section for more information.

## Temperatures

Temperatures at sea level near the coast around Fiji are fairly uniform. Due to the influence of the surrounding warm tropical ocean waters, changes in the temperature from day to day and season to season are relatively small. The average temperatures change only about 2 to 4°C between the coolest months (July and August) and the warmest months (January to February). In the lee of the mountains, however, the day-time temperatures often rise 1 to 2 °C above those on the windward sides or on the smaller islands. Also, the humidity on the lee side tends to be somewhat lower.

Around the coast, the average night-time temperatures can be as low as 18 °C and the average day-time temperatures can be as high as 32 °C. In the central parts of the main islands, average night-time temperatures can be as low as 12 °C. South-eastern coastal areas and the high interior often experience persistent cloudy weather, with humidity exceeding 75% during the day for long periods. Monthly average sea surface temperatures range from 26°C to 29 °C.

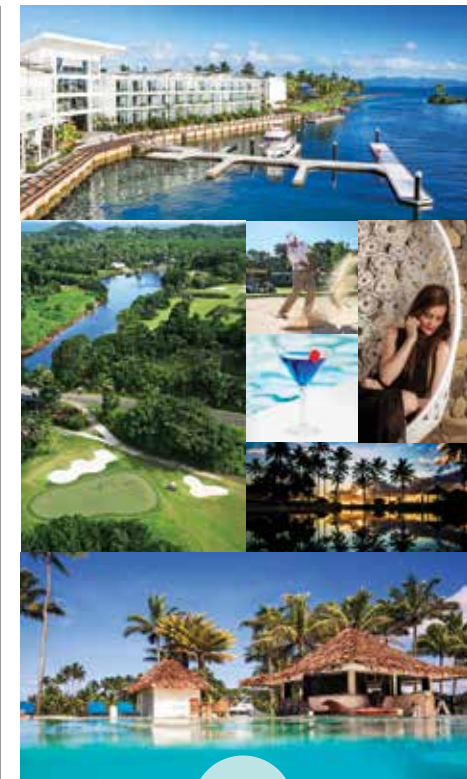
## Sunshine

Being located within the tropical latitudes sunshine variations on a seasonal basis are smaller than that of locations at higher latitudes. On June 22nd (Winter Solstice) there is typically eleven hours and two minutes of daylight (excluding twilight) while on the December 21st (Summer Solstice) there is 13 hours and 13 minutes of sunshine.

A geographic difference in sunshine distribution is evident between Suva - windward side of Viti Levu and Nadi - Leeward side of Viti Levu during winter (June to August). The prevalence of onshore trade winds results in significant periods of overcast along the windward coast of the larger islands, often (but not always) associated with showers or drizzle. While these two locations represent the two extremes of sunshine, most locations including all of the smaller outer islands receive sunshine amounts in the mid ranges of those shown in the table attached.

## Rainfall

Rainfall is highly variable and strongly influenced by the orography of the islands and the prevailing south-east trades. The trade winds are often saturated with moisture, causing any high land mass lying in their path to receive much of the precipitation. The mountains of Viti Levu and Vanua Levu create wet climatic zones on their windward sides and dry climatic zones on their leeward sides;



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hence, the main islands have pronounced dry and wet zones. Little climatic differentiation occurs on the smaller islands.

Fiji experiences a distinct wet season (November to April) and a dry season (May to October), controlled largely by the north and south movements of the South Pacific Convergence Zone, the main rainfall producing system for the region. Much of the Fiji's rain however falls in heavy, brief local showers and thunderstorms.

Rainfall is typically abundant during the wet season, especially over the larger islands, and it is often deficient during the rest of the year, particularly in the "dry zone" on the north-western sides of the main islands. Annual rainfall in the dry zones averages around 1500-2000mm, whereas in the wet zones, it ranges from 3000mm around the coast to 6000mm on the mountainous sites. The smaller islands receive various amounts according to their location and size, ranging from around 1500mm to 3500mm.

The south-eastern parts of the main islands, generally receive monthly total rainfall of 150mm during the dry season, and 400mm during the wettest months. These parts of the islands have rain on about six out of ten days for the dry season, and

about eight out of ten days for the wet season. The north-western parts of these islands are in the rain shadow and receive generally less than 100mm per month during the dry period. The variation in the monthly totals between the two zones during the wet season is little. The wettest month is usually March and the driest month is almost always July. During the wet season, brief heavy afternoon showers and thunderstorms are common in the lee of the main islands.

### Tropical Cyclones

Fiji lies in the area occasionally traversed by tropical cyclones. They are mostly confined to the period November to April, with greatest frequency around January and February. On average, some ten to fifteen cyclones per decade affect some part of Fiji, and two to four will do severe damage. Specific locations may not be directly affected for several years but the dominant north-west to south-east tracks gives some increased risk of damage in the outlying north-west island groups and the north and west coasts of the main islands. Seasonal variability of tropical cyclones also occurs based on the El Nino – Southern Oscillation cycle, with Fiji at higher risk of more and stronger cyclones during warm phase (El Nino years) of the ENSO cycle. ■



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## South Pacific Weather Resources

**F**iji has a fantastic cruising climate. It is situated in a tropical trade wind belt providing fresh steady winds for easy passage making.

Regularly, as the subtropical highs pass to the east, the wind backs off and even reverses counterclockwise around the compass. These reversals are well forecast and provide the cruising sailor with opportunities to sail to the east - unthinkable in some tropical trade wind cruising grounds. Using the weather to expand your cruising opportunities this way means you have to pay a little more attention to weather observations and forecasts. If you choose to stay around for the summer, watching the weather sometimes becomes a more serious business.

So where do you go to for weather information in the South Pacific region? The number of different online weather and climate resources available can seem daunting. However, it is this diversity of weather information that helps make better decisions. Comparing information from different sources will give you some idea of the degree of certainty.

It is human nature to want to know exactly what will happen in the future, but the reality is that no one knows for certain. The bottom line is that you have to use what's available to form a conclusion which helps you make good decisions.

You can find a great list of links to some of the most commonly used online weather resources for the South Pacific region, compiled by Fiji cruising regulars Rory and Kate, at [www.yachtstreetcar.com](http://www.yachtstreetcar.com)

by Rory Garland

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2016 FIJI ISA World Sup & Paddleboard Championship  
leaves lasting legacy, reduces environmental impact.

## A DEEP BLUE EVENT

Photos by Sean Evans (ISA)

Above: Gold Medalist Shakira Westdorp (AUSTRALIA)





The International Surfing Association (ISA) is proud to highlight the legacy that the 2016 Fiji ISA World StandUp Paddle (SUP) and Paddleboard Championship, has left on the sports of SUP & Paddleboard as well as the host country of Fiji.



Holding the fifth edition of the event in Fiji from November 12-20, the first ISA World Championship to take place in the country, was a huge step for the growth and development of SUP and Paddleboard with 244 competitors taking part from 26 countries. The various contest venues provided the perfect platform for the world's best athletes to perform and display their talent in competition.

*Above: Women's Marathon.  
Far left: Tony Philp (FIJI)  
Left: Zane Schweitzer (HAWAII)*

Countless historic moments took place throughout the week of exciting action, including SUP Surfing Finals that were held in powerful, epic conditions at Cloudbreak. Thrilling finishes to the Technical Races, 17km Distance Races, Team Relay Race and 200m Sprint also added to the lasting legacy that has left its mark on these sports for many years to come.

The world's best SUP athletes such as Candice Appleby (USA), Kai Lenny (HAW), Casper Steinfath (DEN), Zane Schweitzer (HAW), Penelope Armstrong (NZL), Lina Augaitis (CAN), Shakira Westdorp (AUS) and Michael Booth (AUS) emerged victorious with Gold Medals in their respective disciplines. The event also featured the participation of other top athletes such as Titouan Puyo and Olivia Piana from France, Caio Vaz from Brazil, Thomas King from South Africa and Felipe Rodriguez from Mexico.

In addition to the legacy that was left on the sports of SUP and Paddleboard, the ISA teamed up with non-profit organization,

Sustainable Surf, and global SUP company, Starboard, to reduce the environmental impacts of the event and leave a legacy of sustainability in Fiji.

The contest was declared a Deep Blue Event, which sets a clear path for reducing environmental impacts of top professional water sport events, while also providing social benefits for the local community.

The following steps were taken to assure the event's positive environmental legacy:

- Executing a cohesive waste management and diversion strategy at main event sites of Tavarua Island, Port Denarau, Musket Cove and Cloudbreak
- Planting 4,000 mangroves in Myanmar to offset the carbon footprint of the event through partnership with Starboard
- Using the Rhum-Ba restaurant in Port Denarau as the event headquarters, which runs off clean, renewable solar energy. ■

*Source: ISA*

*Below: Felipe Rodrigues (MEXICO)*







Moving Pictures photo



# Vuda Marina Fiji

17° 41'04" South | 177° 23'02" East



Tor Johnson photo



Along the historical beach where our intrepid ancestors first discovered land, having sailed in canoes from lands far, far away some 3,500 years ago you will find Vuda Marina Fiji.

This unique commercial marina complex, designed specifically as a cyclone and severe weather shelter, is located only 20 minutes from Nadi International Airport and operates as a hub for yachtsmen and yachtswomen offering a convenient base for those wishing to explore the beautiful chain of the Mamanuca and Yasawa islands situated just offshore and within view.

## Facts & Figures

Accessible through a 25 metre wide reef channel, the marina entrance is marked with beacons and green leading lights and is easily arrived at by approaching the highly visible 'Total' storage tanks from the southwest. Vuda Marina Fiji is a berth and repair marina equipped with the largest travelift in Fiji (63-ton WISE). A catamaran haulout ramp lifting up to 20-ton was created in 2016. The marina

Tor Johnson photos



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## Services & Facilities at a Glance



has inwater berthing for 78 vessels, hardstand working area for 30 vessels and 45 cyclone pits for potentially 153 yachts at any one time. The 'cyclone pits' are ideal for monohulls that choose to sit out the cyclone season with their keels lowered into pits.

Special berthing rates are offered for yachts that stay for longer periods. The marina has a minimum depth of 2.5m in the channel at zero low tide and a minimum depth of 3m within the basin.

## Safety

Due to its unique inland basin, Vuda Marina Fiji is protected and well secured with very limited wave action - even in cyclones. The Marina also has a surge boom that can be placed across the channel entrance to impede any kind of rough seas from entering. While nowhere can be guaranteed as being 'hurricane proof'; this marina is certainly a safe hideaway. The marina is equipped with 24-hour CCTV coverage for better security of the premises.

## Services

Here you'll find a one stop yacht chandlery for all your boating needs, from stainless steel rigging, yacht paints, repair materials, hardware items, sail repair kits and all-weather clothing. The Marina also has a register of professional yacht and marine repair & maintenance companies for all your repair works. Discussing required works directly with contractors is a convenient option here within the contractor village. Storage Facilities provide 1m3 & 2m3 Storage Lockers for long & short term rental.



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## Clearance Facilities

Arriving yachts can conveniently clear into Fiji waters using the Marinas floating dock where government officials will be waiting to greet the captain and crew and proceed with formalities. Inward & outward clearances are processed at a fee of \$75. Captain and crew can then immediately start to enjoy their stay in Fiji by using the marina's facilities, restaurant, café, bar, yacht chandlery, general store, ATM, laundry and fuel station.

Operation hours of the Vuda Marina Boarding Station are:

**Monday to Friday 0900hr – 1500hr**

*Please note, 24 hour advance notice is required for use of these facilities. Vessels arriving on weekends or public holidays must clear in Lautoka*

## Provisioning

The Marina has planted 1000 pineapple plants, over 50m of passionfruit and various fruiting trees for guests of the Marina to enjoy free of charge. They ask you to tend to the garden as payment for the fruits and only take what you need. The General Store has a variety of foods, drinks, toiletries and various miscellaneous items for your convenience. For anything else, Lautoka City is 15 minutes away in one direction and Nadi town, 30 minutes in the other. You will find supermarkets, hardware stores, and fresh produce galore in either.

## Visitor Attractions

**The Boatshed Restaurant & Bar** offer al-fresco dining options. A fantastic and frequently revamped



a la carte menu is available in both the Boatshed Restaurant & Sunset Bar with locally inspired nightly specials to whet the appetite. There is also a kids menu and play area. Regular activities are hosted at the bar in the evenings.

The Boatshed Restaurant is a recipient of the Fiji Excellence in Tourism award for best restaurant in Fiji and is a regular recipient of the Tripadvisor Certificate of Excellence for consistently positive reviews.

You can also enjoy stunning views from the balcony of the **Boatyard Café**. Consistently updated menu items available include salads, light meals and delicious coffees.

**Half price pizza nights** on Tuesdays from 5.30pm

**Happy Hour** on Thursday nights 5.30-6.30pm

**Talent night** on Thursdays after happy hour. Live acoustic music every Friday!

**Sunday afternoon Jazz** 2pm – 7pm. Sunday afternoons at the Marina are always accompanied by live band entertainment.

**Popular open-air big screen movies** showing on the front lawn - weather permitting. A wide selection of movies are shown – check the notice board for what's showing if you want to catch up on your Hollywood action! Mon, Wed & Sat @ Sunset

**Cultural & Traditional** lessons such as basket weaving, say it in Fijian and kava ceremonies are available throughout the week.

**Vuda Sailing Club** - Kids Optimist sailing classes are held throughout the year. Dates are posted on the Facebook page - Vuda Sailing Club, or parents may contact the marina.



## Accommodation

Vuda Marina Fiji has a variety of accommodation options for those wishing to spend a few nights on dry land. Rates are reasonable and you are only a stones throw away from your beloved yacht.

Options: • 1 x cabin, bedroom with QS Bed, TV, AC, vanity, shared toilet

& shower facility next door • 4 x cottages with QS bed, bathroom, AC, TV & lounge with minibar • 1 x apartment adjacent to floating dock with separate bedroom, bathroom, kitchen & lounge, TV & AC. Vuda Marina also has a new laundry & machines.

## Getting Around

The Vuda Marina Taxi's operate a stand daily and are on call nightly. A 15 minute ride in to Lautoka should cost you in the region of \$15, and 30 minutes in the other direction and you will arrive in Nadi Town for around \$30. Local Buses can be caught from the Vuda Marina Police Post. They are a great way to travel, cheap and fun and a great way to get a taste of the real Fijian, urban way of life.

**Lautoka City Bus Timetable:** Bus departs

Mon - Sat: 07h30 | 11h15 | 13h15 | 15h15 | 17h15

**Nadi Town Bus Timetable:** Bus departs at regular 15 minute intervals from the Vuda Junction.



*See page 63 for what to see and do in Nadi*



Once you set foot on the shores of Fiji you will be bombarded with food both native to Fiji as well as introduced by early whalers, chinese seafarers and the Girmits of India.

# Getting to know the local BushKana

Unlike these trailblazers you will be met with friendly smiles and a distinctly Fijian & Indian style of cooking that has evolved to date. Meals are cooked on open fires or *lovos* (makeshift underground ovens) where food is wrapped in banana leaves and slow cooked releasing delicious smoky flavors.

You will most likely encounter sea grapes (caulerpa) as you sail into shore. This has been described as the caviar of the seaweed world. Harvested from our reefs, this delicacy can be picked straight out of the ocean, and with a quick rinse of sea water devoured as is. These 'miniature grapes,' pop in your mouth releasing an essence of marine. **Nama** (Sea Grapes) is usually sold on Fridays and Saturdays at the local markets. It is rinsed under fresh running water just before serving. Mix with *miti* (raw coconut milk), finely chopped onion & chilli, a squeeze of *moli* (lemon) and serve with steaming hot *cassava* (tapioca).

Once ashore, a kaleidoscope of colour awaits you. Most noticeably is the greenery and there is no lack of dark green veggies to cater for everyday of the month. Both local and introduced, the local stuff is a must! - *rourou* (taro leaves), *bele* (hibiscus spinach) and *ota* (a native fern) are more commonly available.

**Bele** (left) is one of the most nutritious traditional vegetables in Oceania. Usually added to a pot of beef bone broth, this vegetable leaf has a slippery

texture and is well known for it's overnight cleansing properties. *Bele* is also refreshing blanched with a couple of tomatoes, half an onion and seasoning. A perfect side for pan fried local fish and staple.

**Rourou** is sensitive to prepare. Firstly choose *rourou* with light green stems and using kitchen scissors, remove stalks and larger central veins closest to the stem. In a 3/4 pot of boiling water, add salt and a heaped teaspoon of baking soda to retain it's rich green colour. Add 2-3 folded leaves at a time and using a wooden spoon press down to keep leaves submerged. Keep lid off and cook for about 20 minutes. Strain in a colander pressing lightly until all liquid has drained.

You must try *palusami* (baked rourou parcels) when offered at a village or a resort, and you are definitely in luck if you come across a chilled rourou soup. Both dishes have a unique creamy texture & taste that leaves you wanting seconds!

Fiji is covered in fern which is mostly inedible.

Buy your **Ota** at a market to be sure that's what it is. Remove the tops and smaller ferns from the main stem, rinse and blanch. It is especially nice stir fried with garlic and oyster sauce, add a dash of water, cover and simmer until el danté. *Ota* has a lovely crunchy texture!

The famous seasonal **duruka** (often called the Fijian asparagus) is the unopened flower of a cane shoot (a relative to the



Above: Rourou are the leaves of the taro plant.

sugar cane) and has a spongy consistency with an incredible taste. Delicately remove it's green corn-like husk and simmer in *lolo* (coconut milk) with onions, tomatoes, chilli and seasoning. *Duruka* also makes a fabulous vegetarian curry served with *roti* (Indian bread).



Ota



Above left : Duruka with husks removed. Right: Duruka sold in bundles

Fiji Sun photo





Above left: Vutu. Right: Ivi (pronounced ee vee)

If you have ever savoured the delight of brazil nuts then you will know what to expect from our sumptuous **vutu** nuts found along coastal villages. Sold at market places in little white paper bags for about \$2 a bag, peel off any coarse outer skin and eat raw for a wholesome snack. They can also be gently dry roasted.

**Uto** (breadfruit) is high in protein and is widely eaten in the Pacific Islands. It has the potential to feed the world and experts are encouraging the planting of trees for food security. Plentiful in Fiji - *Uto* is quite often on the *lovo* menu or can be cut in half and boiled in a large pot of water and salt. Pick a mature breadfruit (but not soft). The fruit weighs about 1-2kg. Avoid touching the sticky white latex that exudes when cut but disappears once cooked. The *cooked* seeds are also edible and have a taste similar to a roasted vutu. A great substitute for potatoes with its soft texture.



Look out for our local pink **guavas** at markets or village roadside stalls. Guava trees grow wild in Fiji thanks to our birdlife. This wonderful fruit also falls in the category of a superfruit due to their vital health promoting qualities. Just one guava has about 6 times the amount of Vitamin C as a naval orange and twice the amount of lycopene than a tomato. Their benefits are endless and play a pivotal role in the prevention of cancers, aging and infection. Homemade guava jam is popular in Fiji.



The bouquet of a local **soursop** is beyond comparison. Its unique aroma accompanied by the refreshing union of tart and sweet is best served as a chilled aperitif or sorbet. A palate cleanser like no other. Another superfruit, the soursop boasts many health benefits. Eating the fruit prevents leg cramps and drinking the juice alleviates liver ailments. Buy a couple, juice them and chill in a large pitcher for those super hot days!

Westernisation has supplanted much of these wonderful early foods. At first the introduction of starchy staples such as taro, cassava and sweet potato offered a compact, easily grown energy source. European influences have brought formal work practices and urbanisation. There is less time spent in the villages and collective daily meals are slowly disappearing. Regrettably convenient fast foods are taking their toll not only on the supply and demand of these wonderful foods but on the overall nutritional welfare of our people.

Some of the native foods have been finessed into hotel cuisines. We urge you to ask for the delicacies mentioned. Your request promises their longevity and this will be a true Fiji culinary experience. ■



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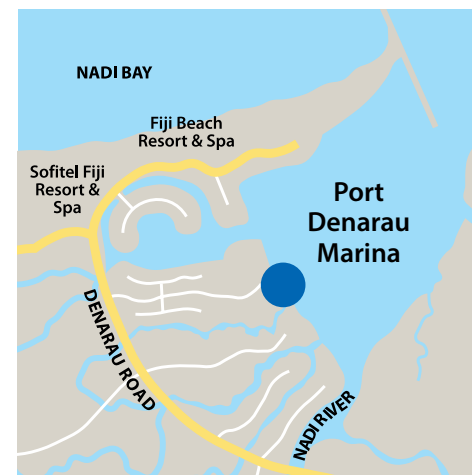


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# Port Denarau Marina

17° 46' 18" South | 177° 22' 56" East



PO Box D23, Port Denarau, Fiji.  
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[reservations@denaraumarina.com](mailto:reservations@denaraumarina.com)  
[www.denaraumarina.com](http://www.denaraumarina.com)  
VHF 14





### Services & Facilities at a Glance



Port Denarau Marina was the recipient of the Marina Industries Association "International Marina of the Year 2015/16" and 2015 ANZ Fiji Excellence in Tourism Awards for 'Services & Support to Industry'.

The marina is well positioned to provide a stopover for rest, recreation and provisioning during your cruising of the Fijian Islands.

Situated on the western coast, it's a short 20-minute taxi ride from Nadi International Airport, and only an hour to Lautoka city, which is a main port of entry.

Port Denarau Marina is state of the art and is situated adjacent to the largest retail/restaurant complex in the Nadi area.

### Facts & Figures

Accessed through a well-marked channel that is 5 metres deep at zero tide. The marina contains 57 fully serviced berths for visiting yachts including 1 x 85m, 2 x 70m, 3 x 65m, 3 x 55m, 2 x 35m, 9 x 30m and 37 x 14-20m berths and 5m draft at low tide.

For our visiting guests we have full bathroom and laundry facilities with 24hour card access.



The marina is covered by a 2mb WiFi internet connection and has full power, water and fuelling facilities. Diesel is reticulated to all superyacht berths for easy high speed transfers.

Additionally there are 16 moorings within the marina basin. No anchoring is allowed within Port Denarau Marina limits but a good anchorage is available just to the east of the marina entrance markers.

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## Safety

The marina is fairly well protected but is not a cyclone haven and must be evacuated in the event of a cyclone.

## The Boat Yard

Port Denarau Marina is a haul out facility providing the latest equipment that offers comprehensive marina services that includes a 50 tonne travelift, forklift services, a hardstand area, marine workshops, short and long term boat storage, and dry stack facilities. You will also find the following services based on-site within the marina complex: Engineering/ Welding Workshop, Hydraulic Workshop, Outboard / Jet Ski Repairs, Aluminum Fabricators & Boat Builder, Stainless Steel Fabrication, Repairs & Maintenance, Sail & Canvas Maker, Yacht Agents, Marine Chandlery, Painting & Antifouling, Dive Tank Refills, Gas Bottle Refills.

## Provisioning

Within the retail centre you will find a well stocked supermarket, bottle store, bank, money exchange, doctor's clinic, pharmacy, kids indoor playground, clothing and souvenir shops as well as a wide range of bars and restaurants.




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### Denarau Yacht Club

The Grand Opening of a 2 storey Yacht Club in 2015 added significant development to this popular yachting destination. Named 'The Rhum-Ba', the Yacht Club incorporates a rum bar and modern dining on the ground level with a function and events facility upstairs. Only recently opened The Rhum-Ba has been well received and is already Tripadvisor's number 2 restaurant on Denarau. With a light and modern interior The Rhum-Ba offers expansive views to the north and east across the Port Denarau Marina and Jetty C. The new facilities also provide opportunities to host more international yachting and game fishing events.

### Attractions

Situated at the main marina complex you will find an array of companies offering trips to the islands and activities such as game fishing, Scuba diving, jet boat rides, hiking trips, camping trips, dinner cruises, parasailing, sky diving, banana



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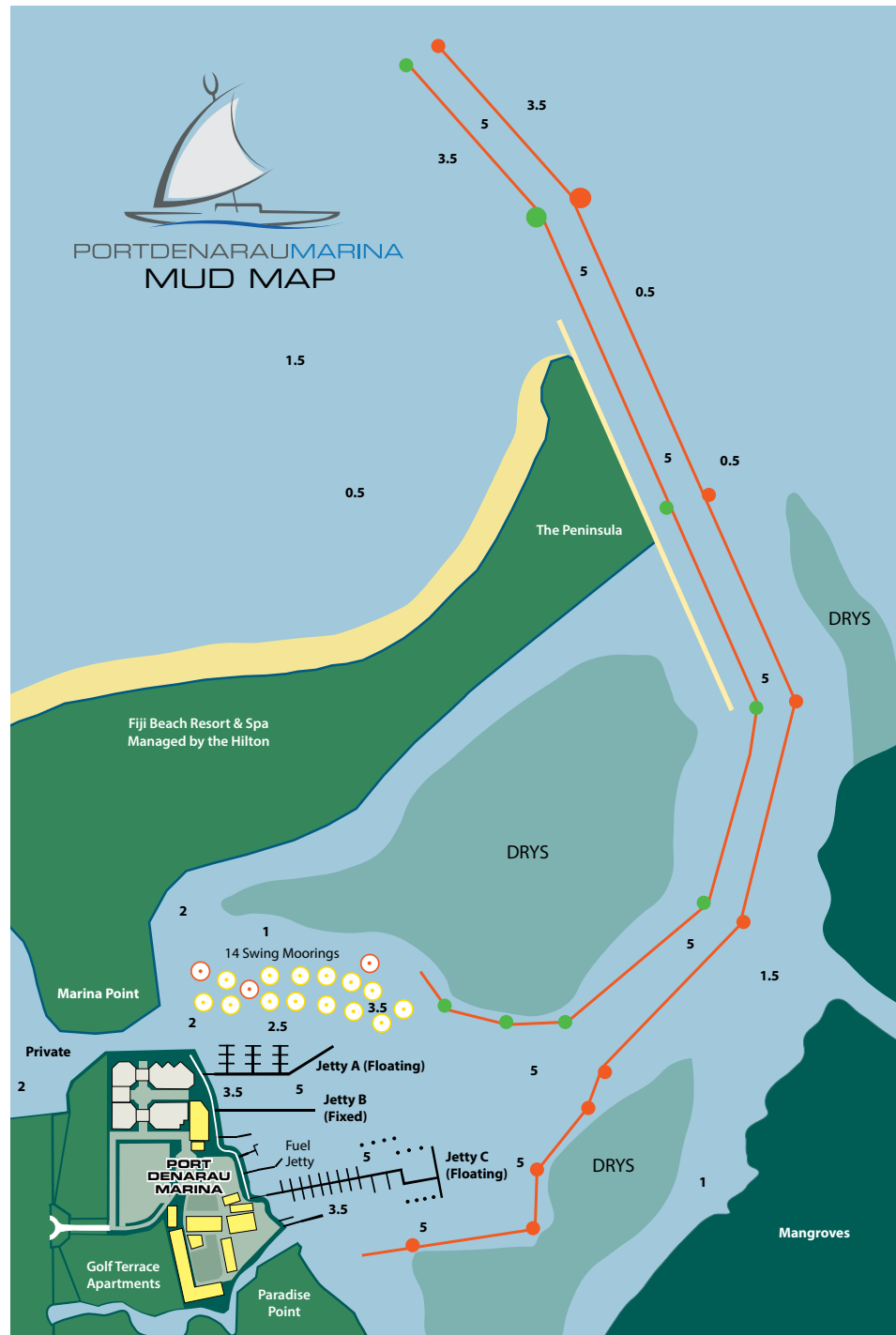
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rides, water skiing, wakeboarding, helicopter rides, island tours and much more...this place is geared for tourism.

The Marina is walking distance to several international hotels that offer a host of recreational pursuits including an international 18-hole golf course, hard and turf surfaced tennis courts, the Denarau Mini Golf & Driving Range offering bungee trampolines, ten pin bowling, batting cage and mini golf. The Big Bula Water Park is great if you have kids – or are a big kid yourself! Spas are dotted around the island where you can be given a new lease of life if you are feeling a little weather beaten.







Denarau Island Aerial. Sofitel Fiji Resort & Spa photo

## Accommodation

The Marina complex is part of Denarau Island which is home to a suite of international brand named hotels if you feel like spoiling yourself or have friends / relatives flying in to meet you. All the top names are there; Worldmark (Wyndham) Resort Denarau, Radisson Blu Fiji Resort, Sheraton Fiji Resort, Sheraton Denarau Villas, The Westin Fiji Resort & Spa, Sofitel Fiji Resort & Spa, The Terraces, The Palms and Hilton Beach Resort & Spa.



## Getting Around

The marina offers an extensive range of ferry, water taxi and cruise operators catering to day trips and Island Resort transfers.

Explore Denarau Island and get your bearings by taking a ride on a unique and open 'Bula Bus'. Operating on a continuous loop departing every 15 mins from 7.30am – 11.30pm, 7 days a week! \$8.50 for adults and \$2 for children under 10 per day for unlimited travel. Nadi Town (larger) and Namaka (slightly closer) are only a short bus or taxi ride away. Denarau Taxi's are safe, honest and reliable.

West Bus Transport services Denarau Island and drops passengers at Nadi bus station 7 days a week. From the bus station in downtown Nadi, you can jump on a bus to Lautoka or ride all the way to Suva. ■



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# Personal Fitness in Fiji

Keeping active in Fiji can be challenging with the humidity and the lure of a cold beer. Pacific Fitness have recently established two comfortable and fully equipped health & fitness centres to help keep you fit, healthy and guilt free while you indulge in the Fijian lifestyle.



Located on Denarau Island and Vitogo Parade, Lautoka, the gyms boast state of the art equipment each housed in 700sqm. Providing ease and comfort, features include internationally recognized state of the art cardio, strength and functional training equipment, fitness classes, supplements and personal training services.

They have experienced and certified personal and group fitness trainers on staff to help guide and motivate you.

Renowned for it's quality and friendly service offered to all its members, Pacific Fitness provides a non-intimidating training environment to ensure everyone feels comfortable in the fully equipped facility.

## Fitness Classes

The Group Fitness classes are an excellent way to get started on the right path to a healthy lifestyle and making new friends. The centre offers a full range of weekly fitness classes including Pump, Yoga, Zumba, BootCamp, Strength & Conditioning. Their qualified fitness instructors will help you through the early stages of any new class you're ready to tackle.

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Whey protein is one of two types of proteins derived from cows' milk, with the other being casein.

Whey Protein is recommended during post-workout to increase nutrient delivery and glycogen replenishment. It is known to promote muscle growth and repair and is a fast absorbing protein, making it an excellent choice for pre and post-workout supplementation.

Studies have also shown whey protein to have benefits for weight loss through satiety.

## TRAINING, NUTRITION and SUPPLEMENTATION

MANA Whey Protein is aimed at supplementing the diet of physically active people and should be consumed in conjunction with a nutritious diet and an appropriate physical training program.

"Mana Whey Protein really helps in my muscle growth. I feel energized and pumped during rugby training. It has good shakeability compared to other products in the market."

**Peniami Vuadreu, Rugby Player**

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- High content of BCAAs is beneficial when the goal is to prevent muscle loss and build new lean muscle tissue.
- With 30g of protein in every serve, low in fat and carbohydrates it is the ideal way to increase your daily protein intake.
- Consuming the right amounts of whey protein will allow your body to recover more quickly, and grow. Speedy recovery means you're back in the gym sooner and reaping the rewards!



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# Musket Cove Marina

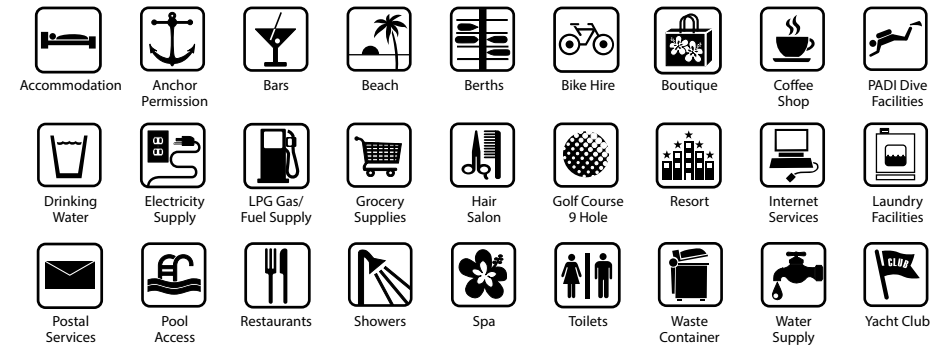
17° 4' 27" South | 177° 11' 45" East



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## Services & Facilities at a Glance



Malolo Lailai was an uninhabited island that was originally sold by a chief of Nadroga – Ratu Kini in 1872, to John Thomson who intended to plant cotton.

The island was eventually sold to an American, Louis Armstrong (not of 'Wonderful World' fame although, had that Louis Armstrong been here, Fiji would have definitely been the inspiration for the song!).

A few owners later, it was eventually sold in the late 60's to three men, Richard Smith, Regge Raffé & Sir







Ian MacFarlane who renamed Malolo Lailai to Leeward Island. The gentlemen decided to individually manage portions of the island. By then an airstrip had been built which ran as a boundary.

Richard (Dick) Smith began building Musket Cove, which was then casually known as 'Dick's Place' and on the 3rd October 1976, Musket Cove Island Resort was born with 400 hundred acres used for an organic farm and the continuation of the coconut plantation to supply the resort.



Today, Musket Cove stands as Fiji's oldest resort company boasting a diverse range of accommodation choices with 55 Bures & Villas, a purpose built day spa, fully licensed bars, restaurants and... a Marina!

## The Marina

The nearest port of entry is Vuda Marina Fiji. However, during the Regatta Week, Customs and Immigration are present at the marina for outward clearance.

Musket Cove provides an ideal gateway to Fiji's spectacular cruising grounds. Marina berths and moorings are available or you can drop anchor in the tranquil bay.

Those who arrive by yacht can become lifelong members of the Musket Cove Yacht Club for

a nominal fee. This allows the privilege of using the resort facilities (providing proper conduct) and also offers discount on the ferry service.

**The Musket Cove Yacht Club** is famous for hosting and organizing the annual Fiji Regatta Week and currently has over 16,000 lifetime members.

Docking facilities in the marina are in a dredged basin. Moorings outside of the marina are also available. There is a dinghy dock and a small number of berths available on the club pontoon, although these need to be booked in advance.

## Safety

A small inner basin is accessible in the event of a cyclone.

## Visitor Attractions

The island boasts many secluded beaches where you can soak up the sun or laze around in the shade and enjoy the peace and tranquility of the island.

There is an extensive choice of water activities as well as a five-star PADI Dive facility, offering courses and a schedule of daily dives. Game fishing, speedboat island hops, water skiing and wake boarding are also on offer. You are welcome to use the Resorts café and restaurant facilities.

**Dick's Place Bistro & Bar** opens daily for breakfast, lunch and dinner. You can choose to dine by the pool or under the stars. An extensive wine menu and island

string band accompanies the a la carte menu and theme nights. The menu brings together freshly prepared local delicacies. Bookings are recommended.

Linked to the resort by the marina walkway, the **MCYC bar** is a 'sand between the toes' beach bar with a relaxed and casual atmosphere. Local spirits, beer and wines are at yacht club prices. With cook your own BBQ's available. BBQ packs are available for sale from **Trader Café**.



The lagoon side **Trader Café** serves pizza, light meals, snacks, freshly baked pastries and juices throughout the day and early evening.

**The Trader General Store** stocks a wide variety of groceries, fresh fruit and vegetables, meats, ice and snack foods.



Indulge in a full range of beauty treatments and massages by internationally trained staff at **Makare Wellness Spa**.

## Getting Around

The marina offers access to an extensive range of ferry, water taxi and cruise operators catering to day trips and Island Resort transfers. ■





In it's 33 year history, Musket Cove's 2016 Fiji Regatta has been the most successful ever – 102 entries with 280+ Captains & Crew! There was great sailing, weather and fun!

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for more fun snaps







Photo © Skyward Industries

## Using Remotely Piloted Aircraft Systems (Drones) in Fiji

Remotely Piloted Aircraft Systems or also known as drones are increasing in popularity around the world. Similarly, due to the increasing ease of access to this technology, Fiji has started seeing an increase in the number of drones for private use. Much like any other industry in the world, these machines too must abide by regulations and guidelines in order to maintain general public safety and awareness. After all, these machines are capable of flight and have the potential to pose a significant amount of risk if not operated in a safe

and guided manner. The Civil Aviation Authority of Fiji (CAAF) is actively requesting that all private and commercial owners of any RPAS/drone to get in touch with CAAF authorities prior to operating in Fiji. This activity is a regulated one and appropriate approvals and permissions must be granted. Whether you have arrived in Fiji by air or sea, private or commercial, you must both declare and register these flying robots prior to use in Fijian airspace, even if only for a few minutes of use.

There are slight differences between a RPAS and a Remote

Controlled Aircraft. The RPAS has GPS monitoring capabilities and have the ability to carry and remotely operate a camera. The pure Remote Control aircraft that does not have these capabilities are mostly used for hobby flying and are classed as toys, provided they do not have a range in excess of 50 meters and weigh less than 2 kg. Anything above 2 kg will be classed as a model aircraft and will require permission from CAAF to operate. ■

*For any questions or concerns, contact the Civil Aviation Authority of Fiji on (679) 672 1555, extension 3356.*

## TRITONMARINE

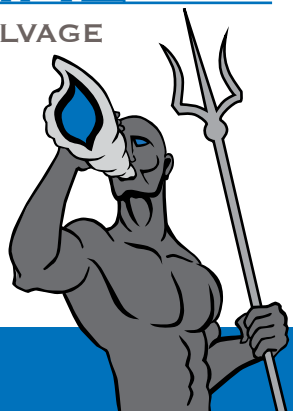
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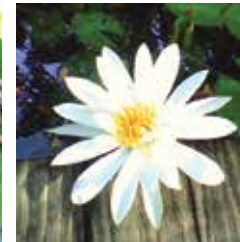


## Things to See & Do in Nadi

### Garden of the Sleeping Giant

Meander through 20 hectares of incredible beauty and experience the serenity of one of the world's largest orchid collections. Sitting at the foothills of the Nausori Highlands, the gardens were started in 1977 by the late actor Raymond Burr, of 'Perry Mason' and 'Ironside' fame. Take a peaceful walk through the garden that is home to a beautiful array of native flowers, plants and lily ponds. At the end of the walk you will come to a quaint seating area where you can relax and reflect on the spectacular scenery. You may also choose to take a look around Burrs old home, where the nominal entry fee also includes a delicious afternoon tea. Don't forget your camera!

*Wailoko Rd, Nadi*



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### Sawa-i-Lau Caves



*Patricia Mallam photo*

Located on Sawa-i-Lau island, in the northern Yasawa Islands, you will find one of the areas most famous natural attractions made famous by Brooke Shields innocent character in the movie the Blue Lagoon. While Ulutini – a ten headed god is said to reside in these caves, you will only find a mystical cave that is warm, safe and friendly to swimmers, snorkelers and divers alike. The first cave is lit by sunlight from an overhead hole in the cave. It's a great place to start. At high water, you can dive down just a few yards into the second series of 2-3 caves. You can take a guided trip to the caves, or given that you have your own vessel from which to explore, anchoring in the bay is straight forward enough with good holding ground that can accommodate larger yachts. Weather wise the anchorage will be tenable in winds from ESE thru to WSW but you can move around in this area to find alternative anchorages.



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### Sigatoka Sand Dunes

© OutChasingStars.com

While berthed in the West, it is worth taking a trip to the beautiful Sigatoka Sand Dunes, a mere 45 minutes drive from Nadi Town. The dunes stand out as one of the more unique wonders of Fiji. Designated as a National Park in 1989, the area offers a rich combination of geomorphologic, ecological, cultural and aesthetic

features. The dunes contain a diverse mixture of endemic and introduced plant species and 22 species of bird, 8 of which are endemic to Fiji. However they are most famous for their archaeological significance to Fijis history. The first clues to our ancestry were discovered here in the late 1980's when a team

of archaeologists uncovered an ancient burial site. Scatters of pottery shards and other cultural materials found within the dunes have led experts to believe that these early inhabitants were of Lapita origin. The sand dunes have produced the largest collection of complete and near complete Lapita pots from the Pacific region. Many unearthed artifacts are on display at the Fiji Museum in Suva.

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This brand new complex houses four digital and 3D-enabled screens, with the large 'D-Max' screen powered by Dolby Atmos. VIP experiences include fully reclining seats and a private lounge area to enjoy before your movie commences. Food and drink can be ordered and brought to you throughout.



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### Sabeto Hot Springs & Mud Pool

Enjoy an all-natural 'Spa' treatment relaxing in one of nature's treasures. Jump in to the natural pool and cover yourself in mud, glorious mud from the pool bed. If you want to get serious, head to the shallows to wallow and make like a hippo! While the mud dries, you are free to browse through the village stalls. Afterwards you can wade back into the water to wash the mud off leaving your skin feeling soft as a baby's bottom! You can then head down to relax in the mineral pool (naturally heated to around 30°C) where you complete the treatment. If you are hungry for more, you can request a 30 - 60 minute coconut oil massage under the palm trees for a modest fee. Sheer bliss!

Wailoko Rd, Nadi

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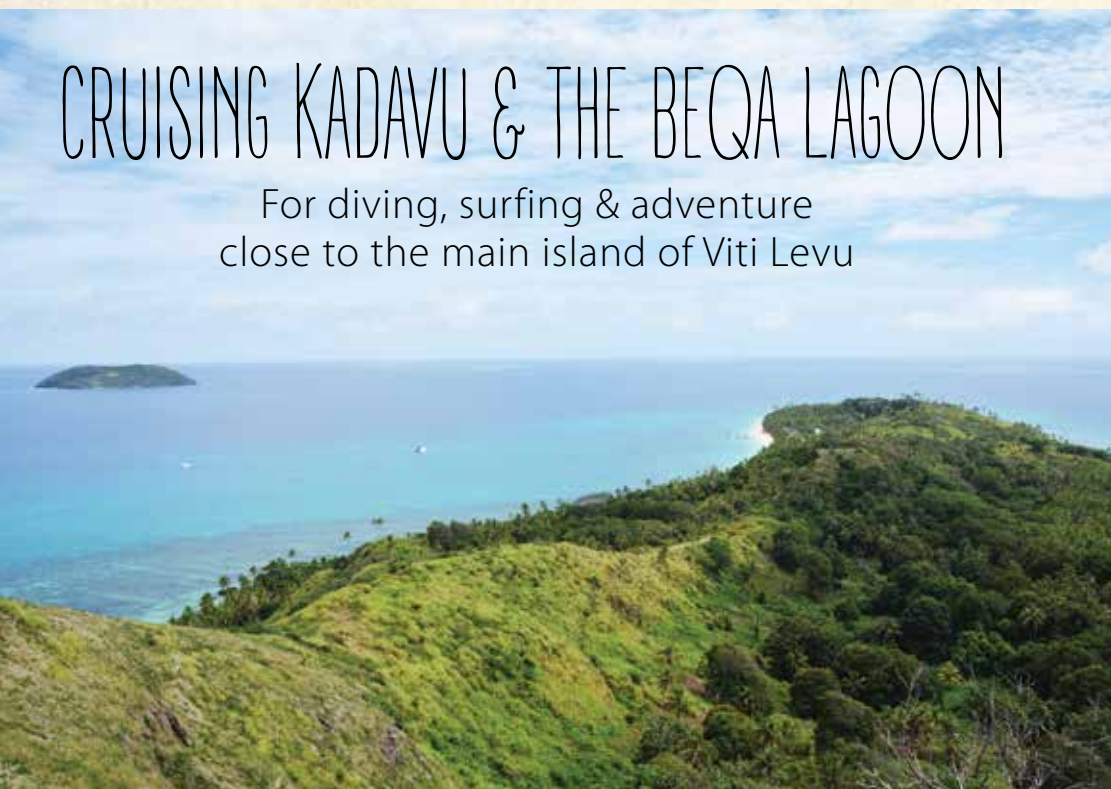




*Cruising in the Fiji Group with Captain Carol Dunlop*

# CRUISING KADAVU & THE BEQA LAGOON

For diving, surfing & adventure  
close to the main island of Viti Levu



© OutChasingStars.com



## KADAVU

The North Astrolabe lagoon offers close proximity to some excellent diving. Due to its location and topography the water here is consistently one degree lower than the rest of Fiji and the chances are you will likely see large pelagic species, schooling barracudas, turtles, manta rays,



and stunning corals. There is about 25 nm of open water from NE Beqa (Sulphur Pass or Bala Pass as it is called) before you enter into the lee of the North Astrolabe Kadavu reefs and the entrance into the North Astrolabe lagoon via Usbourne pass.

A sevusevu should be presented to the chiefly village of Draevuni before undertaking any cruising and diving in the area of the North Astrolabe lagoon. There are some beautiful beaches within the Astrolabe mainly at Draevuni, Yaukuve Levu (home of the new Kokomo Yaukuve Island Resort) and Namara (deserted island). There are a few dive resorts further south on the island of Ono and mainland Kadavu. People are friendly and welcoming in the villages. All of these places are off the traditional tourist route.

There are great waterfalls on the southern side of Kadavu island in Kadavu village, close to the small Waya Island (Captains need to take tenders in to the village at half tide rising). Close to Kadavu village is the eco-resort Matava who can spin you to the incredible Manta dive on the south coast near Galoa. Matava is also where you will find an IGFA Captain and weigh-station at Bite Me Game Fishing



Brigitte Dewhirst photo



Namara Island, Kadavu © Carol Dunlop



19° 02' 55" South | 178° 23' 47 East

Experience the magnificent beauty of  
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Charters. The anchorage at Galoa is really good and is a great place to run to in boisterous conditions.

The Namalata reefs to the north of Vunisea are great to explore with SCUBA but as always, a local guide will guarantee you hit the best spot at the best time to get the best experience. See Dive Kadavu as in my experience they are the best on the northern Namalata reef side.

At the most western end of the island is Cape Washington, which is another location for fantastic diving and surfing. This area, which is about 80nm south of Port Denarau, is a fabulous cruise, particularly for those who are interested in varied diving. Alternatively, a passage between Beqa (Frigate passage) and Cape Washington is about 40nm.

The village at Cape Washington have been known to put on a great Meke (traditional Fijian dance). Your sevusevu needs to be made to the village of Nabukalevuira. There was a surf resort 'Naigiagia' on the island just off Cape Washington, however this has now closed but the surfing, snorkeling and diving are wonderful in this location providing the wind is right for the very deep anchorage. SW around to ENE is fine. There is a ledge on the eastern part of the bay where you will find 60-80 feet.



Beqa Island

There is the additional option to fly into Vunisea, the main village on the north-western side of mainland Kadavu where you can find a small market, Government stations and a medical centre.

## BEQA

Beqa is home to the famous Beqa Fire Walkers, members of the Sawau tribe, who can walk bare foot across blazing hot rocks! A historical encounter with a spirit God by one of their great ancestors saw the exchange of the captured Gods freedom for power over fire. Ask any Beqa island native to regale you with their story and they will be happy to share the history of their people with you.

One of the best anchorages on the NE side of Beqa is Malumu Bay. Here you will find Lalati Resort & Spa. The sapphire waters of the bay offer a safe harbour for yachts and super yachts alike. Here you can grab a nice cold beer from the beach bar, eat gourmet style island cuisine in the chiefly – style open air bure, or sign up for a spa treatment...or two. You can also go for a guided dive with a member of the resorts dive team.

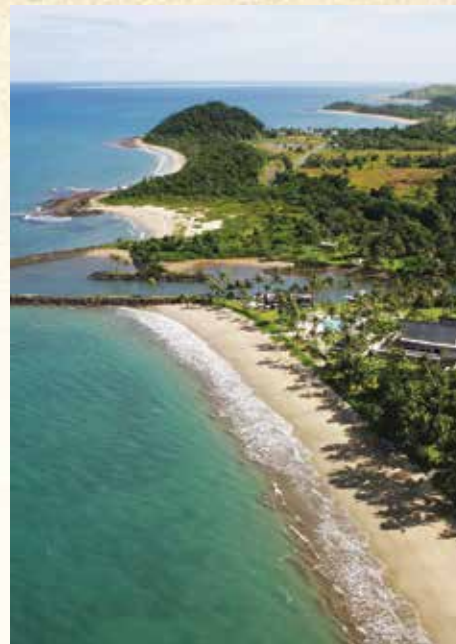
Vaga Bay on the west side of Beqa is great for a more protected night time anchorage if you are visiting the exclusive Royal Davui Resort on Stewart Island.

Permission should be obtained from the island's managers before making any arrangements to visit the resort. Bookings can be made for a private dinner ashore and maybe a meke with the famous firewalkers can be organized. This would have to be booked well in advance so that the staff can prepare.

The surf at Frigates Passage is extremely good and considered one of the best surf breaks in Fiji while fishing in the Beqa channel is renowned for hooking



Kadavu village waterfall © Carol Dunlop



Entrance to the Qaranagio River at The Pearl Resort

yellow fin tuna, wahoo and walu. Check out the reef Cakau lekakeka!

There is some good diving (and surf) by Black Rock at Frigate Pass, SW Beqa. If you are on your way to Kadavu, Malumu Bay close to the pass offers anchorage for early departure to Kadavu.

To the North of Yanuca Island are several SOFT coral dives. There is a small surf resort which may still be operating with a nice beach on the NW side of Yanuca.

From Beqa, access to Pacific Harbour is easy with anchorage outside The Pearl Resort, and also in the mouth of the Qaranagio River for very much smaller cruising yachts.

## PACIFIC HARBOUR

This is an area not to be missed with action packed shark dives and all day river rafting in the Navua highlands. The area is the base for popular shark dive operators. Large vessels can anchor outside the breakwater and tender in to the new marina tucked inside the river. There is the option of two renowned shark dive companies, Aqua-Trek and Beqa Adventure Divers.



Sam Cahir 2010

## AQUA-TREK FIJI'S ULTIMATE SHARK ENCOUNTER

8 SPECIES OF SHARKS - 1 DIVE - *Your Adventure Starts Here....*



**Aqua-Trek Beqa**  
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**www.aquatrek.com**





Rivers Fiji photo

Aqua-Trek's founder Brandon Paige is known as the pioneer of the Fiji shark dive. In 1999 he created a dive with the intent to educate divers and aid in the conservation of sharks. Little did he know he was creating what is now known as the worlds #1 shark dive.

This is a 2-tank dive which is usually booked out so you may have to book well in advance. It can be an exclusive dive with early pre-booking or just book

into a group. Reporting time at Aqua-Trek is at 0800 and the dive boat departs between 0830 and 0845. An afternoon dive is possible if you have a minimum of 4 people for the booking.

Another exciting excursion to consider in Pacific Harbour is the Jetski Safari Tour. They are located on the beachfront next to The Pearl Resort and Fiji Palms. Their safari's generally run for about 4 hours and take you on a 65 km tour through the Beqa Lagoon and around Beqa Island.

Alternatively treat yourself to a spa at The Pearl Resort or visit the cultural centre to take in some Fijian dancing and enquire about their fire-walking shows.

Rivers Fiji Rafting & Kayak Trip - Adventure into the heartland of Fiji on an all day trip into the highlands with rapids and waterfalls. This is an extremely well run organization and if you have the time definitely worth doing.

They offer both river and sea kayaking trips (for novice to medium level kayakers) as well as whitewater kayaking and rafting. This is a great cultural day out as it involves a traditional village visit and sevusevu. ■

## Whitewater Rafting, Kayaking & Sea Kayaking Adventures

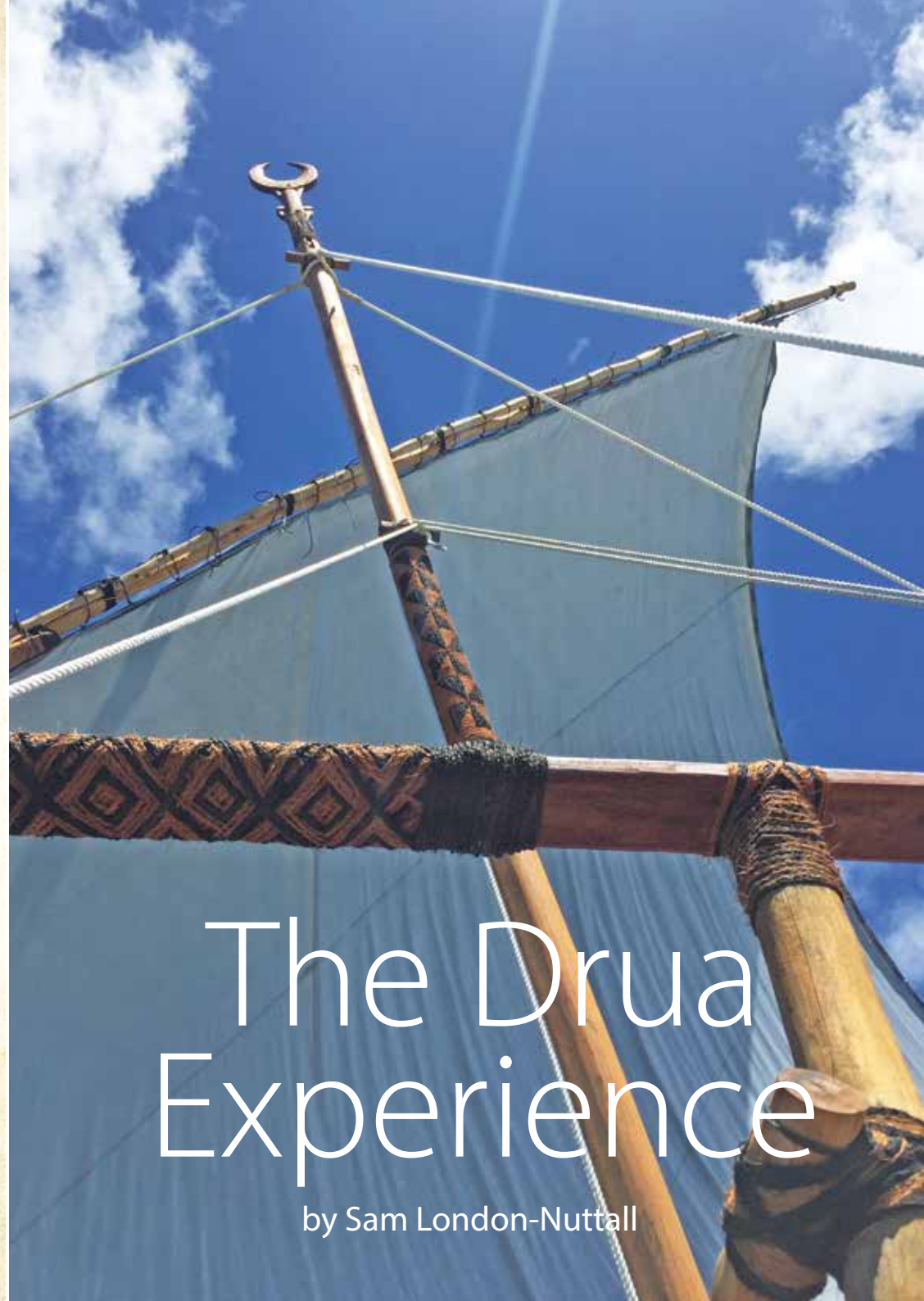






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# The Drua Experience

by Sam London-Nuttall



It was 1994 and I had just got off my first international flight at Nausori Airport, Fiji. My bright red shoes matched my five year old rosy cheeks, and my little feet barely touched the gangway steps coming off the plane. I had arrived from New Zealand to visit my father, who was then working for the WWF in Suva, and of the few memories I have left from this trip, the heat, the smells and the smiles, there was one that remains vivid in my mind today. A special encounter whilst coasting serenely around the Bay of Islands in Lami, an encounter with the last Fijian Drua "Tabu Soro". After some brief negotiations with the vessel's Fijian crew we were gladly welcomed onboard and we set off for a day sailing around Suva harbour. To me this was a giant and somehow magical craft, though it can't have been more than nine metres in length and only capable of carrying us and the three crew. Both my father and my impressionable self were



left awestruck by the ease and prowess this craft and its crew possessed. Little did I know at the time, but this one experience would lead me some twenty years later to be sitting on the banks of the Navua river with calloused hands and a strong back on my own Drua.

Over the years my father, Pete, and his partner Ali had continued with the fascination with the

drua and sailing in the Pacific. Both are now published experts and consultants in the field of sustainable sea transport and based on their yacht (our family home) in Lami once again. I myself, now an experienced sailor and captain in my own right, arrived once again in Fiji two years ago to spend time with my family after the death of my grandmother. Being a family that indulges in all things nautical a pesky question eventually reared its head and was debated late into the night: "in a country with such rich maritime history, a place that once produced the finest naval vessels that ever ranged the oceans of the Pacific and the sailors to man them, a place with high unemployment and a dependency on fossil fuels, how was it that there were no drua left?"

After thorough analysis of the problem: culture being diminished by globalization, economic challenges faced by

communities, a generation gap in the knowledge of how to build and sail, we were faced with only one question "why don't we build one?"

### i Vola Siga Vou

In 2014 with the permission of the Fiji Museum we set about taking the lines from this last drua. Delicately we measured the profiles of the hulls at increments along each hull, the lengths and widths of the beams, the thicknesses of the planks and so on. We scrutinized every join and argued over the functionality of every piece. With notebooks and heads full of plans we decided we couldn't let this ship fade completely into memory.

We had an assortment of basic tools and knowledge of modern boat building techniques and with late Grandma's inheritance figured we could have a boat built in six months. Our plan was to set up a sustainable tourism business offering an experience



to tourists that celebrated Fiji's proud culture, providing jobs for traditional sailors and hoping to revitalize an almost lost tradition. What we didn't have was a boat yard and boat builders.

However, after weeks of searching for a site to build we were finally lead to a small boatyard on the banks of the Navua river which was run by Chris Tsantakos of BlueWater Craft. A greek man

who's generosity rival's even that of the Fijians and who, after hearing of our plan, thought it was a great idea and said there was plenty of room in his yard for us to set up camp. So we did!

The first job was to clear the piles of aluminium and steel scrap that was to be our new home. With scrap from the yard we erected walls and a few stray tarpaulins formed a roof. Old pallets made

## A brief history of Drua



*Ndrua of the Fiji Islands - Herb Kane's Retrospective Exhibit*

The Fijian drua or Waqa Tabu (sacred canoe) was the largest and finest sea-going vessel ever designed and built by natives of Oceania.

The Pacific is a mighty ocean. Over the past 6,000 years Pacific seafarers mastered the science of sailing on the apparent wind. The giant Pacific double-hulled sailing ships were increasingly perfected in design; the fast downwind Tahitian Vaka, the speed merchant Popo from Yap, the awesomely powerful Fijian drua, the elegant Taumako Te Puke. Fearless sailors with comprehensive navigational knowledge, they charted and populated the many far flung islands across nearly half the globe. Pacific sailors are acknowledged as the innovators of the first true blue water fleets in the world. Mastery in sailing

and ship design and building is arguably the greatest heritage legacy of this Ocean.

The battleship of choice for any central Oceania naval commander, drua, reached sizes of 36m, capable of carrying more than 200 warriors to windward at speeds up to 15 knots. A little more than century ago such vessels were commonplace in Fiji's waters and throughout central Oceania, underpinning a vibrant trading network between island communities. Sadly, no drua are found sailing today and none of any size are thought to have been built for over 100 years.

Fortunately a fine example has been preserved in the Fiji Museum. The Ratu Finau was built in 1913 in Vulaga in the southern Lau. It is quite small by drua standards, measuring only 13.4m. The drua

was built at the command of Ratu Alifereti Finau, the eleventh Roko Sau of Lau and the fifth Tui Nayau. He was the son of Ratu Tevita Uluilakeba II and Adi Asenaca Kakua Vuikaba, daughter of Ratu Seru Epenisa Cakobau and a member of the noble household Matailakeba. It was made for collector J.B. Turner and sailed to Suva for delivery. Before going into storage it sailed for a time around Suva harbour and beat all comers in races against local yachts - it is said to have made better than 17 knots in ideal conditions. The Turner family generously gifted Ratu Finau to the Museum in 1981.

Ratu Finau is the last fully authentic vessel in existence but is now in a deteriorating condition and requires urgent preservation work.





benches and rough-sawn Fiji pine saw a strong-back on which the hulls were to be built set into the earth. A number of carrier truck trips around Viti Levu later, saw us with a stock of impressive native timbers: vesi for the keelsons, demanu for the stringers and dakua for the planking. As the woodpile grew so did the number and variety of second-hand tools from Suva pawnshops.

Plywood stations cut to match the profiles of the original Ratu Finua were stood fast to the strong-back, keelson and stringers then bent and shaped around them. From there planks were ripped with skill saws and pushed through a homemade router table to give them beads and coves to enable us to get the unique asymmetrical shape of the boat. After the first six months we had succeeded in re-creating the shape of a carved log



using a great many dimensioned smaller pieces of timber.

This system worked well and with lessons learned from the first, smaller hull, it was simply a case of repeating the process for the larger hull. By this point word had begun to spread and the number of curious eyes peering into the shed began to grow.

One of these was a man named Moala. Having been a long-time crew member of the voyaging canoe Uto Ni Yalo, Moala had dreamed of sailing on a real Fijian canoe and when he heard about

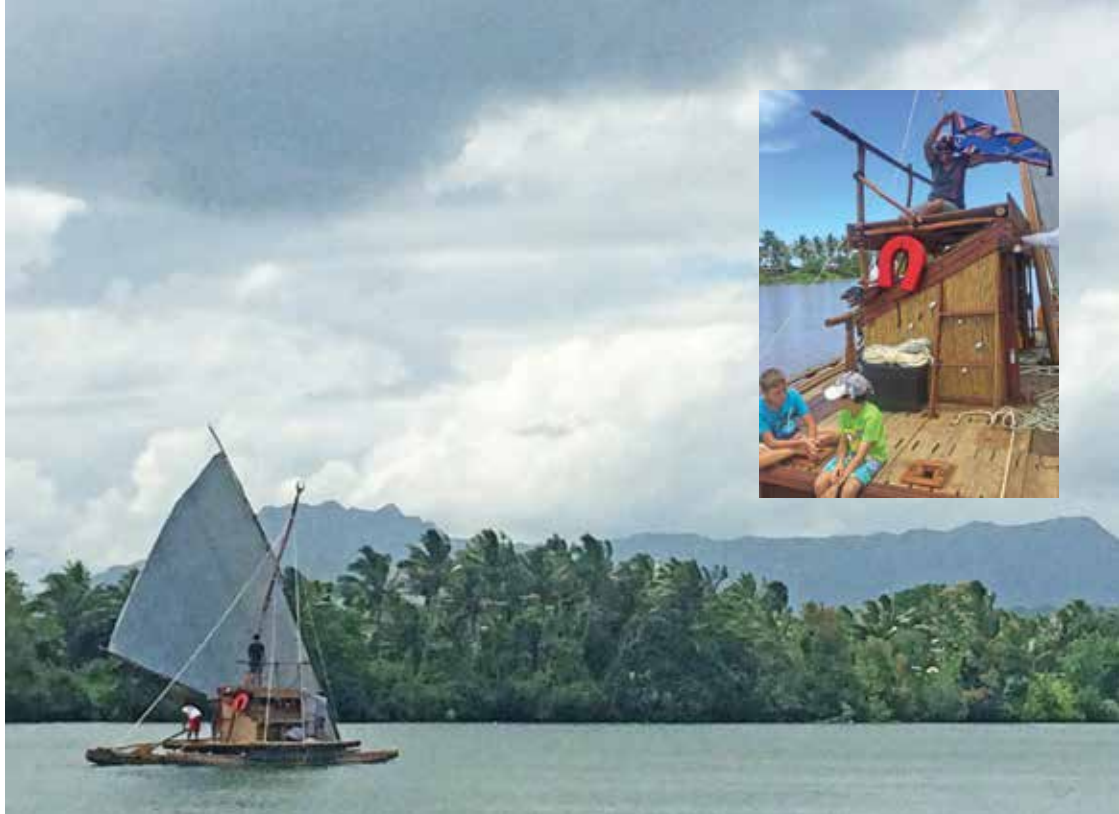
one being built put his life on hold and enlisted his services. Moala learnt about carpentry and epoxy and with his help after another year's work we had two smooth hulls encased in a protective layer of fibreglass side by side.

Western boat building had to take a back seat to Fijian at this point and with the on-going invaluable advice of Semeti of Korova, from the island of Moce, we began on the decks. Kaiafa Ledua, another original Uto ni Yalo crew, joined us at this point and it wasn't long before we had oars, deck house and furniture, rig and tarp sails.

Kaiafa was great at sharing his weaving, thatching and lashing skills as you can see from the photo of the deckhouse and rail.

And suddenly, we had no reason to be on land any longer.

So on 29th October, two years to the day since we first arrived in Chris' yard, *i Vola Siga Vou*



*The proud builders on launch day.*

was launched. Keeping to both Fijian and Kiwi boatbuilding tradition involving speeches, kava, champagne and Fiji bitter, along with elders from Serua and Korova, our families and friends

helped us push her gently into the water.

After a week of sea trials involving practising shunting up and down Navua River and venturing out to Beqa reef we're getting to see

how she sails. I've recorded 16 knots of speed on the GPS. We're getting waves and cheers from everyone walking down Naitata Road or passing us in fibres on the river.

Still a way to go before we'll be operating commercially, but can't wait to turn a few heads when we sail into Suva Harbour for the first time. Check out the Drua Experience on facebook for some of our photos and videos of *i Vola Siga Vou* under construction and under sail.

A big vinaka vakelvu to Chris and Blue Water and to everyone who has supported us in our voyage so far. Come and see her for yourself and join us for a sail! ■

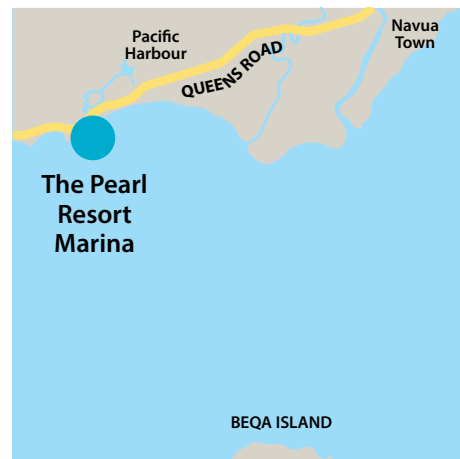
*Sam is Managing Director of Sailing for Sustainability (Fiji) Ltd. info@s4sfiji.com www.s4sfiji.com*





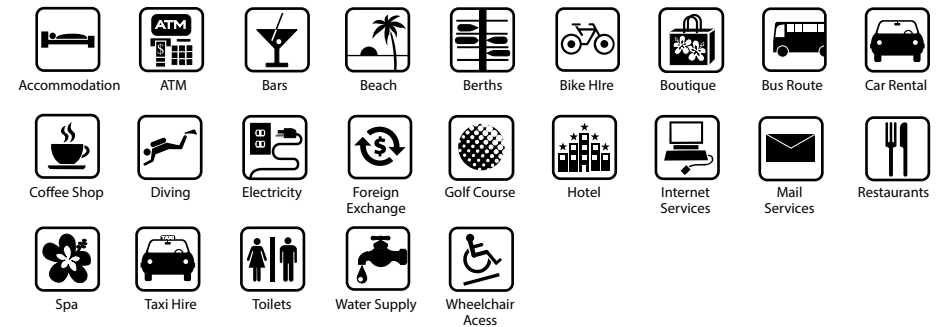
# The Pearl Resort Marina

18° 15' 229" South | 178° 04' 023" East



The Pearl Resort Marina, Pacific Harbour, Fiji  
T: +679 7730 022  
stay@thepearlsouthpacific.com

## Services & Facilities at a Glance



**P**acific Harbour lies along the south coast of Viti Levu, opposite Beqa Island. At the mouth of the lazy Qaranaqio River, you will find the brand-new boutique Marina at the elegant Pearl Resort.

Designed by Australian-based Marina International, designer of Singapore's Keppel Bay Marina and Dubai's 3 km, 800 berth Marina, the new \$7m Marina is a welcome addition to Fiji's coastline. It is not only a luxurious haven for visiting yachts, it also provides access to the abundance of water based activities in and around the world-renowned Beqa Lagoon.

The Pearl Resort has a stellar reputation and is popular with tourists, yachties and locals alike, offering the perfect location for a spot of land loving luxury between the bustling cities of Nadi and Suva.

## Facts & Figures

The Marina is a restricted access area. Here, at 4m draft, you will find a total of 12 berths offering single-phase electricity.

## Safety

The river mouth is fairly well protected but is not a cyclone haven and must be evacuated in the event of a cyclone.

## Facilities

The Pearl offers a range of chic accommodation options from penthouse suites to garden view rooms - perfect if you have friends or family coming to visit, or guests joining you onboard. Just ask about some of the great packages on offer, including 3, 5 and 7 night specials.







You'll find 6 fully licensed restaurants and bars on site and a state of the art waterside spa – the perfect, secluded retreat for anyone in need of a little pampering after a long voyage!

## Provisioning

In the heart of Pacific Harbour (and within walking distance of The Pearl Resort) you can take a leisurely stroll around the Arts Village - a convenient place to pick up the essentials. Here, you will find a well-

stocked supermarket, bottle-shop, Post Office, bank, money exchange, doctor's clinic, dive shop (hydrostatic tank testing available) and a selection of clothing and souvenir outlets, bars and restaurants.

## Attractions

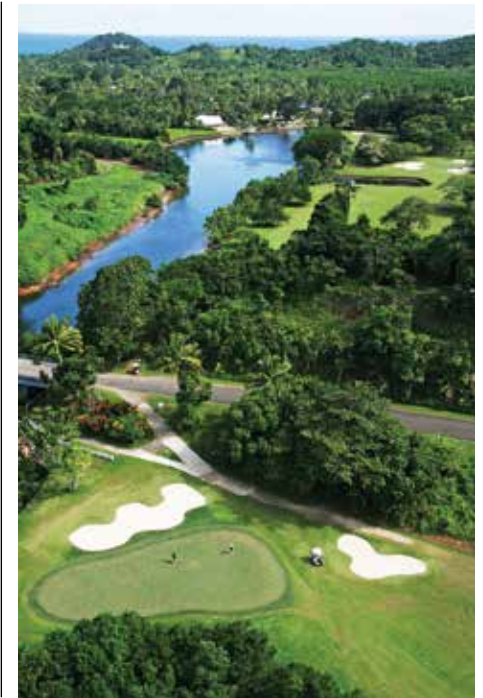
Pacific Harbour is known as the 'Adventure Capital of Fiji'. Here you can do almost anything from diving with big bull and tiger sharks (without a cage!) to zipping through the tropical rainforest canopy. You



can whitewater raft through spectacular canyons, jet ski out to deserted islands to picnic, freedive and spearfish, drive off-road buggies into the highlands to swim in the cool thundering waterfalls, surf the world famous Frigates or play a round on the Pearl Resorts 18 hole Championship Golf Course!

## Getting Around

Most of the shops and activities in Pacific Harbour are within walking distance however, should you wish to venture further afield, you'll find an convenient onsite car rental in addition to the numerous taxis and buses passing through en route to Suva, Nadi and the nearby township of Navua.







Grasskirt Photography

## There is nothing that captures the essence of Fijian culture better than the 'sevusevu'. by Manoa Rasigatale

It is the central component of all life-cycle rituals, social gatherings, healing ceremonies and community meetings. Significant and ancient in Fiji, the "sevusevu" also marks the time and place for visitors (you) to seek acceptance into a Fijian village.

A half kilo bundle of **Waka** is the appropriate (and required – you should never show up in a village without it!) offering, and this should cost you in the region of FJ\$25.

When you arrive at a village, you should ask for the '**Turaga ni Koro**' (pronounced too-ranga

nee koro) who is the appointed village headman. It is his duty to greet you and ascertain your intentions before presenting you and your gift to his chiefs and village elder.

Everyone participating in the ceremony should be dressed accordingly in a **Sulu**. Women are also expected to have their shoulders covered and everything should be removed from your head (for example, hat, sunglasses).

A small chant performed by the Turaga ni Koro at the door step of either a house or village hall signals your presence and intention to the people waiting inside. A reciprocal chant from those inside invites you to enter.

You will be shown where to sit on the woven mat (remember to remove your shoes). Men should sit cross-legged (ensuring

the sulu covers the knees) while women sit with knees and feet together, resting on the floor to whichever side is most comfortable. Silence at this point is the key.

The Turaga ni Koro will approach the Chief on his knees to place your bundle of yaqona in front of him, staying low as he does so.

He will **cobo** three times, which in Fijian culture means, "I am about to speak, thank you for listening while I do".

It is inappropriate to take photographs or video footage throughout the ceremony (the Turaga ni Koro will usually indicate the appropriate time for you to start snapping once all the formalities are out the way).

He will then begin reciting the traditional monologue, which differs slightly throughout Fiji, but essentially means the same thing. This will end with a chant, coupled with three more cobos that indicate they have completed their introduction.

The Chiefs 'herald' – or second in command, will officially accept the yaqona on behalf of the chief with three cobos to announce the beginning and end of his speech.

In a formal yaqona ceremony, authority is given by the village spokesman to begin mixing the yaqona. In a ceremonial setting, every movement involving the mixing is significant.

*In more formal settings, you will witness the complete performance where each male from the village has a specific role to play. Traditional attire is worn with pride, collected rain water is poured from bamboo shafts, pounded kava is strained through hibiscus bark and each bilo is delivered deliberately and seriously in absolute silence (aside from the sound of deep 'Cobo' claps in acceptance and thanks of each 'bilo').*



In the old days, the dried roots were cut into small pieces and chewed to soften them, before being added to the tanoa with water.

These days fortunately, chewing has become unnecessary, with the pieces now pounded to a fine powder form before being mixed with water and filtered through a silk cloth, or for more formal situations, through hibiscus fibres.

The man in charge of preparing the kava will cobo and recite the words 'I will respectfully mix the yaqona for the Chieftain', in local dialect.

When the yaqona has been prepared, and the consistency approved by the chief's spokesman, the 'mixer' puts his hands together and circles the **Tanoa** with his hands, saying "With respect to the chiefs, yaqona is ready to drink". Then he cups his hands, cobo three times and begins to serve the yaqona in a **Bilo**.

This will be carefully taken to the chief in his own, personal bilo. The chief will receive your offering by cupping his hands and clapping with a deep, dignified sound. As he is drinking everyone will clap in slow time, and when he is finished the herald will exclaim "Maca" (which means 'empty') and everybody present should cobo three times.

The same will be repeated for the herald, but all will cobo only twice when he is finished. For a time this process will be



Heidi Williams photo



repeated until the tanoa is empty, at which point the mixer announces "the bowl is empty my chief", and everyone cobos. The mixer then runs both hands around the bowl and cobos three times which terminates the formal part of the ceremony.

A second tanoa is then prepared from which everyone will drink. A server will carry a bilo to the chief guest (you), who must cobo once before and three times after completely drinking the first cup. The order of serving depends on the status of those present, from the highest-ranking, down (sorry ladies, but women will usually go last in this patriarchal society!).

After the first 'round' is complete and everyone has drunk, the ceremony relaxes and the drinking session will continue along with the telling of many stories. You are likely to be asked to introduce yourself and talanoa about your travels.

Remember that this is just a guide, and that kava ceremonies can vary from one village to the next, with each maintaining their own unique features of an age old tradition.

There is another world of social 'grog' drinking among younger people or in more urbanized areas. These sessions will usually see you drinking yaqona out if a brightly coloured plastic tea cup, from a laundry bucket! But... we won't go into that as we figure, if you have been invited to one of those, you can handle yourself!



*Left & below: More commonly, you will be met with a group of smiling friends who still retain much tradition but with a more relaxed approach. A sulu is tied casually around the days outfit of shorts and t-shirt, kava is strained through a cloth and water is poured into the mix from a bucket!*



*A cupped-clap - Cobo*

#### KEYWORDS

- Kava** (*Piper methysticum*) Latin for 'intoxicating pepper' is a crop of the western Pacific, the roots of which are used to produce a drink with mild sedative and anesthetic properties.
- Yaqona** (yang gona) is the name for kava in Fiji. In your travels, you may have heard it referred to as 'awa (Hawai'i), ava (Samoa), and sakau (Pohnpei).
- Waka** comes from the lower part of the plant and the kava is up higher. Waka is more potent than kava, and is also a little bit darker in colour.
- Tanoa** a traditional hand crafted from a single slab of wood (usually vesi – an indigenous hardwood) bowl in which yaqona is prepared and shared from during the ceremony.
- Bilo** a drinking bowl that is made from the half-shell of a coconut. These are highly polished and sleek. Chiefs generally have their own cups from which no one else is allowed to drink. Everyone else drinks from a common cup. Some say this cements communal bonds.
- Sulu** similar to a sarong, is a wrap around (wrapped around the waist so you are covered from waist to ankle) piece of rectangular material elaborately decorated with patterns and designs of various styles. Usually reserved for more casual and informal occasions, you should have one to hand to wrap over your shorts for such events.
- Cobo** (thombo) – literally means 'clap!' But we are not talking a cricket match polite kind of clap, we are talking about a loud, deep and deliberate cupped hand clap.
- Talanoa** The exchange of stories, discussions etc.



# MustHaves

## A Shopping Guide to **Yummy Delights** **Practical Items** & **Cool Mementos**



Could the reason you're here be to escape the deadlines, meetings, bills and parking tickets? Taki Mai is absolutely loaded with kava. Their new 3-oz. shots come in four irresistible, tropical flavors. Pop the cap and down one ASAP. And start feeling the well-being, tranquility and serenity only kava AND Fiji can make you feel. Available at Jacks & Tappoos and retails @ \$8 for a 88ml bottle.



Scout around for these polished **Bilos** (coconut shells) & **Woven Holders** at any handicraft market or village stall. Used for drinking kava, these bowls are so pretty, there are too many reasons to buy more than a few (with the holders) i.e. kokoda dish, soap dish... Sells @ \$3-4 each for the **Bilo** and \$5 each for the **Holders**

This **Miniature Tanoa Replica** with wooden spoon makes a delightful salt and pepper dish for your island tablesetting. \$5 @ craft stalls.



Lami Kava Limited has provided the people of Fiji "Ready to Mix & Strain" **Ground Kava** for nearly 35 years. Available in most supermarkets Fiji Wide, a 100g pack sells for about \$12. Or visit their factory at 16 Nukuwatu St, Lami, Suva and buy in bigger quantities at a better price.





Look out for the **Fiji Coffee** sign at coffee shops around Fiji. Fiji Coffee can be freshly roasted to order in 500g foil packs. Choose from 7 delicious flavours - Coconut Crème, Vanilla, Raspberry Chocolate, Hazelnut Macadamia, Caramel & Irish Cream. Contact: [orders@lawhillfiji.com](mailto:orders@lawhillfiji.com)



*A taste of the islands*

Pure Fiji's **Lemongrass Insect Repellent** is Liquid Gold in a spray. Not only does it smell nice, it works! No more toxic smelling repellents once you've tried this. Retail for around **\$32 for 240ml** and **\$8 for 30ml** (purse size). Worth every cent!



ALL  
PRICES  
QUOTED  
IN FJD



You have to own a **Chic Woven Handbag!** They come in all shapes, colours and patterns and are intricately woven by the local womenfolk using Voivoi (Pandanus caricosus). The thorny leaves are scraped, boiled, naturally dyed, dried and then split into strips before weaving. Phew! Available at craft stalls ranging from **\$40 - \$100**

The Foundation for Rural Integrated Enterprises & Development (FRIEND) empowers marginalised members of the community through knowledge, skills and resources to improve their lives and break out of poverty. These **chutneys & pickles** are just a handful of products that we love!

Available in supermarkets Fiji Wide.  
About **\$6** for a 200g jar.



This handy 330ml recyclable AND biodegradable bottle of **VaiWai Natural Artesian Water** is the perfect size for your backpack or NEW CHIC handbag. VaiWai water is sourced deep beneath the tropical rainforest in the pristine Namosi mountains of Viti Levu. Also available in 500ml & 1.5 litres throughout Fiji.



She's gotta own a Handbag! He's gotta own a **Bula Shirt!** Available everywhere - Bula shirts come in all sizes, colours & prices! Scout around for the best buy. This **Kai Veikau Brand** from Jacks of Fiji cost \$20 on sale. Prices can range from **\$15 to \$90** depending on regular or designer prints. Accepted dress for any occasion and location!



**Valley Fresh Fruit Drink** is real juice from the Sigatoka Valley - Fiji's Fruit Bowl. Support our farmers and growers. Also available in pineapple and tomato. Around **\$5** for 850ml. Chill and Enjoy!

ALL  
PRICES  
QUOTED  
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**Fiji Spice Queen's Delicious Duo** will replenish & restore your weather beaten hair & skin in zero time.

250ml Papaya Body & Hair Oil **\$30**

250ml Coconut Queen Body Lotion **\$30**  
Waiting for you at your nearest Port of Call or at Tappoos Stores Fiji Wide.



Every home in Fiji owns one or two of these! The light weight but versatile **Sasa Broom** is made from coconut frond stems and can be used to sweep the sand off your deck, whack the salt out of your sails or swiftly shoo away unwanted critters. You won't be leaving Fiji without one (or two). Available everywhere for **\$4 or \$5** each.



**Fijiana Cacao**

is dedicated to manufacturing 100% Fijian made chocolate starting with the grassroot farmers who grow the beans. Producing one piece of Fijiana Cacao chocolate takes about 200 days. From blossom to harvest, pod storage to fermentation, sun drying to processing and finally to aging. Fijiana Cacao is handmade using just two ingredients: tropical sun-dried Trinitario beans grown in the deep rainforests of Vanua Levu and Fiji's raw cane sugar. Available @ Tappoos or their factory at Denarau for approx \$15 a packet. Opens Mon-Fri 9am - 3pm.

Cute as a button **Grass Skirt, Lei & Baby Bra Costumes** are made from Rafia and Voivoi. Available in all the colours of the rainbow, a perfect gift for the Princess Moana in your family. Retails for about \$15 - \$20 and is also made to different sizes. *Model: Naya Taylor*



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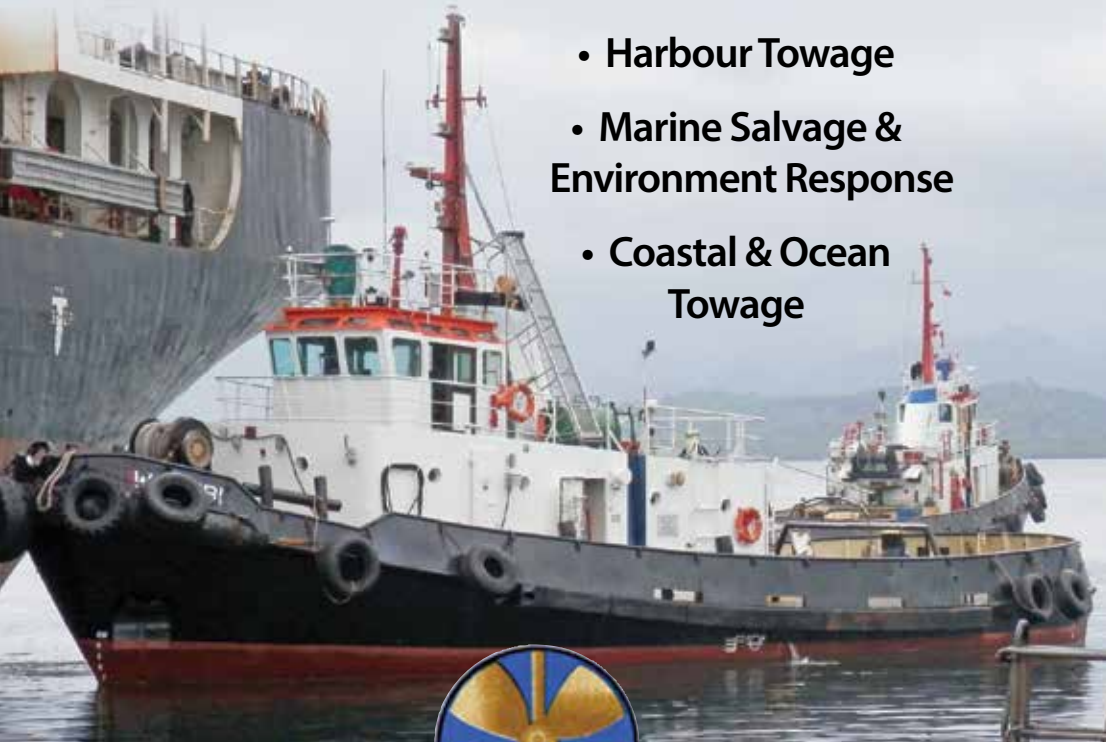
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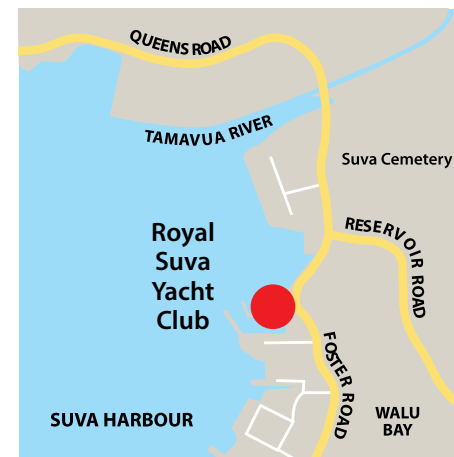
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**SUVA HEAD OFFICE:** 25 Eliza Street, Walu Bay, Suva | Private Mail Bag, Suva  
Phone: +679 3312 488 | +679 9997 521 | +679 9994 141 | +679 9997 522 | Fax: +679 3301 762  
**LAUTOKA OFFICE:** Phone: +679 9446 012 | Fax: +679 6283 450



## Royal Suva Yacht Club



PO Box 335, Club House, Korovou, Suva, Fiji.  
T: +679 331 2921 | F: +679 330 4433  
VHF Channel 16  
[www.rsyc.org.fj](http://www.rsyc.org.fj) | [rsyc@kidanet.net.fj](mailto:rsyc@kidanet.net.fj)

18°07.04 South | 178°25.80 East





## Welcome to the Capital!

Suva Harbour is well protected by a fringing reef about 1.5 miles offshore. The opening is well marked and wide enough to enter with plenty of room for commercial ships. However, the reefs lining the coast and the main entrance are dotted with shipwrecks. Anchorage in the Suva Harbour is shared by fishing boats, freighters, yachts, and cruise liners. If you prefer to use a marina facility, the Royal Suva Yacht Club is the place to go.



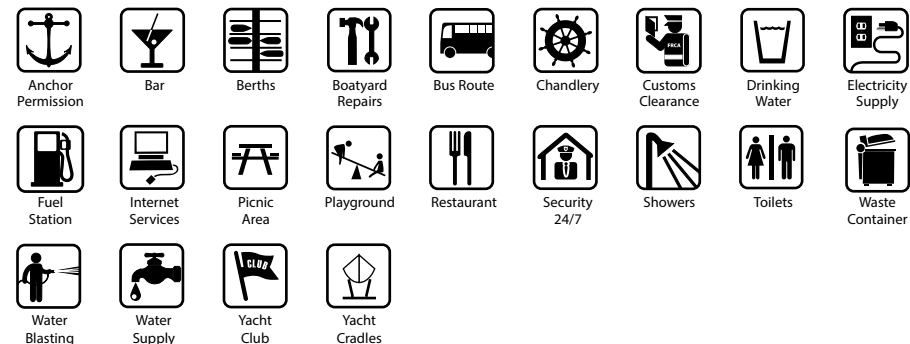
## The Royal Suva Yacht Club

If you intend to use the facilities of the Royal Suva Yacht Club, you will need to register and become a temporary member. The rich history of the club can be found dotted around the clubhouse with trophies, photos and mementos on display.

## Facts & Figures

There are several mooring facilities and a trailer park available to accommodate members, visitors and commercially owned yachts/

## Services & Facilities at a Glance



boats; Trot and Plastic Pontoon moorings are generally leased out to members who own private vessels and are available on a first come, first served basis.

Concrete moorings are an extension to the plastic pontoon and are able to cater for bigger boats or visiting yachts. The

concrete moorings are to facilitate visiting Yachtsmen and small Commercial Yachts/vessels.

The Dinghy Docks are to temporarily facilitate members and offshore yachts, tenders and dinghies for embarkation and loading purposes.

The trailer park area is facilitated

as a hardstand for boats on trailers, which are leased out to members who prefer the trailer park to a mooring site.

## Services

The club has bathrooms with hot water, and a next day laundry service. There's also a restaurant,

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*Above: Bay of Islands, Lami - hurricane refuge*

a great kid's playground and wireless internet access that may cover as far as some of the offshore moorings.

The RSYC slipway caters for the smaller vessels up to 20 tons on the first cradle with arms that extend according to the needs of the vessel.

The second cradle caters for vessels up to 10 tons but do not have the arms to support the vessel. If you have your

own provisions for a trailer, arrangements for haul out are at your discretion. A crane that caters up to 4 tons is available for hire.

A loading & fuelling Dock is located in front of the TOTAL Bowser and accommodates fuelling for all registered and visiting sailing vessels to the club, loading and off loading of registered private sailing vessels only.

## Safety

Every boat has to have its name clearly displayed so it is easy to identify in times of emergency. There is 24-hour security on site.

## Provisioning

Suva City is only a short distance by taxi. Here you will find supermarkets, hardware stores and a bustling market where you will find a wide variety of fresh fruit and vegetables. You'll also find post offices, banks, doctors, pharmacies and clothing stores galore!

## Attractions

The Galley Restaurant is attached to the main clubhouse and offers seriously good casual or fine dining. The Club's Bar Complex is exclusively for members and their guests, registered guests to the club and



reciprocal members. The bar offers snacks, (which can also be purchased from the restaurant), light music and television (including Sky TV for sports enthusiasts). The lounge area offers a more relaxed atmosphere away from the bar and provides television (inclusive of Sky TV) and a DVD Deck for movie lovers.

The new Bure Bar & BBQ area is very popular with the outdoor 42"TV screen regularly screening sports events like Super Rugby. A barbeque set is available for use in this area for a small fee.

The club operates 7 days a week and is limited to the laws of the day. Happy hour is on Tuesday, Wednesday and Friday from 6pm to 7pm. During the day sensible casuals are permitted and from 1800 hours onwards, smart casuals (dress shoes, sandals, collard t-shirts and shirts) are required. The wearing of hats by males in the bar area is forbidden and the penalty for doing so is to buy a round of drinks for every patron in the bar at the time!

## Getting Around

Getting Around Lami and Suva City are both a short bus or taxi ride away. Once at the main Suva bus station, the country is yours for the exploring. Regular buses depart in either direction around Viti Levu. ■



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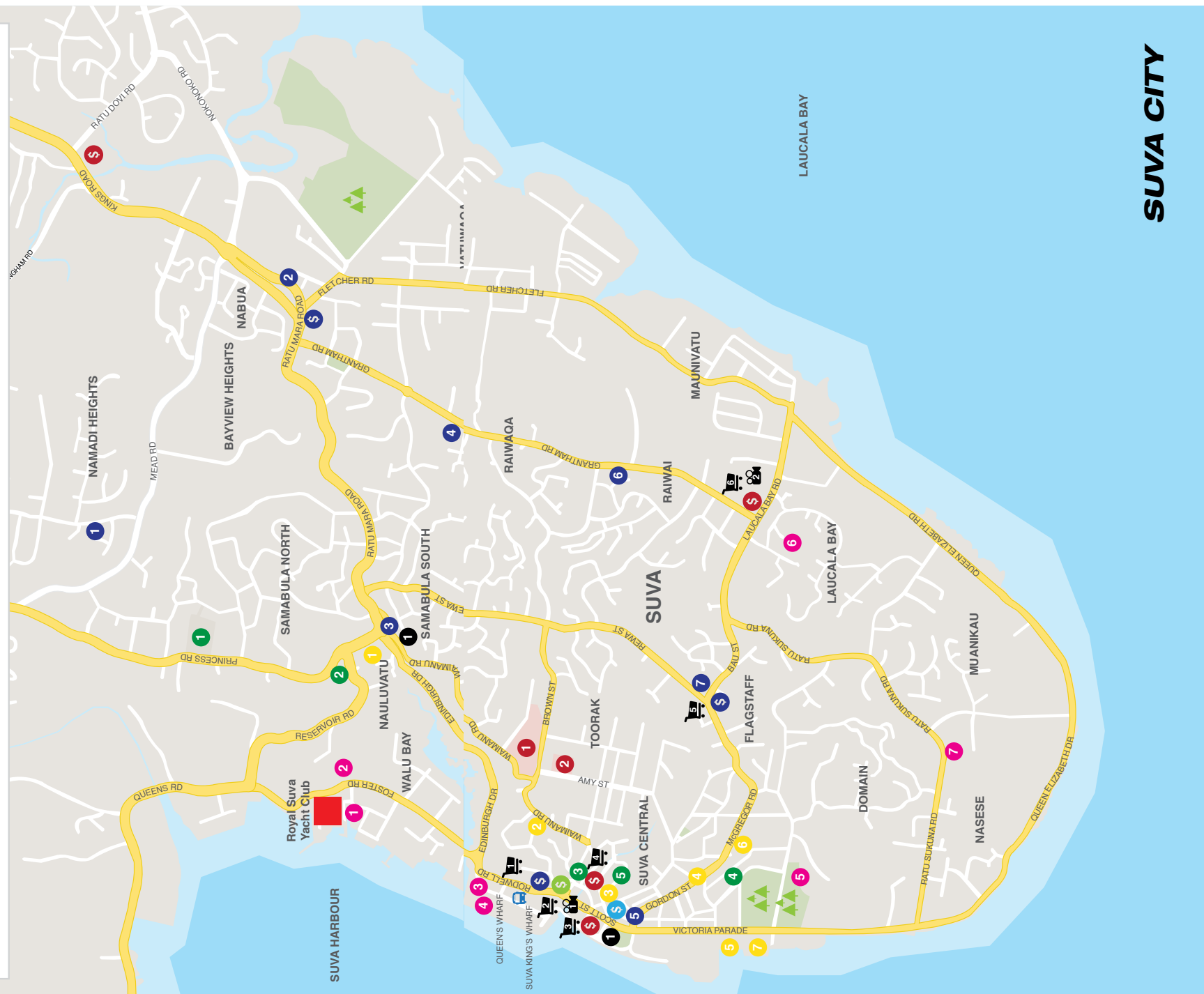




**Key Locations Guide:**

- |                            |                               |                             |                       |               |
|----------------------------|-------------------------------|-----------------------------|-----------------------|---------------|
| 1 Namadi Police Station    | 1 USA Embassy                 | 1 Five Princes Hotel        | 1 SPCA                | 1 Post Office |
| 2 Nabua Police Station     | 2 Australian High Commission  | 2 Capricorn Apartments      | 2 Brewery             | 2 Post Office |
| 3 Samabula Police Station  | 3 French Embassy              | 3 Quest Serviced Apartments | 3 Immigration         | Westpac ATM   |
| 4 Grantham Police Station  | 4 British High Commission     | 4 Tanoa Plaza Hotel         | 4 Bio Security        | BSP ATM       |
| 5 Togotogo Police Station  | 5 New Zealand High Commission | 5 Holiday Inn               | 5 Fiji Museum         | ANZ ATM       |
| 6 Raiwaga Police Station   | 1 CWM Hospital                | 6 Grand Pacific Hotel       | 6 USP                 | Bred Bank ATM |
| 7 Flagstaff Police Station | 2 Private Hospital            | 7 Suva Motor Inn            | 7 Parliament Building | Bus Station   |

- Handicraft (1) Suva Market Handicraft (2) MHCC Flagstaff Damodar City Village 6 Cinema Damodar Event

**SUVA CITY**





### Suva Market

After a long voyage, your fresh fruit and veggie supplies will likely be low, so why not take a trip to the vibrant Suva Market. A sensory overload of colour awakens the eyes, the sound of several languages being spoken at once, the smell of fresh herbs and spices, the taste of ready prepared snack size pineapple and watermelon, and the feel of the plump succulent fruit as you load it onto the scale. Locally grown and imported fruit and vegetables,

free-range eggs, tofu, kimchi, and fresh seafood straight from the ocean seafood are all laid out in an array of colour. Don't miss the upper floor where you can stock up on your kava offerings if you plan on exploring our outer islands. Friendly 'barra' (as in wheel-'barra') boys' are on standby to help carry any heavy items. These young entrepreneurs make a living from tips received for helping shoppers by transporting their goods to awaiting transport. *Open Mon to Sat | 8am to 5pm.*



**Goodman Fielder International (Fiji) Pte Ltd**  
30 Karsanji St, Vatuwaqa, Suva  
Fiji Islands  
3387 066

**Lautoka Branch**  
Ruve St, Tavakubu  
Lautoka  
6662250

**Labasa Branch**  
Vakamasisuasua  
Labasa  
8812 922



### Fiji Museum

Located within botanical Thurston Gardens, the Fiji Museum is the oldest museum in the South Pacific. From old photographs to a full size war canoe, the museum is brimming with archaeological findings spanning over 3500 years, as well as cultural objects reflecting Fiji's inhabitants during the past 100 years. There is even a piece of the rudder from 'HMS Bounty' - a vessel infamous in our sailing history. This is an absolute must-see attraction!



### The Pure Fiji Spa

Treat your ocean weary body to a selection of natural treatments lovingly made with uniquely Fijian plant extracts. Heavenly massages, wraps, miraculous facials, and the most luxurious of spa pedicures and manicures will refresh and revive your skin and body. The Pure Fiji Day Spa is located on the grounds of the Pure Fiji factory at 52 Karsanji Street, Vatuwaqa - a 10 minute taxi ride from central Suva. The Spa is open Mon - Sat by appointment only and bookings can be made online at [www.purefiji.com/spa-bookings/](http://www.purefiji.com/spa-bookings/) Phone: +679 338 3611 | Email: [spa@purefiji.com](mailto:spa@purefiji.com)

### Pure Fiji Factory Outlet

The Pure Fiji Factory outlet is only open on Saturdays from 10am - 1pm and worth a trip from Nadi or Savusavu to stock up on heavily discounted beauty products for men and women or beautiful gift packs to take back home.

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### Government House

Government House today is the official residence of the President of Fiji. The mansion was built in 1928 to replace the original building that burnt to the ground after being struck by lightning in 1921. This was the residence of the colonial governor. The building is closed to the public, but a highlight of a tourists visit to Suva is the changing of the guard ceremony during the first week of each month. Fiji's version of Buckingham Palace!

### Municipal Handicraft Centre

Although situated under a car park, and so not exactly inviting to the eye, this market will attract your purse! Brimming with authentic local treasures, shipped in to be sold from the outer islands where traditional crafts are an essential part of the culture. Traditional crafts still practiced today produce such items as hand carved wooden kava bowls (tanoa), or traditional war club replicas, hand painted masi, woven baskets & rope; the list is endless and old is of course mixed with new. You will have heaps of fun bargaining with the vendors, while helping Fiji's economy by supporting our local artisans.

Open Mon to Sat | 8am to 5pm



War Club Replicas from Kabara, Lau.



### Yum Cha

There are a myriad of eateries around Suva but one in particular is well known for their delicious mid morning ritual of Yum Cha aka Dim Sum. Restaurant 88 is located on the 2nd floor of MHCC. Extremely popular with the local Chinese community, the restaurant has an extensive range of Singaporean & Chinese dishes and delicacies. Restaurant 88 will suit your pocket and your taste buds. A Suva Sunday favourite with its clean and comfortable surroundings!!!

Open Mon to Sun 10am to 10pm

### The Grand Pacific Hotel

The Grand Pacific Hotel is located on the main sea front, on Victoria Parade. It was built by The Union Steamship Company in 1914 to serve the needs of passengers on its transpacific routes. The original design of the hotel was to make the passengers think they had never gone ashore with rooms decked out like first-class staterooms, complete with saltwater bathrooms and plumbing fixtures identical to those on an ocean liner! Today she stands proud and alive once more after years of careful rebuilding and stylish refurbishment. The GPH is the perfect place for a little luxury, high tea or an evening of colonial glamour.



Damodar City | Grasskirt Photo

### Damodar Event Cinemas

The Damodar City complex along Grantham Road is home to a range of high-end stores, coffee shops and a fantastic food court. The complex is also where the state of the art Damodar Event Cinema offers popular Vmax (huge screen) and Premium (VIP) screenings of all the latest movies. Buy a box of freshly popped popcorn or another sweet delight, settle into a wide, comfortable chair, and enjoy!

For movie listings go to: [www.damodardvillage.com.fj](http://www.damodardvillage.com.fj)



### Heritage Mall

Explore the mystique of the South Seas that first drew adventurers and traders to the exotic islands of Fiji. Once the residence of Fijian High Chief and Pacific statesman, Ratu Sir Lala Sukuna, this restored colonial estate known as 'Heritage Mall' now houses Governors Gourmet Coffee House & Restaurant among other exciting boutiques. Here you'll find old world charm matched with a maritime motif in honour of the primary mode of transport of days long passed. There's a tribute to the old King's Wharf, images of sailing ships and stylised private dining and meeting rooms aptly named the 'Captain's Table' and 'Bosun's Quarters' for you to enjoy. ■



MARCH		
25	Day Trip	Nabalesere waterfall & Wailotua caves
APRIL		
8	Day Trip	Nabalesere waterfall & Wailotua caves
13 -17	4 nights	Full Monty
14-17	3 nights	Cross-Highland Hike
MAY		
AVAILABLE FOR PRIVATE BOOKINGS ONLY		
JUNE		
27-30	3 nights	Cross-Highland Hike
JULY		
17-20	3 nights	Cross-Highland Hike
29 -2	4 nights	Full Monty
30 -2	3 nights	Cross-Highland Hike
AUGUST		
AVAILABLE FOR PRIVATE BOOKINGS ONLY		
SEPTEMBER		
2	Day Trip	Nabalesere waterfall & Wailotua caves
7-10	2 nights	Cross-Highland Hike
23-27	4 nights	Full Monty
24-27	3 nights	Cross-Highland Hike
30	Day Trip	Nabalesere waterfall & Wailotua caves
OCTOBER		
7-10	3 nights	Cross-Highland Hike
14	Day Trip	Nabalesere waterfall & Wailotua caves
19-22	3 nights	THREE PEAK CHALLENGE
NOVEMBER		
11	Day Trip	Nabalesere waterfall & Wailotua caves
DECEMBER		
9	Day Trip	Nabalesere waterfall & Wailotua caves

**Note: These are scheduled trips.**

Special arrangements are available to fit in with plans.

Minimum of four people OR with a transport surcharge if booking as a couple only.

**Email info@talanoa-treks-fiji.com for enquires.**

**TRIPS GENERALLY START FROM SUVA AND END IN NADI**

**HOWEVER TRANSFERS CAN BE ARRANGED**

**Note: These are scheduled trips.**

Special arrangements are available to fit in with plans.  
Minimum of four people OR with a transport surcharge  
if booking as a couple only.

Email info@talanoa-treks-fiji.com for enquires.

**TRIPS GENERALLY START FROM SUVA AND END IN NADI  
HOWEVER TRANSERS CAN BE ARRANGED**





# Women of the Sea

On a peaceful volcanic coastline in Dawasamu, North East Viti Levu, the women from the small village of Silana have taken on a fishing project that means business.



The strangely snapped trees with fresh green leaves and odd jumble of structures are one legacy of Severe Tropical Cyclone Winston which devastated this area in February 2016.

By day Silana is full of relaxed laughter, dogs barking and children in conference around the mango trees; by night the gentle bustle of food preparation, prayers and the sweet smell of *cevuga* beneath the stars. In the darkness a long line of torch lights seem to hover out to sea,

the women line fishing at the reef edge for tonight's supper. As Head of the Women's Committee Marama will tell you:

"There are only two ways we can get money in the village - from the farm and from the sea".

The village lost a boat in the cyclone which affected the whole community. In the days following the disaster Fijian Prime Minister Voreqe Bainimarama visited Silana where his rival tribe are living. The men requested a replacement boat and in good natured banter the PM promised to replace it, but only as a gift to the women! 6 weeks later Silver Water arrived, a 23ft fibreglass with 60HP outboard motor shining cleanly in the sunlight.

Bainimarama actively supports women's business and the Silana ladies are storming ahead with their first large-scale joint venture. Each group of women pays fuel plus \$20 a trip for the 'boat fund' earning the fish they catch to feed their family, or else it is packaged up to sell in the village with locally grown cassava and fiery bongo chilli. Most of the fund is reserved for boat maintenance but 10% is saved for whole community projects - first up, curtains and new crockery for the community hall to cater for weddings, fundraisers and community functions.

These steps towards renewal indicate an inner strength to Fijian society, in every small feature and touch of hospitality the village regain their pride and prove to themselves and the outside world that they are 'stronger than Winston'. Donations from the Women's Committee boost morale and increase their status as a





whole; a sense of responsibility, dignity and survival punctuates the business. Some days the fishing is good and sometimes not so good but Marama will tell you that “all the ladies want to fish.”

The small business provides skills and independence for rural women who can secure bigger fish and a larger catch out on the sea reefs. “We just prepare our food, our clothes... we already bought a thermos flask and a radio. We listen to the weather report to stay safe.” A successful day yields many fish and octopus speared by hand.

Non-residents pay \$50 to hire the boat and tourists can embark on a fishing trip with the ladies for \$50 per person. The fishing trip is authentic in every sense, you can expect a relaxed attitude to life... including health and safety!

No trawling here! This is traditional line fishing, no nets, no rods – just hook, line and the occasional spear. The women fish in a small-scale and sustainable way appropriate for these sensitive areas. The ladies will take you out not as a tourist but as a fishing companion, happy to share with you the pleasure of casting a line in quiet solitude or wrestling an octopus using only a knife and extreme skill! Not for the faint hearted, the women



tear chunks from the small fish to use as bait and celebrate each kill with smiles and jubilation. With almost exclusively subsistence livelihoods, for the women hunting is life and they will joyfully reveal the secrets of their trade. Remember to say how long you hope to fish as the ladies will stay all day given the opportunity.

After the trip and a short break to shower off the salt, one of the ladies will cook up a fish from the days catch for each person. Fried simply with onion and tomato this is possibly the freshest fish you will ever taste with the added satisfaction of a hard day's work.

It is rare for women in Fiji to own their own boat business but it is an increasing trend – by sharing their successes with the community the women of Silana contribute to the wealth and wellbeing of the whole village. The ladies love their business, they say it is a good feeling “if other ladies want to do it we will give them advice”. When asked why the PM gave the boat to the women Marama will laugh and tell you “I think he knows only the ladies can run the village!” ■

Contact Michele Comber for further info at:  
E: babale@gviworld.com | T: +679 8300855



Nai'a photo

## Our playground... their world

You can pick up a copy of 'Fiji's Clean Boating Programme' from any marina in Fiji. The programme is part of an international environmental initiative in which many marine related businesses and recreational boaters aim to improve their environmental performance.

The Clean Boating component provides us with educational materials to help us play our part. As boat owners, we all want to enjoy healthy, safe and pristine waters. The booklet has been designed to give tips to ensure our boating is clean and our seas remain alive and healthy.

The booklet contains information and a great list of tips to help us make a difference. Information

**“1 liter of fuel  
can contaminate  
over a million  
liters of water.”**

on the spreading of marine pests, keeping hitchhiking pests off your boat, waste management, fish waste management, sewage management, refueling, grey water, bilge water, grid and beach use, storm event preparations and even alternatives to traditional cleaning products that are less harmful to the environment!

You too can be an active steward of our marine environment by implementing these simple practices.

If you see a vessel polluting our ocean or waterways, you can report the incident to MSAF or the port operator, and the incident will be investigated. They will need you to provide relevant details of the incident such as when and where the incident occurred, the name of the vessel, the type and extent of pollution and any other information you deem relevant. Please call the main head office in Suva on **331 5266** who will refer you to the closest officer. ■

For more information, factsheets and links to other useful material, visit;  
[www.cleanboating.org.nz](http://www.cleanboating.org.nz)





# ON COURSE FOR CLEANER SEAS

The Maritime Safety Authority of Fiji (MSAF) is the Commercial Statutory Authority, that acts as a regulator, responsible for Fiji's maritime safety; protection of the marine environment and regulation of search and rescue, and hydrographical services.

MSAF has been busy implementing major reforms after a transition from a government department to a commercial statutory authority. Through close working relationships with a wide range of stakeholders and interest groups, MSAF is raising the profile of safety at sea and marine environment protection obligations to ensure safe vessels and clean seas.

They are committed to ensuring a rapid response to mitigate oil spills, reliable aids to navigation and compliant international and domestic ports.

## OBJECTIVES

- Regulate the operations of Fiji's international port
- Ensure the provision of an array of effective, efficient and reliable aids to navigation
- Provision of an oil spill response team with tier 2 level capability
- Coordinate and assist in marine emergencies
- Protection of the marine environment

## AIDS TO NAVIGATION

As per article 116 of the Maritime Transport Decree, the Authority is responsible for the management of all aids to navigation on or near the coasts of Fiji and the adjacent seas and islands.

As such, if you wish to report any damage to or missing Aids to Navigation, or shortcomings in navigational Charts and publications please contact MSAF's Captain Philip Hill (phill@msaf.com.fj) and/or Sunil Kumar (skumar@msaf.com.fj)

## OIL SPILLS

For emergency oil spill response you should call:



**Captain Philip Hill**

T: 331 5266 | M: 990 6331 | F: 330 3251

# Garbage Disposal Regulations for Yachts

International regulations are contained in Annex V of the IMO International Convention for the Prevention of Pollution from Ships (MARPOL 73/78).

Recent amendments (Jan 2013) set new, more stringent, requirements which apply to all ships, including cruising yachts.

If your boat is flagged under a country that is a signatory to MARPOL, it is subject to MARPOL requirements regardless of where it sails.

The new Maritime Transport Decree 2013 (MTD 2013) and its subsidiary Fiji Marine (Pollution Prevention and Management) Regulations 2014 is designed to enable Fiji to align its regulations with MARPOL.

According to MARPOL (for the Pacific), & the MTD 2013 and the Fiji Marine Regulations, only food waste can be discharged into the ocean (according to strict guidelines). Disposal of ALL other waste is prohibited, and must be retained on board to be discharged to shore reception facilities.

Food waste disposal rules: food waste which has been ground to a particle size of 25mm or less, must be discharged at least 3 nautical miles from the nearest land. If it is not ground, discharge is only permitted at least 12 miles from the nearest land.

There are additional regulations relevant to larger vessels.



"The sea, the great unifier, is man's only hope. Now, as never before, the old phrase has a literal meaning: we are all in the same boat."

*Jacques Yves Cousteau, Oceanographer*

## How to recycle in Fiji

Please support our recycling programs!

You will find recycling bins at Vuda Marina, Port Denarau Marina, and the Copra Shed Marina in Savusavu which facilitate the segregation of waste and recyclables such as used batteries, glass, plastic, kitchen waste and paper and cardboard. Those items which cannot be recycled in Fiji are shipped overseas for processing by Waste Recyclers Fiji.

At Vuda Marina, Port Denarau and the Royal Suva Yacht Club you will also find waste oil collection containers in which you can pour any used engine oil. This is collected by Fletcher Steel and used in their foundry, preventing the oil from seeping into the groundwater from a landfill.

Waste Recyclers (Fiji) Ltd are willing to accept recyclables directly from you, our visiting yachtsmen and women, at their offices in Suva (Lot 26 Wailada Industrial Estate, Lami) or Lautoka (Bouwalu Street). They will accept: clean crushed aluminium cans, clean crushed tin cans, washed PET bottles, newspapers and cardboard. Call Amitesh on 992 1067 for more information.

## What to do with all the plastic?

There's a lot going on behind the scenes in Fiji to try and reduce the amount of plastics dumped on our beaches, in our rivers, and sent to our landfills.

Did you know you can convert waste plastic into crude oil? Ocean Ambassadors have been travelling around Fiji, running educational programmes about the problems posed by plastic waste and demonstrating an interesting new machine which can turn plastic waste into fuel.

It uses a process called 'gasification', a form of chemical recycling. The plastics are heated to 420 degrees in a low oxygen environment. This allows the plastic to break down into gas which is then converted into an oil. Unfortunately you can't use PET in this machine, but pretty much any other type of plastic you find on the beach including plastic bags, cutlery, food wrappings, bottles or packaging can be recycled.

If you would like to get involved and help the Ocean Ambassadors with their fight on marine debris in Fiji, go to:

<http://oceanambassadors.org/fast-track-fiji>



# THE MOST DANGEROUS SPECIES OF OUR COASTS AND LAGOONS



**The plastic demijohn**  
Origin: streets, streams, beaches and boats.  
Behaviour: often mistaken for a physalia (the 'floating' food of turtles), it causes blockages in marine animals if swallowed.  
Average lifespan: 600 to 600 years.



**The plastic bottle**  
Origin: streets, streams, beaches and boats.  
Behaviour: can cause fatal intestinal blockages in marine animals that swallow it.  
Average lifespan: 300 to 500 years.



**The battery**  
Origin: streets, streams and boats.  
Behaviour: discharged liquids that are highly toxic for marine animals that ingest them.  
Average lifespan: more than 1000 years.



**The paper bag**  
Origin: beaches and boats.  
Behaviour: causes digestive problems among certain sea creatures if eaten.  
Average lifespan: 4 weeks.



**The carton**  
Origin: streets, streams, beaches and boats.  
Behaviour: dissolves and smother organisms growing on the sea bed.  
Average lifespan: 25 to 50 years.



**The tin can**  
Origin: streets, streams, beaches and boats.  
Behaviour: causes cuts among swimmers and damages and smother marine life growing on the sea bed.  
Average lifespan: 200 to 500 years.



**The condom**  
Origin: toilets, beaches and boats.  
Behaviour: causes serious digestive problems in animals that swallow it.  
Average lifespan: 30 years.



**The plastic bag**  
Origin: streets, streams, beaches and boats.  
Behaviour: often mistaken for a physalia (the 'floating' food of turtles), it causes blockages in marine animals if eaten.  
Average lifespan: 35 to 60 years.



**The cigarette butt**  
Origin: toilets, streets, streams, beaches and boats.  
Behaviour: causes serious digestive problems for marine animals that swallow it.  
Average lifespan: 10 years.



**The bottle cap**  
Origin: streets, streams, beaches and boats.  
Behaviour: causes serious digestive problems for marine animals if swallowed.  
Average lifespan: 300 years.



**The plastic ring**  
Origin: streets, streams, beaches and boats.  
Behaviour: entangles marine organisms, causing whole turtles or death by asphyxiation.  
Average lifespan: 400 years.



**The food wrapper**  
Origin: streets, streams, beaches and boats.  
Behaviour: larger specimens smother organisms growing on the sea bed. Smaller specimens cause animals to swallow them.  
Average lifespan: 20 to 30 years.



**Aluminium foil**  
Origin: streets, streams, beaches and boats.  
Behaviour: damages and smother organisms growing on the sea bed.  
Average lifespan: 5 years.

**Diesel and engine oil**  
Origin: toilets.  
Behaviour: very toxic, destroys marine habitats (seagrass, mangroves, corals, etc.) and the small animals and plants living there.  
Average lifespan: depends on the amount discharged.



**The glass bottle**  
Origin: streets, streams, beaches and boats.  
Behaviour: causes cuts and serious injuries among swimmers.  
Average lifespan: more than 1000 years.



**The aluminium foil plate**  
Origin: streams, beaches and boats.  
Behaviour: dissolves and smother organisms growing on the sea bed.  
Average lifespan: 10 years.



**The sanitary pad**  
Origin: toilets, beaches and boats.  
Behaviour: causes serious digestive problems in marine animals that swallow them.  
Average lifespan: 25 years.

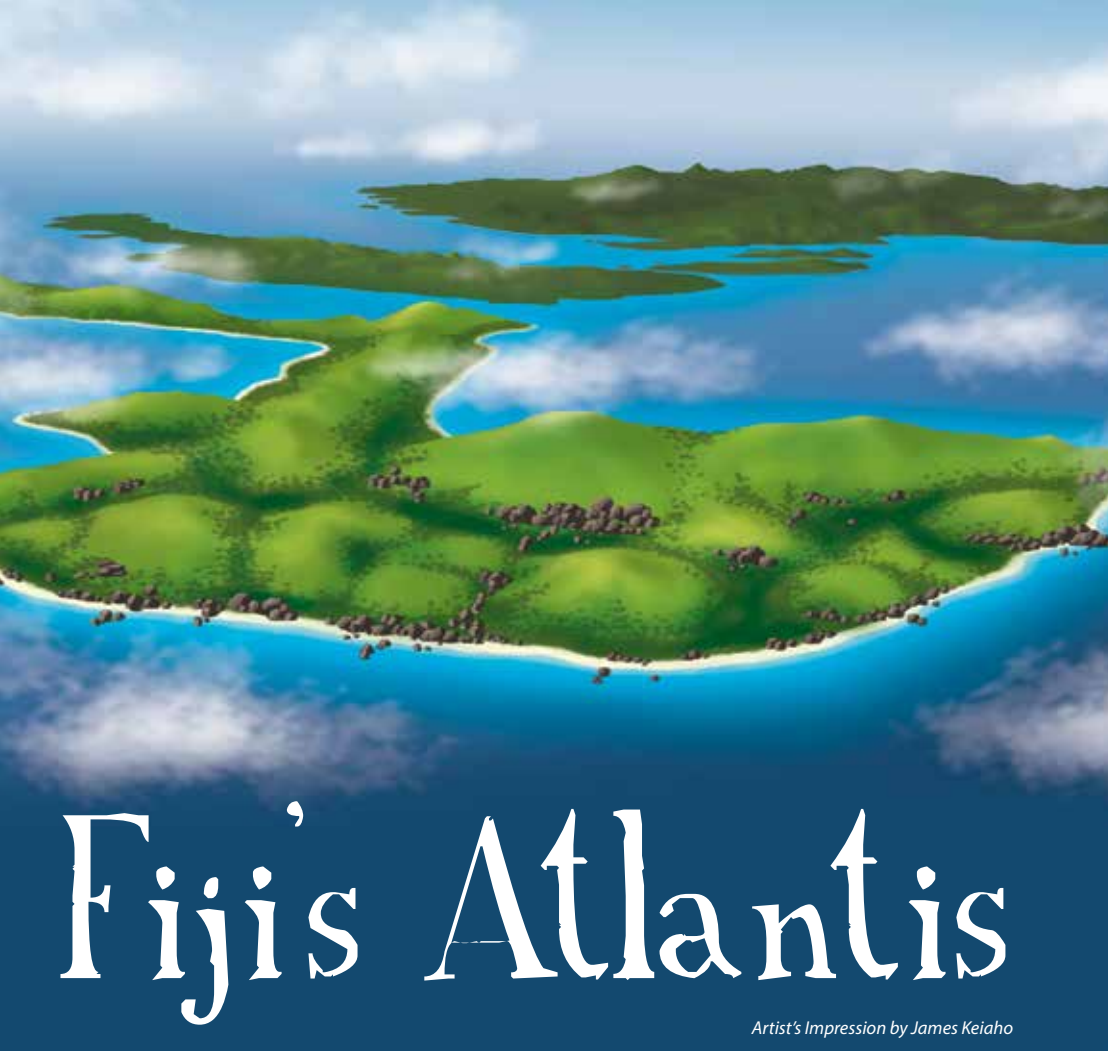
Every day, around the world, 8 million tonnes of waste end up in our oceans — all as a result of human actions. All this rubbish comes from toilets, streets, streams and beaches: some is thrown directly into the sea. It destroys marine life. You can prevent this destruction by always throwing your rubbish into a rubbish bin or an appropriate place.

**THINK BEFORE YOU THROW — PROTECT MARINE LIFE!**



Approved by the Secretariat of the Pacific Community





# Fiji's Atlantis

Artist's Impression by James Keiaho

## The sunken island of Vuniivilevu

There is an intriguing entry in the first published Fijian-English dictionary, compiled by the Methodist missionary David Hazelwood and published in Viwa, Fiji, in 1850. It reads: “**Sa kalia ki vu ni ivi levu**, a proverb, denoting anything that is entirely lost, for no one knows where the **vu ni ivi levu** is”. The proverb translates as “It has drifted to Vuniivilevu”, so the implication is that Vuniivilevu is a place which people know of, but cannot locate. However, Hazelwood’s understanding was not quite correct: people did, and still do, know where the island of Vuniivilevu was - but it has completely disappeared.

by Paul Geraghty

Before we proceed, let me clarify the meaning of this place-name. Like many place-names in Fiji, it is based on the name of a tree – like English place-names such as Sevenoaks, Ashford and Redwood. The **ivi** (*Inocarpus fagifer*) is a large tree bearing edible nuts found commonly throughout Fiji and the Pacific, sometimes known in English as the Tahitian chestnut, and the compound name **Vuniivilevu** simply means ‘large chestnut tree’. I first heard of Vuniivilevu at a kava session in Tailevu many years ago, from the lips of a raconteur who was well known for embellishing stories. So I paid scant attention when he told the rapt audience

that when line-fishing in a reef passage near the island of Moturiki, he had hauled up, in addition to a fine range of fish, a man with a long beard! But it did get me interested in the topic, and as I asked around I discovered that the passage concerned, a mile and a half wide and lying south of Moturiki, was known as Davetalevu, literally ‘large reef passage’, and often marked ‘Moturiki Passage’ on charts. It is believed by all locals to be the site, or part of the site, of the sunken island of Vuniivilevu.

While there is no land in or around this passage, it is still revered as being the spot where many ancestors lived – and are buried. The signs of this reverence were described thus in a 1915 article by P Tatawaqa, a native of the nearby chiefly island of Bau:

“The chiefs of Bau show great respect to that passage, according to their belief that it was a real town. If they were sailing from the islands of Lomaiviti to Bau, and their canoes were about to enter Davetalevu, they would be very careful of their manners, and would strip off all their head-dresses, as they came opposite the point of the reef at the mouth of the passage; and as they moved inside they would sit down and “*tama*” [perform a ceremonial greeting] to the town; it was prohibited for anyone to throw anything in the water, or to stand about, or make any rattling noise. These forms of respect would continue till they reached the outskirts of the town on the other side, that is

If they were sailing the islands of Lomaiviti to Bau, and their canoes were about to enter Davetalevu, they would be very careful of their manners, and would strip off all their head-dresses.

a long shoal lying broadside on in front, called *Nabainivuaka* [the pig-pen]. They carried out those acts of respect whether they were sailing away or sailing home.”

Most modern-day Fijians still observe at least some of these customs when passing through or near Davetalevu, and there are countless stories of catastrophes that befell those

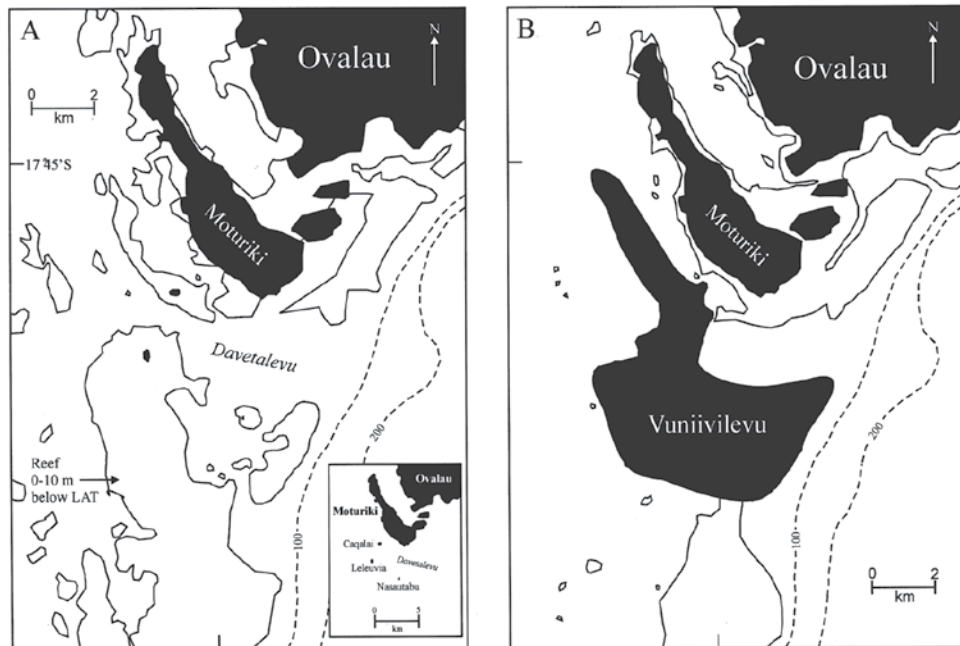
that failed to perform them, whether deliberately or inadvertently, mostly involving being carried or overturned by a large wave or two.

A number of years ago, I joined forces with a geographer friend, Professor Patrick Nunn, to study this phenomenon in detail, and the resultant article was published in the journal *People and Culture in Oceania* in 2006. After considering local traditions and scientific knowledge of how islands can disappear, we came to the conclusion that the story of Vuniivilevu was based on fact. The island had been a largish high island, with at least one village, situated around where Davetalevu, Leleuvia, Nasautabu (or Nagasautabu) and Caqalai are today. About 1200 AD, or perhaps a little later, it suffered a sudden collapse caused by underwater erosion, possibly triggered by an earthquake (as also suggested by some oral traditions). While many inhabitants perished in this catastrophe, many others survived by swimming or sailing to Moturiki, and their descendants can be found today in parts of eastern Fiji, especially Moturiki, Bau and Koro, but



**Moturiki Island** covers an area of 10.4 sq kms and is inhabited by about 2000 Fijians living in 10 villages - Daku, Naicabecabe, Nasauvuki, Nasesara, Navuti, Niubasaga, Savuna, Uluibau, Yanuca and Wawa. The Island is of great archaeological interest. Important discoveries include the earliest Lapita sites of Fiji as well as the oldest human skeleton found in Fiji (dating about 3000 years).





The geography of the area off the east coast of Viti Levu Island, Fiji, showing a plausible reconstruction of the “vanished island” Vuniivilevu. **A.** The modern geography of the Vuniivilevu area, showing the modern islands (shaded black [see also inset for locations]), together with shallow reef surfaces (less than 5 meters below Lowest Astronomical Tide [LAT] level) and deeper reef surfaces. The reef pass (*daveta* in Fijian) named Davetalevu is customarily associated with Vuniivilevu. **B.** A possible reconstruction of Vuniivilevu, shown in association with the other islands in the area today and the shallow reef surfaces. In this reconstruction, the central and northern parts of the island are considered higher, like Moturiki past of the large Ovalau (Ivoni) Volcano, and the southern and eastern parts are considered lower. (Adapted and redrawn from Nunn et al. [2005].) *Source: Vanished Islands and Hidden Continents of the Pacific by Patrick D. Nunn - Page 169*

also in smaller numbers in Vuna (Taveuni) and Gau and as far away as Kadavu.

There are at least two external traditions that tend to corroborate the story of Vuniivilevu. One is from Lovoni, the powerful vanua (state) in the centre of the island of Ovalau. Here, local people recount that many generations ago the sea advanced up the river from Bureta to Lovoni, and they point to rocks there representing sea creatures as proof. This then can be viewed as being the result of a tsunami caused by the collapse of nearby Vuniivilevu.

In the far more distant kingdom of Tonga, local historians have recorded that a chiefly family from Fiji arrived in Tonga in the thirteenth century,

and founded a new dynasty. The name of the head of this dynasty, Tu’i Motuliki, indicates that they probably came from Moturiki in Fiji, and a plausible interpretation is that it was the collapse of Vuniivilevu and the subsequent tsunami that caused them to flee.

So if you do find yourself in the vicinity of Davetalevu, it would certainly be wise to follow the local custom and honour the many dead who lie deep below the surface in their now submerged homeland of Vuniivilevu.

Incidentally, Vuniivilevu is not by any means the only submerged island in Fiji... ■

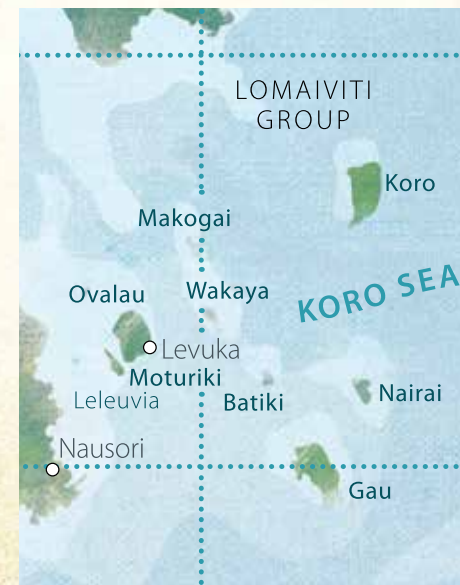
*Cruising in the Fiji Group with Captain Carol Dunlop*

## CRUISING THE LOMAIVITI GROUP



*The Old Capital Levuka . Carol Dunlop photo*

### Between the Lau Group and the mainland of Viti Levu



This is the dive area of Fiji for serious divers. There are numerous world-class dives in the Vatu-i-ra channel, and at the fabulous islands of Namena, Koro, Makogai, Wakaya, and Gau. It’s highly recommended to carry a dive guide as this is “experienced divers only”.

On the island of Ovalau you will find the old capital Levuka. It’s like being in a time warp with many buildings standing just as they were 100 years ago. The Royal Hotel reminds me of something out of Somerset Maugham and a visit to the local watering hole, The Ovalau Club, has to be part of life’s rich experiences. The leading lights, particularly the lower one on the main church spire, are the best in Fiji and are rarely out!

#### **MAKOGAI**

Makogai island has a very good anchorage in Dalice Bay which is currently used as the site of a Department of Fisheries clam hatchery and turtle head-start program. The island is state owned (although a *sevusevu* is still required) and steeped





Above left: Wakaya Island. Carol Dunlop photo. Above right: Dive with the Mantas near Wakaya. Photo: Brigitte Dewhirst.

in history, as it was previously a large leprosarium serving the region.

Annual humpback whale surveys around Makogai and Levuka, record sightings of migrating humpback whales, so do keep your eyes open and download and complete a sighting form from [fijimarinas.com](http://fijimarinas.com)

#### GAU ISLAND

Good anchorages and some more world class dive sites. Gau is the 5th largest island in Fiji covering an area of 136 sq km. There is an airstrip (unused at times) at the southern tip of the island. The Rugby's 7's legend Serevi hails from this island.

Inside the Lagoon divers will need a guide with knowledge of the ideal times to dive. On the outer wall however, times to dive are flexible.

A sevusevu is required at the main village of Sawieke, approached only at high tide.

Waikama is a good village as is Lovu to the south. Hot springs can be found close by Waikama village.

Close to Waikama there is a new eco resort called Nuku resort in the Bay of Angels.



Gau Island. Carol Dunlop photo.

#### WAKAYA

Wakaya is a private island and the Wakaya Club & Spa is an exclusive resort. Guests can check into the resort to enjoy the facilities ashore (with prior arrangement). There is a good anchorage and great diving and snorkeling.

Larger vessels can use the Daveta Ni Kai Dra Ba pass. Homestead Bay anchorage is fine in normal prevailing E-SE winds. Anchor close to the eastern side to keep out of the occasional swells wrapping around the point.

Mantas and hammer head sharks are frequently seen on the dives around the island.

*However Wakaya management have issued the following notice;*

Homestead Bay is now an MPA gazetted by government and use of the bay as an anchorage is not permitted without prior consent from Wakaya management. Strictly no access to the beaches is permitted, with MPA boundary up to the high water mark and Wakaya private property beyond that.

The Wakaya Club & Spa is strictly a private resort with no facilities available to yachts unless you have confirmed arrangements to check in your guest/s.

However, there is nothing to stop a vessel from diving the outer reef and anchoring to the north of Homestead Bay just inside the Daveta Ni kai dri Ba pass.

#### KORO

Koro Island is part of the Lomaiviti archipelago. The Koro Sea is named after this volcanic island, which has a chain of basaltic cinder cones extending from north to south along its crest. With a land area of 108.9 sq kms, it is the sixth largest island of Fiji.

Fiji Link ([www.fijiairways.com](http://www.fijiairways.com)) has weekly flights to Koro, and there are ferry connections each week



Northern Viti Levu. ZoomFiji photo

between both Suva and Savusavu. Charter flights through Pacific Island Air can also be arranged to the airport situated on the Eastern coast.

On the North Western tip of the island, you will find the Dere Bay Resort and the Koro Beach Resort. The beautiful residential development 'Koro Seaview Estates' surrounds Dere Bay, if you decide you cannot tear yourself away from the area. A deep but good anchorage can be found in Dere Bay, and also to the North of the island in southerly winds.

Cyclone Winston tore into this island and a great deal of reconstruction has been achieved over the past 6 months.

#### NORTH VITI LEVU, INSIDE PASSAGE.

This is deep and clear and suitable for large ships. The channel is deep and wide. There are some good dives on the outer reefs and many places to drop the pick. Safari Island Lodge, Vatia Beach Eco Resort, Volivoli Beach Resort and Wananavu Beach Resort offer anchorages.



*Always the first retreat,  
never the last resort*

**Leleuvia**  
ISLAND RESORT

A mere 35 minute boat ride off Eastern Viti Levu or 45minutes from Nausori Airport lies Leleuvia Island Resort. With just the right amount of life's necessities without spoiling your desert island experience, you're free to indulge in sensory deprivation, far from the stimulus of a modern world. An artist's retreat, a lover's escape, a journeyman's destination or a waterman's playground, Leleuvia is many things to many people.

[www.leleuvia.com](http://www.leleuvia.com) | +679 8901049 | [reservations@leleuvia.com](mailto:reservations@leleuvia.com)





"Having explored the oceans for most of my life, I have the luxury of seeing many spectacular coral reefs. Every time I dive the Namena Reef system, I see something new. This is one of the most beautiful and diverse reefs I have ever experienced. I applaud the Fijians who have the wisdom to protect this natural treasure for future generations."

- Jean Michel Cousteau, *Ocean Futures Society*.

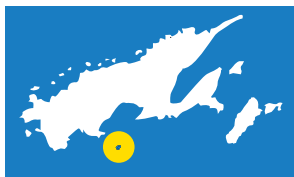
Rising from the depths of the Koro Sea, on the fringe of Bligh Waters, lies the mile-long island of Namenalala, surrounded by one of Fiji's most pristine diving and snorkeling reef eco-systems known as the Namena Marine Reserve.

Namenalala Island is privately owned and as such a small fee applies for landing. The island itself is home to a red-footed booby nesting colony. You can also see fruit bats, lesser frigates, long-tail tropic birds, and multi-hued land birds that will entertain you with their songs.

Hawkesbill turtles come ashore to nest here, and critically endangered leatherback turtles and whale sharks have been sighted within the area.

There is fair anchorage on the North-Western side of the island in average trade wind conditions. Moorings have been installed to protect the delicate coral reef, and the iQoliqoli owners from Kubulau request you use them whenever possible.

The chiefs of Kubulau District had the wisdom to protect the beautiful reefs of Namena from destructive overfishing. As such,



they established a goodwill 'user fee' for those visiting the reserve to meet community and management needs. The fee is essential to the reserve's success, covering management costs such as patrolling, fuel, and mooring maintenance.

A portion of the fee also funds community development projects such as the Kubulau Education Fund, which provides the children of the district with scholarships for tertiary education.

#### **NAMENA ISLAND RESERVE ADMISSION & RULES:**

##### **ADMISSION**

Tags may be purchased for FJD \$30 and are valid through December 31 of the year of purchase.

These may be purchased in advance from:

Any dive or tour operator within the reserve.

- Namena Island Resort on Namenalala Island.

- The CORAL field representative based in SavuSavu: +679 740-0704; +679 906-0109; +679 885-303.
- The KBDC Representative in Suva: +679 925-4564; +679 728-8855.

##### **PARK RULES**

The Kubulau Resource Management Committee respectfully requests adherence to the following rules to ensure Namena's spectacular marine resources thrive for generations to come:

- All forms of fishing (line, spear and net) are prohibited in the marine protected area.
- Use mooring buoys where available. If you must anchor, only do so in areas with a sandy bottom.
- Do not collect marine life (plant or animal), either alive or dead. This includes seashells, seaweed, and live or dead coral.
- Do not discard anything in the water, including food or plant materials. Please properly dispose of all trash.
- Do not walk on the reef flats even at low tide when reefs are more exposed.
- Never chase, harass, or try to ride marine life. Do not touch, handle, or feed marine life.
- When diving, maintain proper buoyancy control and practice good fining to avoid contact with the reef.
- Do not put your feet down when swimming or snorkeling. If you must stand up, look down first and pick a patch of sand or hard rock.
- A tag charge of FJD \$30pp applies for diving or snorkeling - all goes to promoting and protecting the marine reserve.
- The tag is valid for a year or through to December 31 of year of purchase.
- You may visit the beaches on the western and southern sides between 0900 -1200 and between 1300 -1600.
- You will be required to pay FJD \$15pp /day. This is to give some privacy to the in-house guests.
- As you come into the lagoon and anchor please call Mere on channel 14 and she will come down to the resort dock to give you your tags etc., ■

# Fishing Regulations in Fiji



*Giant Clam. Stacy Jupiter photo*

While the state ultimately retains ownership of the ocean and her resources, the people of Fiji have been given tenure and the right to fish for subsistence from allocated areas of coral reef referred to as 'iQoliqoli'.

All coral reef areas in Fiji are part of an iQoliqoli. Deeper water passages between the islands of Fiji are commonly outside of iQoliqoli areas.

Commercial fishing licenses can be applied for, much in the same way that you applied for your cruising permit –but as you are likely only fishing for your dinner, this will not be necessary. However, if you intend to fish for money or, for example, take guests on fishing charters, you will need a commercial fishing license. Enquire with the Department of Fisheries office found in many of the administrative centers or at the ports of entry into Fiji.



If your yacht is berthed within one of the iQoliqoli jurisdictions (apart from a marina), you will need to present your *sevusevu* to the adjacent village and ask for permission to catch fish from their reef, rivers or streams.

There are many Marine Protected Areas (MPA's) within iQoliqoli that have been

set up by the village. During your *sevusevu* presentation, you will be told if there are any protected areas in which you cannot fish, or if there are any specific restrictions, such as spear fishing.

There are strict laws prohibiting the use of underwater breathing apparatus to collect, take or dive for fish throughout Fiji. If you plan on using fishing nets, there are mesh size restrictions – again, enquire with the Fisheries Department for these regulations.



## ABSOLUTE NO NO'S

The following information has been taken from the Fisheries Act Cap 58.

**No person shall take, be in possession of, sell, offer or expose for sale or export any of the following:**

**Giant Clams** – *Tridacna derasa / squamosa / maxima*. (vasua) flesh, including adductor muscle or mantle tissue.



**Trochas shell** - *Trochus niloticus* (sici) measuring less than 90 mm [3.5 inches] across the whorl;



**Tritons Trumpet Shell** - *Charonia tritonis* (davui)



**Pearl Oyster Shell** - *Pinctada margaritifera* (civa) of which the nacre or mother-of-pearl measures less than 100 mm [4 inches] from the butt or hinge to the opposite edge or lip.



**Giant helmet shell** - *Cassis cornuta* (yaga)

**Beche-de-mer** (sea cucumbers) *Metriatyla scabra* (*Holothuria scabra*) (dairo) (sandfish). No person shall export, either in a natural or processed form, any other species whatsoever of a length less than 7.6 centimetres [3 inches].

**Live fish of any kind;**

**Turtle flesh; Turtle shell** unless worked into jewellery or otherwise processed into a form approved by the Permanent Secretary for Primary Industries and Cooperatives.

## GUIDELINES FOR OTHER SPECIES

### Turtles

The Fiji Fisheries Act prohibits the killing of sea turtles. Fiji has a national moratorium in place until January 1st 2019 that prohibits harassing, taking or killing of turtles or their eggs. Furthermore, anyone caught selling turtles can be fined FJ\$20,000 or face a prison sentence of five years!

### Sharks / Manta Rays

As of 2013, eight species of sharks and all manta rays are included in Appendix II of CITES. These include the basking shark (*Cetorhinus maximus*), whale shark (*Rhincodon typus*), Great White Shark (*Carcharodon carcharias*), Oceanic whitetip shark (*Carcharhinus longimanus*), Porbeagle shark (*Lamna nasus*), Scalloped hammerhead shark (*Sphyrna lewini*), Smooth hammerhead shark (*Sphyrna zygaena*), Great hammerhead shark (*Sphyrna mokarran*) and Manta rays (*Manta spp.*).



Stacy Jupiter photo

### Humphead Wrasse

The humphead wrasse, *Cheilinus undulatus* (also known as the Maori wrasse, Napoleon fish or varivoce in Fijian), is a large and quite spectacular reef fish that can grow to over 140cms. They are easily overfished and so their presence on a reef may suggest that fishing pressure is not high. Considered a delicacy in East Asian countries the species has been heavily targeted by the live reef food fish trade. Listed as Endangered on the IUCN



Above: A gravid grouper - note swollen belly.

Red List, and included in Appendix II of CITES, here in Fiji bans are only in place for commercial harvest, sale or export.

### Groupers/Rock Cod/Coral Trout

Each year, groupers aggregate at specific sites to spawn or reproduce, usually at full moon. As fishing pressure has increased, particularly for commercial sale, the gathering of groupers to spawn in the same spot, at the same time of year, has



made it far too easy to overfish them. You can help turn that around with a simple pledge not to eat, sell or buy grouper during the spawning season. If you do happen to land one, consider this information and gently release it back into the ocean so that they can release literally millions of eggs to help repopulate our reefs. For more information visit [www.4fj.org.fj](http://www.4fj.org.fj)

### What can you do to help FIJI meet it's obligations under CITES?

Ensure that you are not taking any items out of Fiji that are listed in Section 3 of the Endangered and Protected Species Act (see page 187), without being registered or having the necessary permit. You can apply for a permit through the Department of Environment which is the Secretariat of the Fiji Islands CITES Management Authority. The Act has strong enforcement provisions with fines of up to \$5000 or 2 years imprisonment for breaches of provisions under the Act. ■

## Minimum Size Limits for Fish

To protect our fish stocks, our government has implemented regulations for minimum catch size limits for certain species. Please see the table below:

SIXTH SCHEDULE (Regulation 18)

Common Name	Fijian Name	Family	Genus	Min Length (mm)
Barracuda	Ogo	<i>Sphyanidae</i>	<i>Sphyrna</i>	300
Crevally, Trevally, Pompano	Saqa (Excluding vilu/Saqa)	<i>Carangidae</i>	<i>Caranx</i>	300
Grey Mullet	Kanace	<i>Mugilidae</i>	<i>Mugil</i>	200
Glassperch, Aholehole	Ika Droka	<i>Duclidae</i>	<i>Dules</i>	150
Ketang, Spinefoot Rabbitfish	Nuqa	<i>Siganidae</i>	<i>Siganus</i>	200
Long-jawed Mackerel	Salala	<i>Scombridae</i>	<i>Rastrelliger</i>	200
Longtom, Garfish, Greengar	Saku Busa	<i>Belonidae</i>	<i>Belone</i>	300
Milk Fish	Yawa	<i>Chanidae</i>	<i>Chaos</i>	300
Mojarra	Matu	<i>Gerridae</i>	<i>Gerres</i>	100
Parrotfish	Ulavi	<i>Callyodontidae</i>	<i>Scarichthys</i>	250
Pouter, Slimy, Soapy, Peperek	Kaikai	<i>Leignathidae</i>	<i>Gazza</i>	100
Rock Cod, Grouper, Salmon Cod	Donu, Kawakawa, Kavu (Excluding small red Spotted cod)	<i>Serranidae</i>	<i>serranus</i>	250
Sea Bream, Pig-faced Bream	Kawago, Dokonivudi, Musubi	<i>Lethrinidae</i>	<i>Lethrinus</i>	250
Small Sea Bream	Kabatia, Kake	<i>Lethrinidae</i>	<i>Lethrinus</i>	150
Small Sea Bream	Sabutu	<i>Lethrinidae</i>	<i>Lethrinus</i>	20
Surgeon Fish	Balagi	<i>Hepatidae</i>	<i>Hepatus</i>	200
Surmullet, Goatfish, Whiskercod	Ki, Ose	<i>Mullidae</i>	<i>Mulloidichthys Pseudopeneus Upeneus</i>	150
Snapper	Damu	<i>Lutjanidae</i>	<i>Lutjanus</i>	300
Unicorn-Fish, Leather jacket	Ta	<i>Hepatidae</i>	<i>Naso</i>	300



# Rise Beyond the Reef

Rise Beyond the Reef (RBTR) was co-founded by Janet & Semi Lotawa in 2013 to address the unique development needs and opportunities of rural remote communities in the Pacific.

Research has shown that personal and economic empowerment makes women and girls less vulnerable to violence, and that gender-specific considerations are often left out of disaster response efforts. Strengthening women's leadership skills and empowering them with education and sustainable income sources gives women and girls more of a voice in this historically patrilocal culture, and helps communities have fuller representation in their own natural disaster recovery processes. With these tools, women and girls have more freedom to extricate themselves from situations that would have otherwise kept them bound to abusive situations due to extreme poverty. Evidence also shows that a substantially higher proportion of women's income returns directly to the community. Any economic development in the region mitigates against the impacts of environmental degradation and

*Right: "Bubu" is one of the oldest producers in the community. At age 85, she has taught three generations of women in her family to weave.*



bolsters the entire community against an uncertain future, benefiting men, women and children alike.

RBTR's Traditional Contemporary Arts & Crafts Income Generating Program was successfully piloted in 2014 in five villages. Approximately 240 women and their families benefit from this program. The Traditional Art &



Photography by Rob Rickman, RAW Fiji



Their development model began with local community and cultural perspectives, and they built programs based on community needs while addressing the global impacts of climate change and international sustainable development goals. Their projects began with qualitative studies that revealed local concerns and issues such as poor road access, lack of education and training, depopulation in some areas as young people left for wage employment, flooding and landslides, domestic violence and lack of opportunities particularly for women. Close to 50 percent of Fiji's communities live in rural remote areas.

RBTR focusses specifically on improving women and children's lives, primarily through income-generating projects that are ecologically sustainable and that utilize traditional skills and materials. These projects go beyond subsistence and income-generating goals to address gender inequities rooted in traditional social structure, while building women's leadership capacity, and empowering rural women and girls in the face of domestic violence.







Crafts Program promotes local leadership while training women to produce traditional crafts—skills and knowledge that would likely have been lost without the support of the program. The crafts are then sold on local and international markets, resulting in cash income for the women and ultimately their families.

After Cyclone Winston, RBTR piloted a rapid response product line called “Shelter from the Storm.” These products are composed of salvaged materials, and are made in communities highly impacted by the cyclone. The market response to the Shelter from the Storm products was very strong. The income these cyclone-impacted artisans earn through the program is either the only or primary income these households received after the storm. This program has proven more resilient to natural disasters than agriculture and forestry programs, given current difficulties sourcing raw materials from other, less affected areas. The project is an example of a more effective, sustainable way to help communities in recovery than clothing and food drives.

They have taken a leap of faith that you – tourists, voluntourist and lovers of all things Pacific Islands will be there with them. That you recognize the importance of supporting the Voice & Choice of women in their communities and that earning their own sustainable income is an essential part of

*Left: Litiana and her grandson, Anare stand under the rock overhang where the village community, Tukuraki took shelter from the storm for two weeks following Cyclone Winston.*



*Above: Naocobau Village, located along the Nakorotubu Coast in Ra Province where the eye of the storm came through. This photo was taken one week post storm.*



building resiliency. That you will find a way to include these communities in your gift giving plan i.e. wedding favours, hotel room drops, tour group gifts, special gifts to friends and family and your souvenirs to take back home. And that part of what it means to come “home” to Fiji is

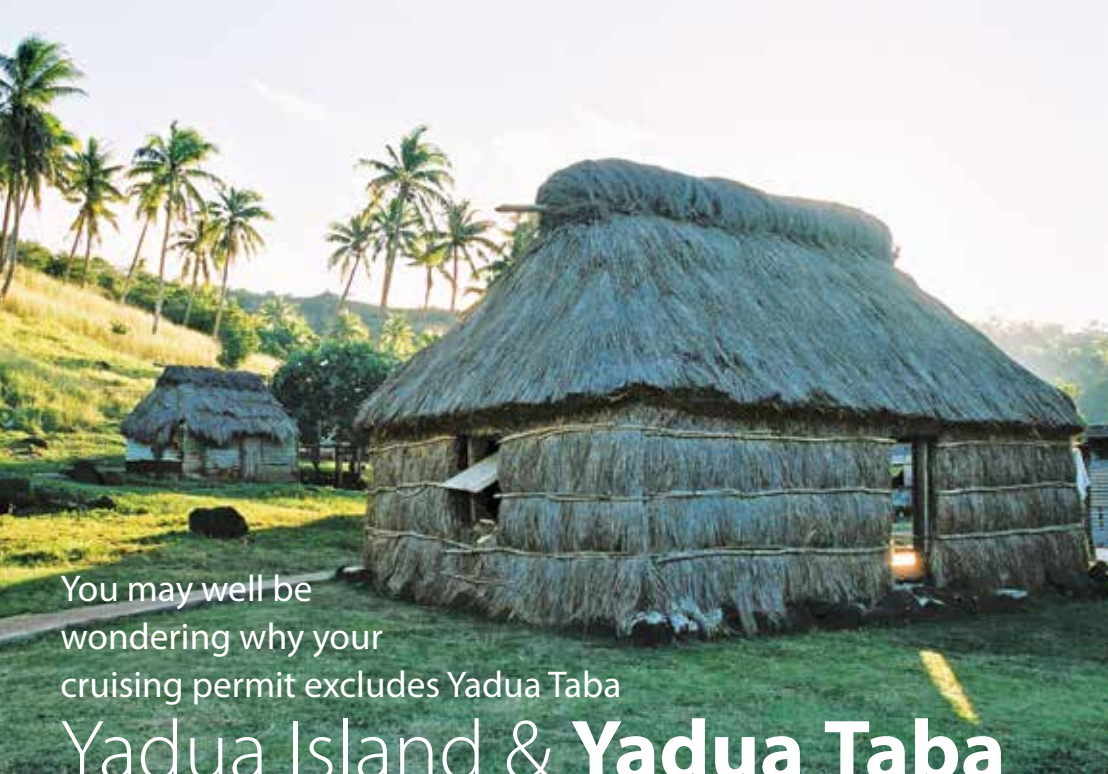


to find ways to stay connected to the people who make it feel like “home” to the rest of the world. Your purchase helps them to provide communities they work with the means to build their own income security for now and in their future. ■

**Vinaka – Thank You.**

Come visit “**Na Store**”, located in Sabeto, Nadi next to the office on Wailoko Rd. past the Sleeping Giant entrance on the right hand side. Open Mon to Fri 10am - 4pm, Sat 10am - 1pm. Our products can also be found at • Softel, Denarau, Nadi • Pineapple Boutique, Sheraton Denarau, Nadi • Vuda Marina General Store, Lautoka • Fiji Museum, Suva  
To learn more about our work, to shop online or donate, visit [www.risebeyondthereef.org](http://www.risebeyondthereef.org)





You may well be wondering why your cruising permit excludes Yadua Taba

## Yadua Island & Yadua Taba

16°48'58.05" South | 178°17'9.14" East

**W**ell... Yadua Taba (Yan-do-a-Tam-ber) is a small volcanic islet at the south-west corner of the larger island of Yadua. A signboard made from dried wood stands on the beach reads 'Wildlife Sanctuary, No Entry'.

After the discovery of a crested iguana on the tiny island back in 1979, and the public interest that followed, the National Trust of Fiji secured a management agreement to the uninhabited island and surrounding coral reefs, and established it as Fiji's first wildlife sanctuary in 1980.



The Crested Iguana (locally known as 'Vokai') is one of the rarest, and to some, one of the world's most attractive lizards. The species is endemic to the Fiji Islands where it is now restricted to less than 10 of the 300 or so islands of the archipelago.

Yadua Taba is special for another reason in that it contains a large strand of the Tropical Dry Forest Vegetation, one of the most (if not the most) endangered vegetation types in the world!

The sanctuary has the largest and most impressive Crested Iguana population and it is the only wild location in the world where the population can be viewed with certainty. More importantly, it is the location where the species has the best chance of survival – and hopefully greater than that, they will thrive!

It is for this reason that no one is allowed to visit the island, and landing here is strictly prohibited, unless approved and guided by the National Trust. Due to the 'Critically Endangered' status of the Fijian Crested Iguana (IUCN Red List), their listing

*The Crested Iguana. Photo © Stacy Jupiter*



*Above: Yadua Island. Photos © National Trust of Fiji*

on CITES Appendix I and threats from disturbance, a 'community watch' program was initiated, with regular policing by National Trust Rangers and the local community. These rangers are charged with protecting the island on behalf of the National Trust and there is high chance that you will be visited by one if you're anchored within the Yadua waters. ■

### VISITATION

**For entry to the island, you will need to seek permission from the National Trust of Fiji.**

3 Ma'afu Street, Suva.

PO Box 2089, Govt Bldings, Suva, Fiji

Tel: (679) 330 1807 | Fax: (679) 330 5092



*Yadua Taba - Photo © National Trust of Fiji*



## Diving the Lomaiviti Group of Islands and the Bligh Water

# The Heart of the Coral Capital

Story: Jon M. Piepkorn | Photos: Heather Sutton



Two of my favourite areas to dive within the Fiji Islands are the Lomaiviti Group of Islands and the Bligh Water. The following is an overview of the diving and why I love these two areas so much...

### THE LOMAIVITI GROUP OF ISLANDS

**Gau Island** - Located in the southern Lomaiviti Group of Islands off the east coast of the main island of Viti Levu, the lagoon on the island of Gau is typically only reached via a live aboard dive boat or private charter. On the northern end of the lagoon there are a couple of dive sites to enjoy (Jim's Alley and Anthias Avenue) while waiting for the proper currents for my favourite dive site in all of Fiji: *Nigali Passage*. During an outgoing or

falling tide, the water actually rushes in through the passage towards the lagoon (opposite of what one might think), bringing cooler, deeper nutrient-rich waters flushing out the channel for usually excellent visibility. At the outer edge of the channel on the reefs edge, the depth begins at around 18 metres where you drop in for the dive.

Prepare for the current to gently drift you down the 50- to 75-metre-wide channel which is covered with a sandy coral bottom. Typically you'll be met by white tip reef sharks sleeping under the large mushroom coral bommie that sits at the entrance to the channel. As you drift in towards the lagoon, the channel becomes narrower and deeper (with nice walls on either side scratching the water's surface) and you will be treated to schooling bigeye trevally along with three species of schooling barracuda – and plenty of them. Photographers: Turn around and gently fin against the current and you will be in a perfect position to let these schools surround you for a picture that will be sure to impress your friends on Facebook. During your drift into the channel, you're bound to encounter "Big Bill", the large resident potato (spotted) grouper who will swim with you throughout the dive. About 15 to 20 minutes into the dive you arrive at *The Bleachers* –





think stadium seating – as the natural coral and live rock walls feature an area for divers to rest gently on their knees with a sandy bottom.

Sitting in The Bleachers you watch the schooling grey reef sharks that are always in attendance. This is the place where the female greys come to give birth to their young – so at the right time of the year you'll be treated to little baby grey reef sharks as well. After you have used up your bottom time watching the graceful sharks schooling in front of you while they glide in and out of the schools of bigeye trevally, it will be time to enjoy your ride up the "chute". This sandy bottom narrow channel area takes you from about 25 metres up to eight metres, and with a good current can be a fun ride. You might encounter a whitetip reef shark or two gliding back and forth, moray eels, nudis and lobsters. Speckled along either side of the channel plenty of Fiji's famous colourful soft corals will make the scenery even more beautiful. If you've got some air or bottom time left, just on the inside of the channel – on the inner side of the fringing barrier reef – is one of the largest and most pristine patches of cabbage coral's I've ever encountered. With the top of the Corals only 3 to 6 meters below the surface, on a sunny day the photo opportunities on the patch of coral are amazing!



### Wakaya Island

Moving north from Gau Island you can set your sights on Wakaya Island. Remote from the mainland with a private airport, Wakaya is best accessed either by the resort airplane, or via a live aboard dive boat. With most of the dive sites located on the west side of the fringing barrier reefs, one of the most frequently requested is **Vatu Vai** – Fijian for "Manta Rock". It's a cleaning station for the resident mantas, where you'll often see black mantas patrolling the outer reef walls during your dives and being cleaned by thousand a small cleaner wrasse. **Lion's Den** is also a favourite dive site on the outer edge of Wakaya Channel. Hard and soft corals with schooling barracuda, reef sharks, and as an added bonus at Wakaya you can often see great hammerheads patrolling the steep walls of the Wakaya barrier reef. Please keep in mind if you are planning to visit Wakaya to contact the resort directly. Homestead Bay where you typically would anchor in the past is now a Marine Park and no anchoring is permitted without permission or consent from the management at Wakaya Club & Spa. You can contact the Resort on Channel 85, or phone them up on +679-344-8128 to arrange anchorage or a visit onto the island and / or beach. There continue to be no facilities for yachts.

### Makogai Island

Makogai is just north of, and visible from, Wakaya Island, and is home to a very large marine sanctuary. There is a government station located on the island where they are working to protect and repopulate the turtles and giant clams throughout Fiji. Inside the protected lagoon, which is also designated as a marine sanctuary, you can see some of the largest giant clams in the world. Many dive sites are within minutes of the sheltered lagoon. A favourite dive



site of mine is **Vatu Vasua** (or "Clam Rock"), which is by far one of the best night dive sites in Fiji. This is one remote island and can be accessed by liveaboard, private charter, or yacht. Makogai was hit very hard by Cyclone Winston in late February of 2016, but as of the time of printing, the school has been rebuilt and is open for the children and some liveaboard dive operators are starting to dive the area again. It is advised to contact the island / government station prior to visiting the island.

### THE BLIGH WATER

#### Namena Island

Located in the Koro Sea and accessible by liveaboard, seaplane or speedboat from Savusavu, this is one terrific area to dive. A small island surrounded by an atoll/barrier reef, there are several areas to dive but the two most popular are the **North Save-A-Tack** and South **Save-A-Tack Passages**. The south passage boasts the soft corals that Fiji is famous for. Among scattered bommies, the dive sites' black forest, chimneys,



and "tetons", will amaze with the colours. Depending on the current, you can spot schooling trevally and groupers, and with a sharp eye you can see painted frogfish, scorpion leaffish, a variety of nudibranchs and pipefish.

Changing tide and current will take you to the north passage, where you start on the wall that drops to more than 800 metres, and can be treated to schooling hammerheads, oceanic silvertip sharks and grey reef sharks. Moving up onto the plateau that is known as **Grand Central Station**, schooling bigeye trevally and barracuda will greet you. Then moving in towards **The Arch** you can get a great view of mantis shrimps, scorpion leaf fish, and pipefish, as well as all the colourful reef fish Fiji has on offer, and the smaller critters (shrimps, anemone fish, etc.). Depending on your air consumption, or adding as a second dive, drop in at the large pinnacle **Kansas**, which is next to the smaller pinnacle **OZ**. This is farther up on the plateau where you could easily spend over an hour photographing the smallest of the small pygmy



seahorses, Hippocampus Severnsi. Nestled amongst the colourful soft corals and the leather corals on top of the pinnacle, the dive site is a favourite of every diver I've taken there.

Keep in mind that Namena (aka Namealala) is also a marine reserve, and requires the purchase of a marine park tag for your dive gear. Available for FJ\$30/each, you must purchase prior to diving and is valid through December 31st of the year purchased. In the past these have been available directly on the island itself, but after the event of Cyclone Winston there may or may not be staff on the island to assist you. Beaches are also private and there is a small fee to visit them.

### The Bligh Water

Located on the east side of Fiji, between the mainland of Viti Levu and Namena Island, some of Fiji's best loved dive sites are here: *Hi-8, Instant Replay, Mellow Yellow, The Cathedral, Purple Haze, Cat's Meow* and *E-6*, named by Jacques Cousteau for the film and developing that had to be done

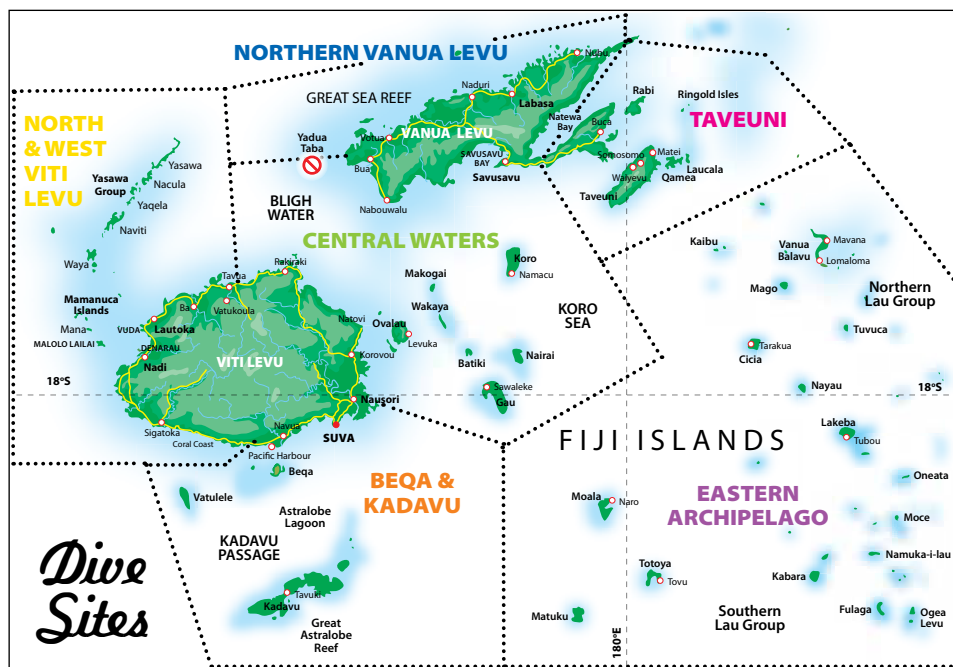


on the boat after a day's diving. Some of the pinnacles drop down to a depth of over 3,000 metres. As there is no shelter or any islands in the area, the weather really needs to be cooperative for a trip out to this dive area, which can be reached from some of the northern/eastern resorts on the mainland of Viti Levu by speedboat, or by liveaboard. It's a very diverse region with some great hard coral dives as well as soft coral. Pelagics are often seen as the currents can be "full on"

ripping. If you can reach this area – don't miss it!

Sighting of Oceanic Silvertip Sharks, Tiger Sharks, and Hammerheads are not uncommon. This year I will once again highly advise you seek the guidance of a local dive operator to take you out to the Bligh Waters as tide and current play a big part of choosing your dive sites. Enjoying the Pelagic's in the Bligh Waters is part of the fun of diving this area, but as in all of Fiji, there are excellent opportunities to spy the macro critters at these world famous dive sites.

**DIVE SAFE EVERYONE!**



For more information see [www.marineecologyfiji.com](http://www.marineecologyfiji.com)

## Dive Areas of Fiji

Fiji has coral reefs everywhere, and all have their attractions. However, you'll have the best time diving here if you select the type that's best for you and your experience level. Here is a generalised account of diving character in the main areas that divers usually visit.

By Helen Sykes

### North & West of Viti Levu

#### The Coral Coast, Mamanuca & Yasawa Islands

The best for casual and relatively new divers: easy diving, very few currents, schools of small colourful fish, most sites are relatively shallow (best diving generally in less than 50 feet/ 15 metres of water).

### The Bigger Small Islands

Recommended for the more experienced divers who can handle currents and deeper diving at least some of the time: spectacular soft corals, pristine reef systems, and larger fish life. **Taveuni** for soft corals, swarming fish, rare critters, and intact ecosystems. **Beqa** for soft corals, rare critters, wrecks and shark feeding. **Kadavu** for walls and passages, healthy hard corals, manta rays and sharks.

### Central Waters

Some of the best and most varied diving in Fiji - most of these sites are quite far off shore. Mostly easy diving but many sites require careful planning due to tide dependant currents and depth. **Vatu-i-Ra Passage** for spectacular walls, soft corals, schooling fish. **Lomaiviti islands** for passages with sharks, manta rays, and rare critters. **Southern Vanua Levu** for walls and soft corals. **Namena** for absolutely everything concentrated into one package.

### Northern Vanua Levu

#### Cakaulevu: The Great Sea Reef – the third longest barrier reef in the world!

Dramatic outer walls and passages. Limited fish life in some areas, and outer waters can be rough. Inner reef mangrove islands have poor visibility but extensive fish life of interest to specialists and ecologists. **Kia Island** provides a good and sheltered bay to base while exploring.

### The Eastern Archipelago Lau Islands

Scattered islands with varied diving. Relatively easy conditions, but there are fewer well-known dive sites, so most is exploratory diving with some areas better than others. Some areas are overfished while others are pristine.

Helen Sykes is a marine ecologist and dive instructor who has dived extensively across the Fiji Islands for over 15 years.

For more information see [www.marineecologyfiji.com](http://www.marineecologyfiji.com)

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equipment  
and what  
standards do  
they use?**



- Bikini Bottom's Service Lab standards are set by the manufacturers and other regulatory agencies to ensure that your equipment is in the best condition possible.
- We are formally trained and certified to conduct inspections, services and repairs on a wide range of equipment using specialized and calibrated tools.
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# DIVE SAFETY IN FIJI

Despite being well-trained and experienced, diving accidents do happen. While we are able to put many mechanisms in place to protect ourselves, sometimes these are not enough and we need help. Here in Fiji, there is a dedicated team standing by to help in such an emergency and there are some necessary steps you should follow to assist them with their efforts.

If a member of your crew suddenly feels ill after having dived - **PLACE THE PATIENT ON OXYGEN BEFORE YOU DO ANYTHING.**

Do not presume that oxygen will be available in your location, and you should always have enough oxygen onboard to be able to administer for 4-5 hours (two E size tanks should be adequate). BOC Fiji Ltd located in Suva and Vuda can fill your tanks for you.

The CWM Hyperbaric Unit operates routine hyperbaric treatments. They have a 24hr emergency call list for emergencies after hours and weekends. On arrival at the hospital, please report to the emergency room, where a hyperbaric staff member will meet and assist you. Call one of the mobiles on arrival if there is no hyperbaric staff there. **Follow the Dive Accident Management Flow Chart for Fiji.**

## Dive Emergency Telephone Numbers

Colonial War Memorial Hospital  
HYPERBARIC CHAMBER  
24 HOURS | Tel: 331 3444

Emergency Rotating Mobile Number  
for CWM Hyperbaric Doctors  
Tel: 903 4093

Hyperbaric Nurse | Tel 321 5525

Your medivac will land on the CWM roof heli-pad where treatment will be done at the Hyperbaric Unit at CWM.

## SUVA PRIVATE HOSPITAL

Contact Person	Phone
Dr John Alfred Clinical Coordinator	992 9541
Dr Penuel Anav - Ward Manager Medical Physician (Internal Medicine)	992 9368
David Qumivutia General Manager	992 4056
Hospital (after hours) Nursing Supervisor	330 3404

## ZEN'S MEDICAL CENTRE (Nadi)

Contact Person	Phone
Dr Zen	672 2288   979 7872
Dr Tupou	672 2288   939 3590

## DISTRICT HOSPITALS

Hospital	Phone	Hospital	Phone
Lautoka	666 0399	Sigatoka	650 0455
Savusavu	885 0444	Taveuni	888 0444
Labasa	881 1444	Navua	346 0181

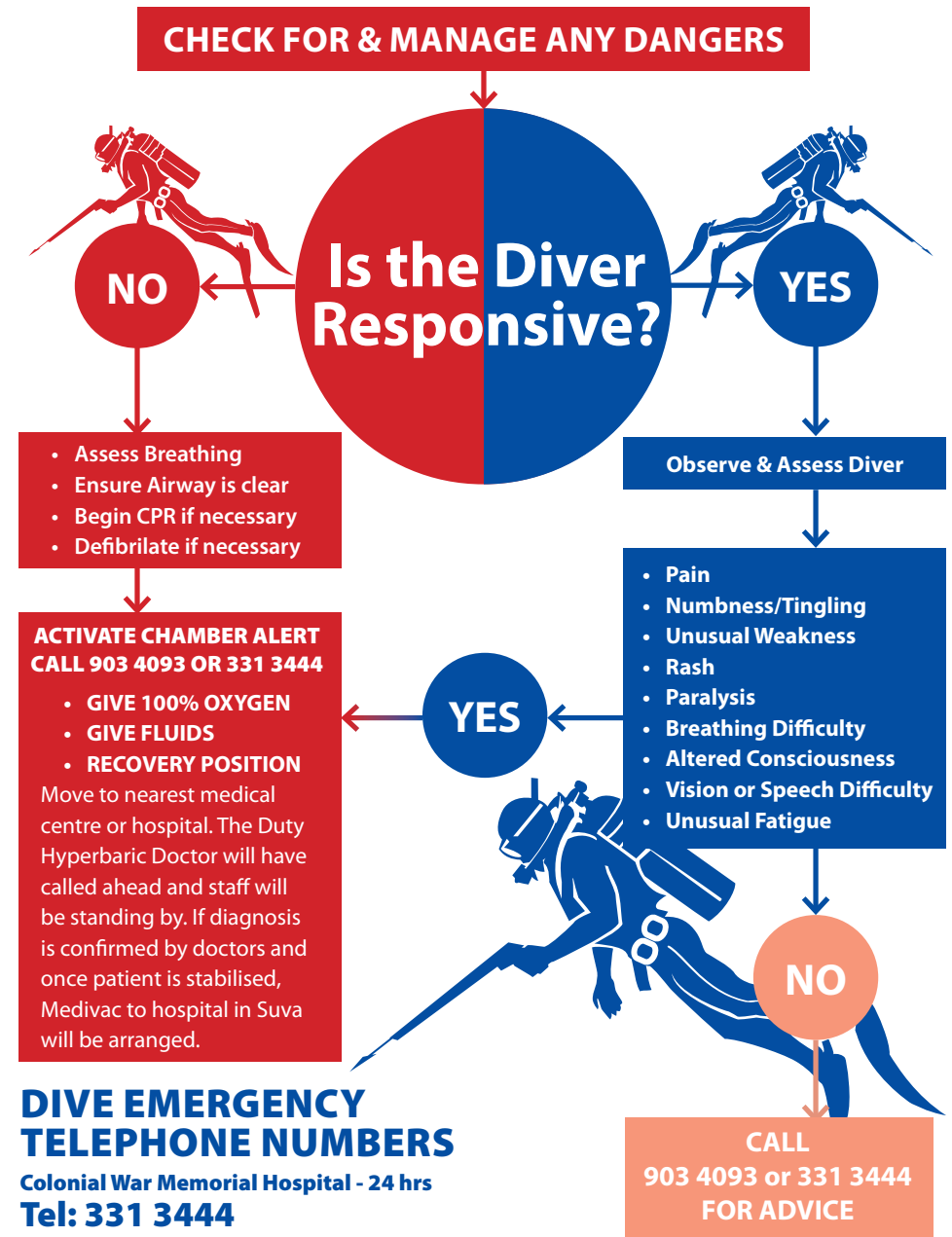
## FIJI AIR | SEA RESCUE

Police Sea Rescue	368 2488
Fiji Navy	331 2585   331 5380
Pacific Island Air	672 5644   999 1644
Island Hoppers	672 0410   672 3343
DAN 24-Hour Emergency Hotline	+61 88212 9242
PADI 24-Hour Emergency Hotline	+61 28907 5614

## INSURANCE

Willis PADI Insurance, V Insurance Group	0061 29285 4111
Mike Holme PADI QA/Incident Rpt Mgr	0061 29451 2300 ext. 202

## DIVE ACCIDENT MANAGEMENT FLOW CHART FOR FIJI



## DIVE EMERGENCY TELEPHONE NUMBERS

Colonial War Memorial Hospital - 24 hrs

Tel: 331 3444

Emergency Rotating Mobile Numbers for  
CWM Hyperbaric Doctors

Tel: 903 4093 or 992 4056



# Forewarned is forearmed

by Heidi Williams | Illustrations by James Keiaho

The magnificent waters of Fiji are blessed with stunning coral reefs that are teeming with species for ocean lovers to explore. From 99.9% of your swims/snorkels/dives you will take only photos and happy memories away with you. Occasionally however, you may find yourself a little too close to an otherwise docile marine critter who may decide to launch a defensive attack, in which case, you might take a little wound away with you too! The following is information about some of the potentially dangerous critters most commonly found in the waters around Fiji, how to avoid annoying them, and how to treat any injury they may inflict. Some unlucky souls can have the misfortune of being highly allergic to the toxins that some of these wounds will contain, and reactions can be severe and sometimes life threatening, so it is always a good idea to carry a shot of epinephrine (adrenaline) and an oral antihistamine onboard.



**FIRE CORAL** is easily identifiable by its tan, mustard or brown color and finger-like columns with whitish tips that are covered by fine, hair-like spikes. Contact with Fire coral causes a burning sensation that lasts for several minutes and may produce red welts on the skin. But as we all take such great care while swimming near the reef, and of course, we NEVER touch the reef, we should all be fine! | **TREATMENT:** *Do not rub the area, as you will spread the stinging particles. Cortisone cream can reduce the inflammation, and antihistamine cream is good for killing the pain. A doctor should treat serious stings*

**SEA SNAKES** - Three species of sea snakes reside along Fiji's rugged coastlines, where they come to the shore to rest. The highly venomous black and white banded sea snakes are often found along Fiji's shores or in lagoons. They are usually docile and will not attack people unless they are severely provoked. Their venom is 20 times stronger than any land snake, and while it has been reported that much larger specimens could possibly inflict a bite, generally their little mouths are too small to open wide enough for even your pinky finger – not that we are game enough to test that theory. | **TREATMENT:** *If you find your buddy in the predicament of having been nibbled by one of these slithery suckers, use a pressure bandage and immobilize the victim. Try to identify the snake, be prepared to administer CPR, and seek URGENT medical aid.*



**STONEFISH, LIONFISH & SCORPIONFISH** - Stonefish, as well as scorpion fish and lionfish, can inject venom through their dorsal spines (the pointy spikes along their backs). Be careful, as these spines can penetrate booties, wetsuits and gloves, so to avoid injury, simply watch your step, and steer clear of these docile creatures. Do not grab at the reef, even in strong current before having 'wafted' over the rock or dead coral you intend to touch (although we all know you should NEVER touch the reef – right!?!?) as there may be a cunning little stonefish in camouflage.



**TREATMENT:** *Soak the wound in non-scalding hot water (as hot as you can tolerate) as the heat should inactivate some of the venom. Administer pain medication if necessary and treat the wound with an antiseptic cream. Allergic victims who experience more serious problems such as convulsions or cardio respiratory failure should be transported to a hospital immediately. There is an antivenom available to help manage the sting of the dreaded stonefish. A scorpionfish sting can take months to heal and therefore should be attended to by a*

*medical professional.*

**MORAY EEL** - Have you ever wondered what on earth the characters 'Flotsum' and 'Jetsom' from the popular Disney cartoon 'The Little Mermaid' were supposed to be? Well, they were good old crevice loving Moray Eels! Distinguished by their long, thick, snake-like bodies and tapered heads, moray eels come in a variety of colors and patterns. Don't feed them or put your hand in any dark holes along the reef – eels have the unfortunate combination of sharp teeth and poor eyesight and will bite if they feel threatened! **Treatment:** *If you're bitten, don't try to pull your hand away suddenly – the teeth slant backwards and are extraordinarily sharp. Let the eel release your hand and then surface slowly. Treat with antiseptics. Check your tetanus status (you never know who's grotty little hand he bit before you!) and if the wound gets red and angry looking, go visit a doctor as anti-biotics may be required.*



**CONE SHELLS** - NEVER touch or pick up cone shells, no matter how pretty they are. The little critter inside some of beautifully patterned shell can deliver a venomous sting that will cause numbness and can be followed by muscular paralysis or even respiratory paralysis and heart failure. Tricky little thing! | **TREATMENT:** *Immobilize the victim, apply a pressure bandage, be prepared to use CPR, and seek urgent medical aid.*

**JELLYFISH** sting by releasing stinging cells contained in their trailing tentacles. Stings are often just irritating, not too painful, but should be treated immediately with vinegar (as a general rule, the longer the jellyfish tentacles, the more painful the sting). Although only occasionally encountered, the 'Blue Bottle', also known as the 'Portuguese man-o-war' can be found in the waters of Fiji and washed up along the beach just before Christmas. This beautiful blue bubble likes to blend in with the blue of the ocean and bob along at the surface. Trailing along behind are very long (up to 10 meters!) tentacles that sting. Sting symptoms range from a mild itch to intense pain, blistering, skin discoloration, shock, breathing difficulties and even unconsciousness. They are able to sting even when lying dead on the beach, so watch where you step if strolling along barefoot! **TREATMENT:** *Remove the tentacles with anything but your bare hands - preferably with tweezers. Do not rub the skin (even after tentacles have been removed) as more poison will be released. Rinse the area with sea water and place in hot water.*



**CROWN-OF-THORNS** - This large sea star may have up to 23 arms, although 13 to 18 are more commonly observed. Body coloration can be blue, green or grayish with the spines tinted red or orange. The spines are venomous and can deliver a painful sting even if the animal has been dead for two or three days. Also beware the toxic pincers between the spines, which can also cause severe pain upon contact. | **TREATMENT:** *To treat stings, remove any loose spines, soak stung area in non-scalding hot vinegar or water for 30 to 90 minutes and seek medical aid. Neglected wounds may produce serious injury. If you've been stung before, your reaction to another sting may be worse than the first.*

**SEA URCHIN** - There are a variety of sea urchins in Fiji. The type divers should especially avoid is the venomous spiny urchin. These are generally black and white or all black and have very long, brittle spines. The spines are the urchin's most dangerous weapon, easily able to penetrate neoprene wetsuits, booties and gloves. Puncture wounds immediately cause throbbing pain. **TREATMENT:** *Carefully remove any visible spines – but since the spines may break off in the flesh, the wound should be monitored for infection. Treat minor punctures by soaking the wound in non-scalding hot water (as hot as you can tolerate) until the pain subsides. If the wound shows signs of infection, or for more serious injuries, seek medical attention.*



**TRIGGERFISH:** The 'Titan' triggerfish will usually swim along minding its own business, however, when building or guarding an egg nest, they can be extremely territorial and quite aggressive. If you get too close to the nest, you may get a warning nip! A good warning sign for an imminent attack is the fish going on its side readying itself for the charge. Get your snorkel, dive gauge or something else pokey ready to wave in self-defense, and fin out of its space backwards watching the fish as you do. Be careful as Triggerfish normally hit you once and then do a loop to come back at you again.

**TREATMENT:** *If you do receive a nip from one of our toothy friends, scrub the cut clean with soap and water, and then flush the wound with large amounts of water. Apply antiseptic cream. If the wound shows any sign of infection, seek medical assistance.*

**STINGRAY** - The pain from a stingray wound can be excruciating, most wounds involve the feet and legs as ocean lovers wade barefoot in the shallows. Stingrays submerge themselves in the sand of the shallows and it is easy to accidentally tread on one who is just chillin' out, minding its own business. It's a good idea to shuffle your feet when wading along sandy shorelines to avoid such an encounter. A stingray does its damage by lashing upward in defense with its 'tail', which carries up to four sharp, sword like stingers. The stingers are venomous so the injury inflicted can be both deep and injected with venom.

**TREATMENT:** *Rinse the wound with clean water and immerse in non-scalding hot water (as hot as you can tolerate) for 30 to 90 minutes. Extract any visible piece of stinger and scrub the wound with soap and water. Administer pain medication (ask the stingray if he would like some too, as your foot stomping on his head may have given him a nasty headache!), apply a dressing and seek medical help. ■*







Drina Thurston photo

**S**avusavu is an international port of entry into Fiji. Welcoming over 200 overseas yachts annually, this bustling yacht focused town which is nestled along the coastline of Southern Vanua Levu, is home to not one, but three marinas. The town is usually the first port of call for people sailing from Tonga and Samoa. Savusavu town provides most things a

cruising yacht needs, from fuel, water and groceries, to banking, marine chandlery, general hardware, and electrical supplies. As such, the harbour is bustling with coming and going yachts.

Many use Savusavu as a base for exploring the less 'touristy' North and often settle in to the protected Nakama Creek for the duration of cyclone season.

The Savusavu Yacht Club (located within the Copra Shed Marina) hosts various sailing regattas throughout the year including Optimist sailing events for the kids and some Laser sailing. Merlin Trailer Sailers are also greatly enjoyed by some of the yacht club members.

For provisioning, Savusavu Farmers Market is located in the middle of Savusavu town, next to the bus centre. A colourful array of seasonal fruit and vegetables leads to an area dedicated to freshly caught seafood. You can also stock up on your kava supplies ready to present a sevusevu to your next destination. The markets are open from Monday to Saturday – but Saturday is by far the best day to shop!



Drina Thurston photo

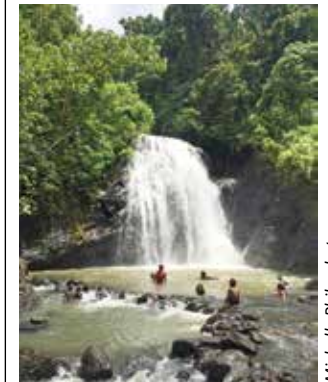
## Things to See & Do in Savusavu



Drina Thurston photo

### Vuadomo Waterfall

Visit the Vuadomo waterfall at Vuadomo village. About a 20 minute bus ride from Savusavu Town towards Labasa. There is an small entry fee to pay at the village before accessing the waterfall. It is a left hand turn down towards the sea.



Michelle Philp photo



### J Hunter Pearls Tour

As you cruise into Nakama Creek, you will notice lines of buoys and ropes. Below the surface, thousands of stunning pearls are growing happily in their oyster shells. Take the J. Hunter Pearls tour. Your tour guide will give you a sneak peak at the pearl farming process and afterward, you are invited to take a look at the polished and set finished products in the dazzling collection, beautifully displayed in the J. Hunter showroom.

T: 885 0821

**Daku Resort** offers a wide choice of things to do throughout the year. The resort is located about a mile from the harbour - an easy 25 min walk or a F\$4 cab ride which takes 5 minutes. Non Residents are welcome to join in, but must must pay for and participate in the whole course of your choice. The following are just a few. Go to [www.dakuresort.com](http://www.dakuresort.com) and find something that you've always wanted to have a go at. **NO SKILLS REQUIRED!!**



### Drawing & Watercolours

with John Haycraft

**May 27 – June 3, 2017**

John takes his students out and about to see and capture scenes from the magnificent Fijian landscape of the northern island of Vanua Levu.

### Yin Yang Yoga Retreat

with Erika Josa

**June 3 – 10, 2017**

Students will be exposed to a wide variety of yoga styles with Erika's guidance and help. Twice daily practices of 1½ hours; for all levels.



### Gospel Accapella

Tony Backhouse

**July 29 – Aug 5, 2017**

A week singing with Tony will live in your heart for ever. It is one of pure joy as you plunge into the uplifting world of accapella gospel singing.

### Travel Sketching

with Tony McNeight  
of ErinHillSketching

**Sept 2 – 9, 2017**

Tony shows you what to look for on holiday and how to achieve the skill of quick sketching using a black pen and a dash of colour.







## Navigation Cautions for Entering Savusavu

- ◆ The Point Passage light lies on the INSIDE of the reef, about 50 meters east of the actual end of the reef. Chart legends show it as being a lighthouse, in truth it is more on the lines of a light standard sticking up on the reef. It is mostly, but not always, lit.
- ◆ The rocks on the west side of Point Passage only break with a West to Southwest swell. In other words, although the reef passage is almost a

nautical mile wide, there is such a thing as too much caution in leaving a wide berth to the light.

- ◆ As you approach Savusavu from the Point Passage light, you cannot see Savusavu, but you will see the Copra Mill in Balaga Bay, which lies to the North-East of Savusavu. Although it's a nice, quiet anchorage to visit (so long as the wind is not from the west), it IS NOT Savusavu!
- ◆ There is a mooring for the bows of the inter-island ferries west of the Main Dock. If there is a ferry at the dock, it is probable that there is a line between the mooring buoy and the ferry.
- ◆ There is a channel marker as you enter Nakama Creek that you should leave to your port side. An avoidance waypoint, as determined by S/V Jill Diane is 16° 46.659'S 179° 19.796'E. This reference is provided for your convenience and is to be used at your own risk.

*Drina Thurston photo*



*Drina Thurston photo*



*Tim Eden photo*

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[coprashed@connect.com.fj](mailto:coprashed@connect.com.fj)  
[www.coprashed.com.fj](http://www.coprashed.com.fj)  
 VHF Channel 16

16° 46.7 South | 179° 20.0 East



## Services & Facilities at a Glance



The old Copra Shed Marina that was built in the 19th century, is a major landmark in Savusavu. Renovated in recent years it now houses the Savusavu Yacht Club. Historical photographs depicting the 'Sheds' past adorn the walls of the building.

### Facts & Figures

The Copra Shed Marina has 8 stern-to-wharf berths for vessels up to 20 metres. Water and electricity are available at these berths. Seventeen moorings are available for vessels of varying sizes. The Copra Shed Marina also has a new floating dock berth facility for thirty vessels of up to 20 metres.

### Safety

The Nakama Creek is well sheltered from strong weather.



Tim Eden Photo

### Visitor Attractions

**The Captains Café** – specializing in some seriously good pizza but also catering for other international tastes.

**The Captains Table** is located on the waterfront of the marina and offers a wonderful wine and dine experience.

The Copra Shed is also home to the **Savusavu Yacht Club Bar** that provides delicious cold draft beer and a fine selection of wines and spirits. Overseas visitors can become temporary members of the club upon payment of a small fee.

**The Art Gallery** offers creative works of local artists, souvenirs and some beautiful jewellery if you need to pick up a nice gift for someone special.

### Services & Facilities

The Copra Shed Marina will arrange for Boarder Control agents to board and clear your yacht. Repair and maintenance services such as sail repair, refrigeration and electrical works can be arranged upon request.

Jerry cans can be filled with water at the dinghy pontoon while water in large quantities is available at a designated dock for FJ\$5 a fill.

Any mail you have sent to the Copra Shed mailbox can be collected from the marina office. Wi Fi internet is also available.

### Accommodation

The Copra Shed Marina has three lovely rooms that are available to rent on a nightly or weekly basis. ■



Drina Thurston photo



Drina Thurston photo





## SERVICE

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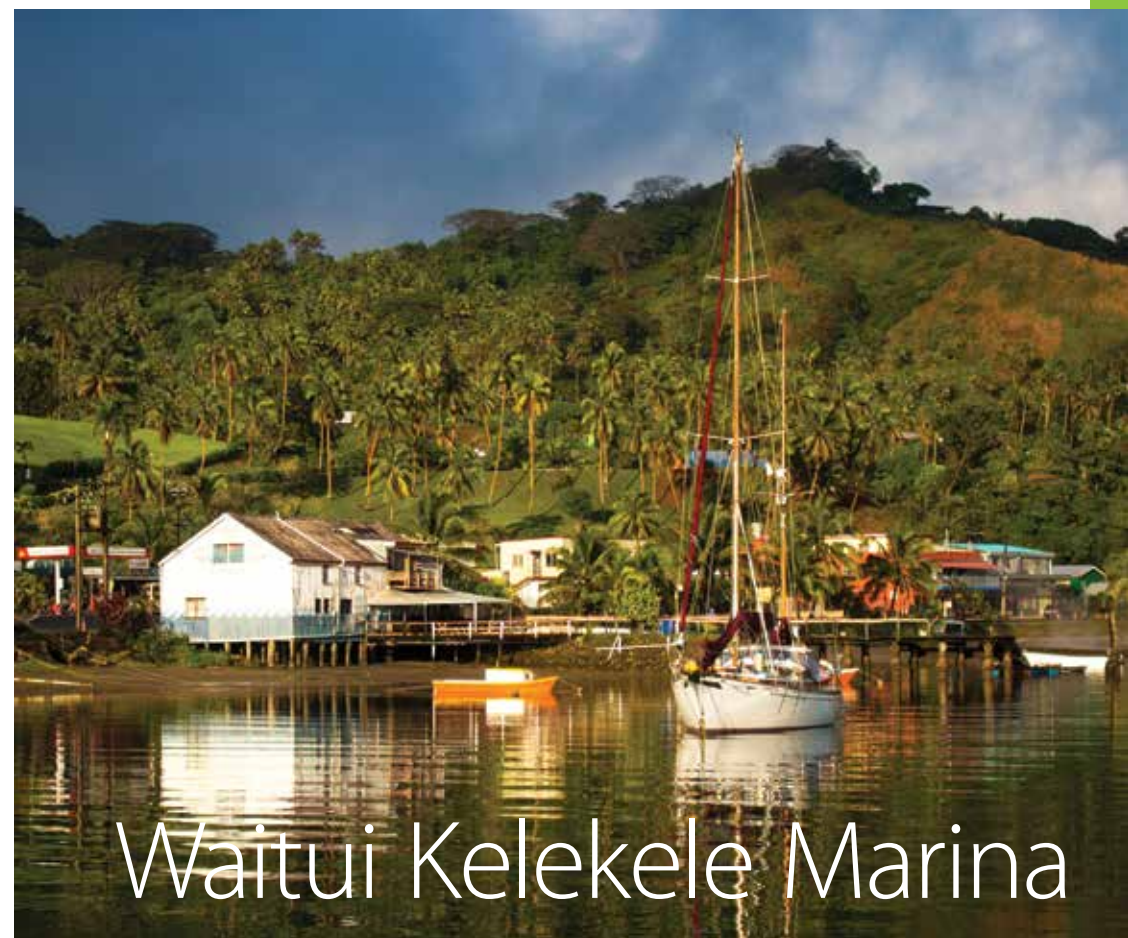
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DENARAU 675 0371 • LAUTOKA 666 9993  
BA 667 4406 • LABASA 881 1688

## Savusavu Marina & Boatyard

PO Box 186, Savusavu, Fiji Islands  
T: +679 8853 543 | F: +679 8853 422  
E: savumari@connect.com.fj  
kilowen@connect.com.fj  
VHF Channel 16

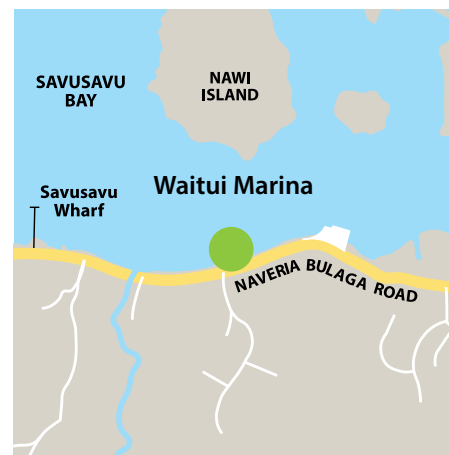
At the far end of Namaka Creek, you will find another Marina. Popular with Catamaran owners. There are 8 alongside berths and 20 cyclone moorings - each comprising 3 helix anchors for extra strength. It is advisable to book early to secure a cyclone mooring for cyclone season.

Here you will find power and water on the marina dock plus showers and toilets at the office building. Just behind here is Robo Engineering's fully equipped workshop. Catamaran haul outs can be done, just ask for Curly Carswell. ■



## Waitui Kelekele Marina

Photo: Jim Faulkner SV Hotspur



PO Box 465, Savusavu, Fiji  
T: +679 885 3057 | AH: +679 835 3913  
waituimarinafiji@gmail.com  
VHF Channel 16

16° 46' 44" South | 179° 19' 51" East



## Services &amp; Facilities at a Glance

Anchor  
Permission

Bar



Bus Route

Customs  
ClearanceFuel  
StationLaundry  
Facilities

Restaurant

Waste  
ContainerWater  
Supply

The unassuming Waitui Kelekele Marina adds a quaint charm to the Savusavu foreshore and swing moorings are popular during season.

You can call on VHF Channel 16 or after hours on telephone number 835 3913 and dock staff will meet you and guide you to your mooring.

### Safety

All of the moorings have 3 meters of 19mm studded ship's chain to prevent the line from chafing on the bottom. These moorings are inspected twice annually with a hard copy mooring report available for viewing.

### Facts & Figures

Waitui Kelekele Marina has 24 Helix Moorings, 12 of which are available during cyclone season.

### Services & Facilities

The marina will arrange for relevant clearing officials to visit your vessel, and also bring them over - a service that is completely free so long as you are going to stay on one of the Waitui moorings. They offer free watering, free dinghy dock usage, rubbish and garbage disposal, and free use of main dock for fueling or watering (up to six hours). A very handy service also provided here, is the use of a chest freezer during the day in which to store your provisions. This will save you many trips back and

forth to your yacht from the town each time you realize your arms are full! There is a great laundry service at the front of the building that offers a hot water wash and ironing services. The **Waitui Club** offers a full range of wines, beer, cocktails and soft drinks are available in a relaxed environment where you can socialize with other yachties and locals.

### Provisions

Within the building facing the main road is 'Fiji Meats'. They supply fine quality fresh beef, pork, lamb, as well as sausages and chickens. They can also place special orders for turkey. You can order in advance and in large quantities. If ordering beef, its always a good idea to request 'aged' beef. There is also an authorised DHL agent located here. Dotted along the main street of Savusavu town you will find many well stocked grocery stores, a bottle shop and deli and a bustling market to replenish your supplies.

### Transport

Taxi's swarm the town and flagging one down from outside either marina, or anywhere in the town is easy. The main bus station in the town centre sees buses leaving regularly for places as far afield as Labasa, Nabouwalu, Buca Bay and even (inclusive of a ferry ride of course) over to Taveuni. ■



Tim Eden photo



## Village Conservation at its Best

by Gill Walton  
*Crew S/V Romano*

Whilst waiting for our cruising permit to materialise in Savusavu and anxious to use the time to see a little of Vanua Levu we, by sheer chance and good fortune, heard of a village in Natewa Bay, which is involved in a conservation initiative under the Birdlife International Fiji Programme (more latterly supported by the UNDP) for the protection of forests, home to a variety of indigenous birds in the Peninsula.

The villagers welcome guests to stay for a nominal cost in their community and offer a unique opportunity to experience this important eco project and life

in a tiny unspoilt and remote village, at the same time giving support to their aims.

The inhabitants of Naqaravutu, along with adjoining villages, have bravely agreed to take part in this important project and during the ten year tenure will

*Above: A small example of the coral reef just off the village.*

*Below: The magnificent Raintree - the village meeting place*







forego logging to encourage the increase of bird life, in particular, the endangered *Sisi* (Silkbird) not found anywhere else in the world. In addition, they have made fishing on a part of the reef *tabu*. The results after three years are already amazing; the forest and its birdlife are recovering from previous over-exploitation and the reef is stunning, having one of the best examples of beautiful coral we have seen during our travels in the South Pacific.

The villagers are undertaking a number of new initiatives - bee keeping, bakery, bird watching, pig rearing, planting of new trees (such as Sandalwood) for a future cash crop, and much more. All are involved in one way or another in the projects.

They have agreed to open themselves up to the outside world and welcome a small number of guests into their community so that we can



*A bath and shampoo in the river - crystal clear but so cold!*



*Top Left: Sunday in the local church. Above: A Kava tasting evening in our accommodation. Left: Preparing the Kava.*

appreciate for ourselves what is being done and also enjoy the experience of being welcomed into a genuine Fijian village, no frills or luxury, but an incredible and unforgettable warm hospitality. The ladies take it in turns to cater every meal, the caretaker of the house and guests cannot do enough for you, even bringing bowls of fruit salad to the beach after our extended snorkelling swim over the reef and the young, enthusiastic manager of the project and his delightful wife keep you busy and involved. We joined the village in their kava celebrations, fund raising and church attendances. We talked to the adults about their work and roles and to the lively and interested children and we enjoyed everything this tiny community had to offer.

The three hour bus ride to the village was a joy in itself as we set off into the unknown but within minutes we had friends on all sides and no shortage of chitchat to hasten the journey. Without doubt, this was one of the highlights of our visit to Fiji. Would we go back? Yes, without hesitation.

This is an experience not to be missed and we feel we have had the privilege of a brief glimpse into the real Fiji. ■

*For further information & brochures contact the Waitui Kelekele Marina in Savusavu or email Petero (the Co-ordinator of the project) on [peteqaloibau@gmail.com](mailto:peteqaloibau@gmail.com)*

*Cruising in the Fiji Group with Captain Carol Dunlop*

## CRUISING TAVEUNI, VANUA LEVU KIOA, RABI & THE RINGGOLDS



*Nasau Bay, Vanua Levu © Carol Dunlop*



Taveuni is famous for its spectacular waterfalls, varied bird watching, and world-class dive sites. Here you will need a dive guide as the correct tide and current is essential to see the 'Rainbow Reef' and the white coral flowers open on the sheer 'Great White Wall'. Good anchorage areas close to the Rainbow Reef dive sites are Viani and Vatudamu bays.

Buca Bay on mainland Vanua Levu also offers a very good anchorage in bad weather with good holding ground and is also a great spot for a seaplane to land when transporting guests to and from your vessel.

While in the area, you should spend some time exploring. Be sure to include a visit to the two islands in Fiji that are populated by displaced South Sea Islanders, namely Rabi and Kioa.





Taveuni © National Trust of Fiji

Kioa is an outlier to Vanua Levu. Situated opposite Buca Bay. It is a freehold island purchased by settlers from Tuvalu, who arrived between 1947 and 1983. Their skill in fishing is as legendary as their artisans and handcrafts.

To the south of Kioa is 'Sau Eco Resort' run by locals Nigel and Carol Douglas; the anchorage is nice and Nigel is the best guide for diving this area. He has piloted and led dives on many visiting super-yachts. However, please do get permission to land from the owners. They are a wealth of information on anything in these northern islands.

To the East at Waiyevo on the island of Taveuni you can find basic stores and provisions.

Anchor well south of Korolevu Island to avoid the bombies and tender ashore. Fresh provisions can also be sought in the area.

The Bouma Heritage National Park Falls or Tavoro waterfalls are a worthwhile visit on Taveuni or trek the Vidawa rainforest trail. Lavena coastal walk is also a great excursion as is a visit to Civa Pearl Farm at Vurevure Bay on the east side. These places can be accessed from Matei via road in a taxi or truck – or tender into Navakocoa and take a truck ride from there.

The Waitavala water slide which is a great hit with kids and adults is accessed from Waiyevo.



Sailing on to Rabi (Rambi) you can meet the inhabitants who are displaced Banabans from Ocean Island, in Micronesia. Phosphate mining devastated Ocean Island, so the British bought Rabi for resettlement. Though Fiji citizens since 1945, they still speak in their native tongue - Gilbertese, and their lifestyle preserves age-old traditions. Their dancing is very unlike Fijian dancing; more Polynesian in style and very stimulating!

The islands of Matagi (Matangi) and Qamea (Gow-mear) located to the east of Taveuni also boast some excellent anchorages. Matagi is owned by Noel and Flo Douglas who have hosted lovo's and meke's for numerous Superyachts over the years. This is a charming boutique resort with lovely beaches and great diving. A very good anchorage can be found to the south of the island. As this is a private island you do need to ask permission to land and any arrangements should be made with the resort beforehand. If they are really busy they will not be able to accommodate anything more than a possible dinner ashore.

Laucala Island, to the east of Matagi, is home to a private 7-star resort often frequented

Left: Waitatavi Beach near Viani Bay  
© Nigel Douglas



Sau Eco Resort © Carol Dunlop



Catholic Church in Rabi © Carol Dunlop



Matagi Island Anchorage © Carol Dunlop

by the affluent and famous. It is considered one of the world's most exclusive private retreats. Previously owned by Malcolm Forbes the present owner heads the Red Bull energy drink company.

The island is magnificent to say the least and the facilities amazing. Anchoring in front of the resort or the beaches is strictly not permitted but Superyachts that wish to check their guests into the resort

and have made arrangements may anchor off to the side in protected waters.

The Ringgold Islands are to the North of Matagi Island; the pass is deep and wide into the area. Your sevusevu can be presented to Yanuca (Yanutha) village.

Be sure to visit the Cikobia (Thikombia) Crater, and the deserted Raranitingga island is also worth a lunch stop. The anchorage to the NW is very deep.



Rabi Island © Carol Dunlop

# Moor Services

No matter where you drop anchor in Fiji you can be sure we've got all your air transfer services covered.

- Seaplane, airplane and twin-engine helicopter transfers of passengers and/or provisions to all of the Fiji Islands including the Lau Group.
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## Cruising in the Fiji Group with Captain Carol Dunlop

# A Trusted Local Guide

Since the launch of the Yacht Partners Fiji team in 2008, we have worked very successfully with Nigel Douglas who, alongside his wife Carol, operates from the lovely Sau Eco Resort on the eastern side of Vanua Levu assisting all our Superyachts as they pass through the area.

Closely related to our partner Uri at YPF, Nigel is called on exclusively to assist our boats as a local guide in more remote areas.

Being totally fluent in Fijian and having a broad understanding of Fijian culture, Nigel is able to make any remote cruise a truly special event and has proved to be a highly regarded associate for both owners and captains.



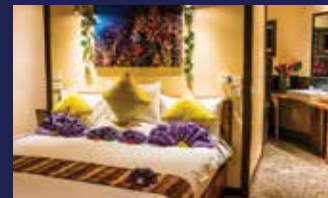
Having been a very knowledgeable captain himself, Nigel is an excellent diver, a helpful instructor to owners and crew members, and has a huge wealth of knowledge that also extends to Fijian flora and fauna. Even when his services aren't utilized Nigel acts as a great hand with a chamois or in assisting the crew.

Nigel's services have even taken him as far as Tonga, the Solomons and beyond, being able to effortlessly build lasting relationships and becoming a trusted friend to many owners and crew. Contact Yacht Partners for references.

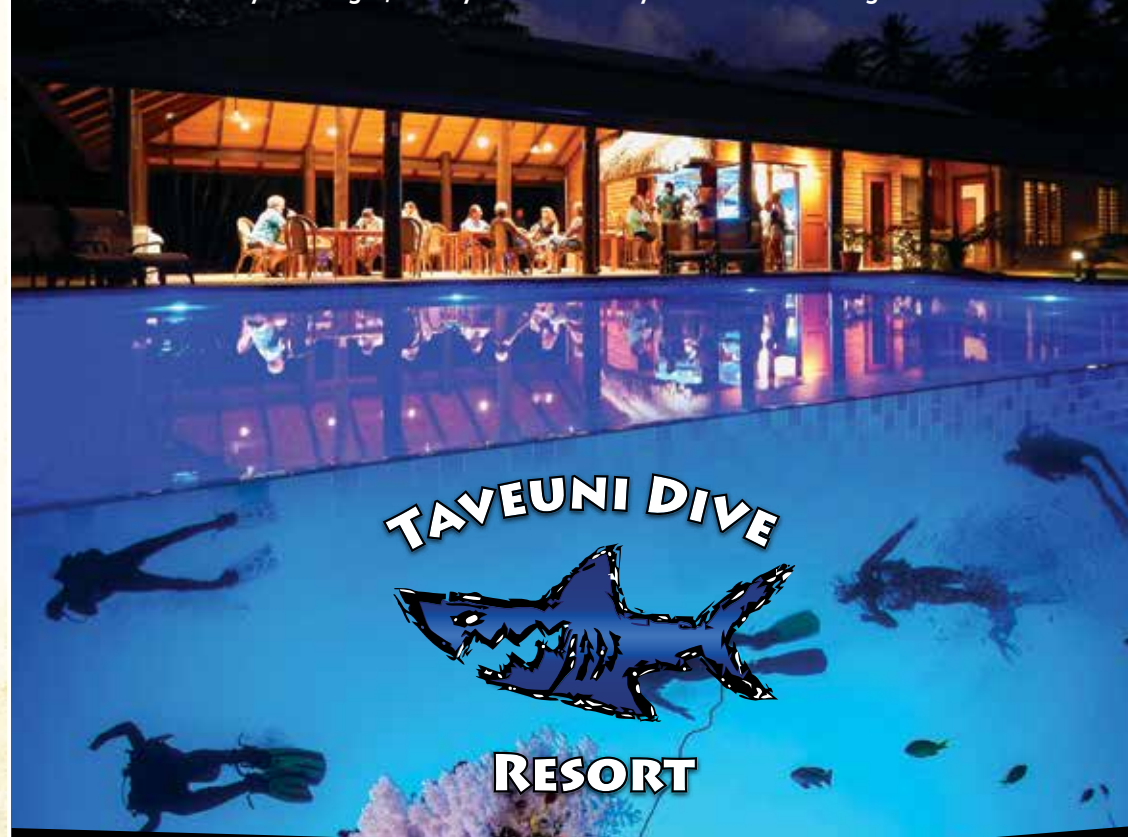
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# Sail Away With Me

## What will be will be

The sunshine reflects a sparkling aquamarine effervescence off the sea surface as we motor our tender out to Looping in Vacala Bay with luxuriant coral bombies reflecting yellows, greens and purples up through the shallows.

The sea is calm and the wind is blowing a gentle 15-18kts as we load our lovely family from Seattle onboard Looping and get them settled in for their weeklong adventure to come.

After a warm greeting from our lovely first mate and gourmet chef Helena and a brief overview of the ships systems, we head off to the Ringhold atoll for a day of fishing and the beginning of their sailing holiday of a lifetime.

Our guests have brought their own extremely well organized packet of lures so we know they will be in for a treat as the fishing has been spectacular. We sail the 12 Nm to

the bottom of the atoll on a lovely beam reach with homemade pastries and coffee for all.

The smiles are beginning to widen as the Albrecht family settle into life onboard. Looping is sailing just 10's of meters off the atoll that comes up from 600 meters to the surface in just this short distance.

We spot the yellowfin tuna running along the reef and the seabirds picking off the baitfish they have scared up from the depths.

BOOM! Our first and second tuna of the day arrive on our lines simultaneously. By the time we have landed #2 a great pull asserts itself on the lure we have just thrown back into the sea on line #1. The rod bends and JP's face beams with exertion and a tiny bit of trepidation. We sail along as slowly as possible and yellow, blue and silver rainbows reflect off the massive Tuna's body like a



neon light show as he gets dragged up towards the surface. He pulls along the sides of the boat trying to toss the lure but JP is steadfast.

We finally get this 40-50kg beast onboard and the smiles abound! We know the village on Yanuca Island will be eating well tonight, not to mention the pan seared tuna feast that will be enjoyed onboard LOOPING this evening.

After lunch we land two more tunas, a coral trout and a rainbow runner and have a lovely sail circumnavigating the atoll. We anchor in one of our favorite spots just outside the reef surrounding Yanuca Island inside the atoll, on a sandy bottom in 20 feet of water.

World class snorkelling is just 30 meters from the boat and our guests spend a good solid few hours exploring this spectacular reef.

As happy hour approaches we set the outdoor dining area up for the evening's festivities. Our guests are really getting into the swing of things after their hot showers and a nice cold drink on the aft deck have worked their magic.

Sunset approaches with all the glory of another tropical day in Paradise coming to an end. The



homemade dips and breadsticks fresh from the oven arrive just in time to accompany the sun kissing the waters to the west, ending another perfect day in Fiji's Fabulous Far North.

Laughter and conversation continue from the aft deck as the music and atmosphere add to the wonderful ambiance onboard. Our first course arrives as a curtain of stars begins to brighten. Everyone has worked up an appetite from the sun and swimming, not to mention catching all that TUNA!

Our house wines are going down nicely and the main of pan seared floured tuna in a dill based butter sauce over mash and local vegetables gets a round of applause from our new crew. They have no idea the pleasures that await them in the form of an ethereal chocolate mousse for desert. Needless to say the chef has put out another world class meal in one of the most remote anchorages on earth.

After dinner, the crew moves to the forward nets to begin some serious stargazing in earnest. The stargazing playlist goes onto the HiFi, pillows litter the nets and everyone gets comfortable. With no light pollution to dim their brilliance the heavens light up like daytime. The milky way is visible as a road across the heavens and the stars put on a light show to remember.

The best part of the evening is mother nature's fireworks display, the shooting stars dashing their way across the heavens with the milky way as the backdrop. Our guests are not sure how anything can top this day, but we assure them that this is only just the beginning and the best is yet to come... ■

For a Sailing Holiday like no other, check out:  
[www.sailfarnorthfiji.com](http://www.sailfarnorthfiji.com)







# Come Fly With Me

Let's fly, lets fly away.

The view from the breakfast bar of the bay, the islands in the distance and the whitecaps forming out at sea, have all gotten the anticipation butterflies aflutter for the first day of Kiting from Vacala Bay Resort. Fresh brewed coffee, homemade pastries, omelets and Island Fruit from the resort's gardens will provide plenty of energy for the full-on day of Kiting to come.



After breakfast, we head down to Fiji's best Kite beach to set up our gear and learn all about the kiting haven where we will be spending the next 10 days. The wide-open sandbar makes for a perfect launching area and a very safe place to land and rig/derig kites. Trees form a windbreak in front of the rigging area and just a few steps off the sandbar the wind is blowing a steady 20 knots.

The safety briefing follows before the kites are launched and our IKO certified instructor and gracious host points out all the best places for flat water behind the reef, waves and kickers outside the reef and also mentions that we can stand everywhere in the lagoon with a sandy bottom and no corals to worry about. Pretty much every kiter's dream come true!

The shallow water and short fetch to the reef keeps the water butter smooth for learning of any kind. Having the instructor standing next to us as we learn that new trick, makes things so much easier. Not to mention the clean up after a yard sale has none of the stress or normal drama as you can stand up and collect your gear and your self-esteem in

peace, without chasing down floating boards and gulping water all the way!

To say our kiting area is everything a dream kite destination should be is not an exaggeration of even the smallest magnitude. There is a reason Cabrihna team riders Alberto Rhondina and Dan Sweeney both thoroughly enjoyed their time on Taveuni! The days kiting under sunny skies and puffy white clouds drifting by overhead is nothing short of marvelous.

As happy hour approaches we pack up our gear and head back to our private villa for an evening of pampering and culinary abandon. A massage on the lower deck primes the taste buds for a glass of bubbly and we all converge on the fire pit for a few bowls of Kava and a serenade by the band boys as the sunsets over Vacala Bay.

Horde ours, followed by a 3 course candlelit dinner under the stars are what kiting holiday dreams are made of. The Linn Hifi takes over after the band boys wander home in the dark and the Milky way sets itself up as the main attraction. The days exertions and a completely satisfied palate combine to lure me into my luxurious master suite under another sky full of fiber optic stars.



As I head off to sleep, visions of sailing to a deserted atoll to kite from the resort's 45' catamaran LOOPING dance through my mind. The turquoise water glimmering under my board with the reef to windward to block even the tiniest of chop and vibration as my board slices through the butter smooth surface and I bound into the air with an explosive pop....tomorrow can't come soon enough! ■

For a Kiting Holiday like no other, check out:

[www.kitingfiji.com](http://www.kitingfiji.com)





# Navigating Whale & Dolphin Encounters in Fiji



The Pacific Islands region is important for a great number of cetaceans (whales and dolphins), whether as a permanent habitat, a breeding ground or a migration corridor. Currently, more than thirty species of whales and dolphins have been identified in this area, and in Fiji alone we have 15 confirmed species of whales and dolphins.

Humpback whales are seen migrating through our waters, as they travel to Tonga to breed and calve after feeding in Antarctica. There are large groups of pilot whales that inhabit our waters, and false killer whales that seem to come through annually singing loudly as they do!

Of course we also have the odd individual that you may encounter, minke and sperm whales being the most common. Cetaceans may be disturbed by the presence of people, vessels or aircrafts.

Therefore it is our responsibility to minimize the disturbance caused by our presence. Towards that goal, the collaborative efforts of SPREP, Cetacea, IFAW, and FFEM have produced some regional best practice guidelines.

## Whale and dolphin watching activities can potentially cause long-term disturbance to cetacean populations, which include:

- Disruption of behavior (e.g. feeding, nursing, mating, migrating);
- Displacement from important habitat areas (e.g. resting, feeding, breeding and calving areas);
- Long term stress;
- Injury;
- Reduced breeding success;
- Increased mortality.

**Changes in the behavior of whales and dolphins need to be recognized and acknowledged as such, so that animals can be left undisturbed.**

## The following behaviors may indicate that a whale or dolphin is affected by our presence:

- Changes in swimming speed or direction (to avoid boat);
- Changes in breathing / diving patterns;
- Stopping or changing activity patterns (e.g. vocalizing, feeding, nursing, socializing);
- Changes in group size and cohesion; changes in acoustic behavior and surface behaviors such as peduncle tail throws and trumpet blows.

**Populations, and individual cetaceans may react differently depending on the species, their age, sex, and if accompanied by a calf. NEVER get between a mother and her calf. Do not encircle animals and always leave them an 'escape' route.**

## Persons shall always:

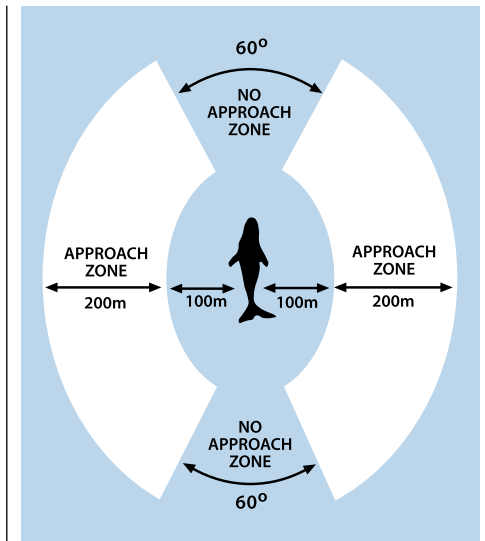
- Operate vessels so as not to disrupt the normal movement or behavior of whales and dolphins;
- Stop any interactions with a cetacean at any sign of the animal becoming disturbed or alarmed;
- Allow cetaceans to determine the nature and duration of interactions.

## Therefore, the following recommendations need to be considered:

- Do not touch a cetacean;
- Do not feed a cetacean;
- Do not make any loud or sudden noises;
- Do not make sudden or repeated changes in direction or speed;
- Dedicated observers should be on duty in addition to the captain of the vessel;
- Do not place a vessel up wind of, or in a position where it will drift into, the no-approach zone (see diagram next page).

## When vessels are within the caution zone of whales or dolphins:

- Approach cetaceans slowly and cautiously;
- Observe cetaceans at a speed not exceeding the speed of the animals;
- No more than 3 vessels should be in the caution zone of a whale or dolphin at a time. Coordinate approaches into the viewing zone with other vessels to avoid "trapping" whales or dolphins;
- Leave boat engine on and in idle when watching cetaceans;
- Do not disperse or separate a group of cetaceans;
- A vessel should not chase, encircle, block the direction of travel of cetaceans, or position itself in the middle of a pod;



**CAUTION ZONE:** The caution zone is the area within 100m – 300m from a whale and 50m – 300m from a dolphin.

- If cetaceans approach a vessel, slow down gradually and put engines in idle;
- If cetaceans approach a vessel to bow-ride, maintain a slow and steady speed and avoid sudden changes in course;
- When departing from watching cetaceans, determine where the animals are relative to the vessel to avoid collisions or coming too close to the animals, and increase speed gradually while exiting the caution zone.

The most appropriate method for approaching a whale or a dolphin is from the side and slightly to the rear of the animal. Avoid approaches from head on or directly from behind. ■

*Source: Pacific Islands regional guidelines for whale and dolphin watching. September 2008. SPREP Cetacea, IFAW, and FFEM.*

**Whale strandings are a phenomenon that occur throughout the world for a variety of debated reasons. Here in Fiji we have a trained response team that you can call should you happen upon a whale stranding while cruising our waters. Please call 918 7614 or 336 1122 and be prepared with as much information as you can gather such as your exact location, how many whales, their species (see over for identification guide), and any injury you can see the animal has sustained if any.**



## CRUISING IN THE FIJI GROUP with CAPTAIN CAROL DUNLOP

and Captain Adrian Faulkner of MV MANDALA



## CRUISING THE LAU GROUP

*Fulaga Beach © Nigel Douglas**Weilagilala © Nigel Douglas*

The remote eastern group of islands, the Lau group, have to be one of the best cruising destinations of all time and are certainly one of the highlights in a world cruise!

It used to be more difficult to visit the Lau Group due to restrictive permit requirements, however you will find it easy today as permission to cruise Lau is included in your government

issued permit for the entire area of Fiji Waters.

In Lau you will find absolutely no tourism. It is very much open-ocean sailing between the islands and as such, some of the passages between the islands can be quite bumpy. The bonus however, is that isolated reefs and islands are well-defined, so that night passages between islands are safe for competent navigators. Indeed, one commonly reaches through the night across Force 4-5 trade winds, hearing and even smelling unseen islands to windward, making some superb sailing.

Both Northern and Southern Lau are very remote areas away from any tourist track. There is absolutely no shopping, nightclubs, stores, or resorts! However there is excellent fishing, great diving, rich cultural

experiences and beautiful scenery. The Fijians of this region follow a subsistence lifestyle that is not greatly changed from that of their ancestors. Unlike on the large islands there are few people of other races, and only rarely has land been sold out of indigenous ownership. It is very important that visitors respect the traditions that underlie daily life, as careless or disrespectful behavior can lead to animosity, and damage to the fragile ecosystem. Please keep this in mind while cruising here.

The island life is very simple, and the people are poor in material terms but rich in others. Most villages have a store, but there is little for sale. Fresh fruit and vegetables are hard to find, and villagers are not used to the idea of selling these things that are normally shared freely with friends and family.

Premix petrol (and diesel) is rarely available in the larger villages. While most islands have a telephone at the post office, internet is rarely available.

Vanuabalavu and Lakeba have the only airports in Lau and both are serviced by domestic carrier Fiji Link, with intermittent flights to these islands. There are



airstrips on Cicia and Moala too – again Fiji Link runs a schedule to Cicia while Northern Air services Moala. These flights are subject to change. Charter flights can

land at all these airstrips. Cargo ships, with passengers, visit some islands roughly monthly (in theory), but this is unreliable. Due to this infrequency, the local stores are often in low supply, so do not rely on buying any of your supplies here.

Changeover of guests; provisioning; etc usually rely on Pacific Island Air charter flights with their larger seaplanes covering the more remote areas.

Please observe the sevusevu protocol; you must bring the required yaqona with you as it cannot be purchased easily once in Lau. This means estimating how many villages you will visit during your entire stay! In these remote islands, gifts of basic stores, schoolbooks, pens,

*Delivering school supplies to a village meeting in Fulaga © Carol Dunlop*

## iQoliqoli

While the state ultimately retains ownership of the ocean and her resources, the people of Fiji have been given tenure and the right to fish for subsistence from allocated areas of coral reef referred to as 'i-Qoliqoli'.

All coral reef areas in Fiji are part of an iQoliqoli. Deeper water passages between the islands of Fiji are commonly outside of iQoliqoli areas.

If your yacht is berthed within one of the iQoliqoli jurisdictions (apart from a marina), you will need to present your sevusevu to the village and ask for permission to anchor there.





Pacific Island Air Charter © Nigel Douglas

pencils, paper, and both school and medical supplies are greatly valued.

While in Lau, you must also pay particular attention to observing the iQoliqoli protocols (see below) as they are of fundamental importance and followed more strictly in this area, that retains such a strong link to their tradition and culture.

### Weather

The region is dominated by the SE trade winds, which are usually from Force 3 - and mostly 5. Quite frequently these bring occasional showers. When fronts pass through heavy showers and rain are more frequent, making navigation in lagoons a little tricky. June July and August can be very boisterous sailing.

### How to get there.

Before stopping in Lau, you will first need to report to a Port of Entry. Any boat found to have stopped in Lau before clearing into Fiji is likely to be in serious (and expensive) trouble. Please refer to the WHITE section in the back of this guide that details all the information you will require.

If you are arriving into Fiji from the East perhaps consider entering in Savusavu which is a Port of Entry on the southern coast of Vanua Levu. From here it is only a 40 nm sail to windward

into the lee of Taveuni and thus much closer to Northern Lau.

Visit the fabulous Wailagilala Atoll 40 nm to the East of Matagi Island, its then a beam wind to Vanuabalavu

From Nadi it's a 240 nm mile passage back to Vanuabalavu or from Suva 180 nm against the prevailing winds to get to Northern Lau – however, you will not regret the effort once you arrive!

If you have guests on board that would prefer not to make the windward passage, or your ship is constrained by a time factor, there are daily flights from Nadi to Taveuni or Savusavu, or special charters flights can be arranged on seaplane, helicopter or fixed wing to most areas.

There are small grass airstrips at Lomaloma, on the island of Vanua Balavu, and on Lakeba as mentioned before, but these



Bay of Islands, Vanuabalavu © Carol Dunlop

are not always accessible if the weather is difficult.

The best way to get to Lau is to wait, happily, for the few days of west or north-quadrant winds that comes every week or two, when a front moves through the region, and these will give you a free ride from Suva to Matuku or Fulanga; or from Taveuni to Vanua Balavu (Adrian's yacht, MANDALA averaged near 8 knots on this!).

## Islands with good anchorages

### Vanua Balavu

A long and winding island with uplifted coral in the north, and volcanic landforms in the south. A huge lagoon bounded by a 130-kilometer barrier reef encloses a 37-by-16-kilometer lagoon extending east. One could cruise the area, making use of the many excellent anchorages for seven days or more.

The island has a beautiful harbour that is popular with cruisers at the north end called the Bay of Islands (or Qilaqila in Fijian). This Bay is a recognized hurricane shelter. Although I think Maluca to the south has better good mud holding and is surrounded by mangroves. The Bay of Islands have sharp limestone rocks and a sand bottom so to drag anchor would be nasty!



Bay of Islands, Vanuabalavu © Carol Dunlop

A great calm anchorage can be found in the fjord-like harbour at Nabavatu, it is very secure and can accommodate a few dozen yachts. Here you will find the Bavatu Plantation, which almost completely surrounds the harbour and offers lovely walks and spectacular scenic views including westward over the Bay of Islands. However, only those who are properly introduced either through the owners of Vuda Marina and/or the Copra Shed Marina (Savusavu) may enjoy access to the Plantation and it's scenic walks.

The "Royal Exploring Isles Yacht Squadron" is located on the waters edge on the point of a snug little cove about halfway down the western side. There are several plantation moorings; "lay back or berth" moorings, positioned to secure the plantation owners yachts.

The REIYS is generally only fully accessible when the estate owners are in residence, and even then, it is very relaxed. You are welcome to use the facilities, but please – look after yourself. The lovely folks that own the estate aren't always there to be your hosts.

Cyclone Winston caused great damage last year and the Yacht Club is being re built along with the staff quarters. The leaves are back on the trees and so to all visitors the magical place looks picture perfect.



Qilaqila Pass, Vanua Balavu © Carol Dunlop

### Lakeba

Population is about 2000, in 7 villages spread around the shore, with a road running right around. The island has a very basic shop and a clinic. There is a basic guest-house, but no other facilities for visitors or tourists.

This roughly circular volcanic island, about 6 miles across, is the political centre of Lau, indeed Lakeba, and Bau (on Viti Levu), were the two poles of power in traditional Fiji, and the tombs of several of the great leaders of Fiji are revered on the main village of Tubou's waterfront.

The channel through the reef off Tubou is very narrow (20m wide), is only roughly marked and very challenging.

Leading about half a mile inside the reef, the channel leads to a long jetty and past this to a narrow anchoring basin about 6m deep on sand. With care there could be room for two small cruising yachts, but only using great skill, good anchors and co-operation. The anchorage is calm, but difficult. It is recommended to take a dinghy ride in before entering with the yacht, and to enter only at slack water as currents are strong.

Not really recommended for any

sizable super yacht; the pass is considered very dangerous at times.

The ship can lie off Tubou while the tender can be used to pick up and drop off guests via the dock and then to the small airport on the island (4 nm NW of Tubou). A local carrier can be hired to carry the guests but this is a hard seat truck - no taxis here! Local cargo ships at anchor outside the passage in calm weather.

### Wainiyabia

Another anchorage to the North of Tubou on the western side of Lakeba is called Wainiyabia (18 12S 178 50W). This affords an anchorage in winds between SSE and NNE close to the reef in about 60ft. There is a small boat landing here, through an



Komo dance display © Carol Dunlop





Fulaga Lagoon © Nigel Douglas

opening in the reef by the shore, close to the anchorage.

The leads here are a couple of beacons with a white triangle top mark, point up, on the shore and the course in is about 120T on the alignment of the beacons.

### Oneata Island

To the South East of Lakaba is the island of Oneata which has several reasonable passes in good light. There is a nice village on the southern side and lovely anchorages on the Northern side.



Fulaga © Nigel Douglas

### Komo Island

Has a deep wide pass and a delightful village on the southern side of the island. The anchorage is normally mid island on the Northern side and guests can walk through to the village to the south; but with care a yacht can pass west about the island and anchor on the SW side of the island and islet.

### Yagasa Cluster

Further south the Yagasa cluster affords some remote anchorages away from any village. There may be a few fishermen around but that's about all. Like many islands in Lau, the land is sharp, raised coral rock, and access to the land is difficult: the anchorage is welcoming, but the land is not! The middle island in the cluster, Navutu-i-Loma, has a small, pretty beach on the Northern side. Small Yachts may anchor inside and larger yachts can anchor to the west of the islet in normal trades

### Fulaga (Vulaga)

South again to Fulaga, this island consists of an oval rim of jungle-covered hills of raised coral, around a lagoon about 6 miles by 5 miles where the small sailing canoes (Waka) are still seen



Yagasa Cluster © Nigel Douglas

today. There is one 50m-wide pass into the lagoon, straight but challenging - and dangerous in bad weather or strong tides. Inside the lagoon are countless mushroom islets and some larger islands dotted with rare palms, countless anchorages over white sand, usually <10m deep. At least one anchorage could be considered hurricane shelter for a small boat. The pass is difficult, but can accommodate at least a 35m vessel with a draft of 3m. This cannot be attempted with a strong current running and the usual time to enter this pass is on slack water, which is usually at half tide.

Population is about 400 over three villages. One village (Naivindamu) lies on the W shore inside the lagoon, with good anchorage about 200m offshore allowing ready contact with the welcoming villagers. The other two villages lie close together on the southern edge, with two tracks leading from the lagoon to them. The head-village, Monacake, where one should present the sevusevu, has the school and clinic, and is about half an hour's easy walk over the hills. No airport, and very infrequent ships make this a very isolated world, rarely visited by yachts but well worth the trip. We had an incident where a villager proclaiming to be a chief requested alcohol this year.

As previously explained this is totally unacceptable.

### Kabara Island

Just NW of Fulaga lies the island of Kabara which is famous for its handicrafts and carvings. They are especially renowned for the huge kava bowls that are sent to Suva to be sold. Anchorage is found off the village on the NW side.

### Ogea Island

This island has a deep and wide pass and the diving is truly awesome. The village is to the south of Ogea Levu and needs to be approached at high tide to make sevusevu.

A run with the wind into the Yasyasa Moala Group overnight is good with the usual prevailing easterly quadrant winds. The group is comprised of three islands - Moala, Totoya and Matuku.

### Yasayasa Moala Group

#### Moala

The island is of volcanic origin; the summit of 'Delai Moala' is 468m high in the NW part.

A barrier reef encircles the island, line up Double Hill on a bearing of 080T which leads you through the pass into the lagoon.

*This page: Weilagilala © Carol Dunlop*



NE Point bearing 167T leads to an open roadstead (Herald Roadstead) or approximately 0.7nm off the Northern part of the island on this alignment turn onto the leads bearing 189T.

Nairoi, situated at the NE end is the principal village of the island and your sevusevu needs to be carried out here. Anchorage can be found to the west of Observatory rocks.

Another anchorage is via Daveta-i-Cakova. There are several other anchorages around the island but these are best in normal prevailing easterlies. There is an airstrip on the island.

### Totoya

The island is about 5 miles wide, being the rim of a volcano with the crater open to the south, and a barrier reef around most coasts. The crater is accessible through a clear pass on the west side, and by a passage inside the reef. Anchorage in the crater is far from ideal, and very deep (20m+). Anchorage on the N coast is possible, open but calm in S winds.

The usual anchorage is inside the pass on the western side in Herald sound.

### Matuku

This is a beautiful, verdant, high volcanic island, with its crater



open to the west through a wide, clear pass. There is an excellent sheltered anchorage, 10 - 15m over mud inside the crater off the village of Lomati. Other deeper, less sheltered anchorages are in the channel inside the pass, to the north of the main channel (17m over sand), or south of the main channel, amongst coral (6m over sand). There are more marginal anchorages inside some narrow passes on other coasts. Seven villages are spread around the coasts, with total population about 800. No airport, only occasional shipping and yachts (mostly surf and dive charters). The main village is Yaroi, on the NW coast, with a clinic and school. Anchorage is possible off another delightful village, Makadru, south of the pass.

Over the past few years Matuku and to a lesser extent Moala and Totoya have been explored for excellent surfing opportunities. You would be sure to have a clear go at the breaks! ■





# The American Iguana

## The Importance of Biosecurity

Stacy Jupiter photo

**“Fiji is the only country in the Pacific that has native iguanas.  
They could be threatened by the American iguana.”**

As you travel from region to region and country to country, it is important to keep an eye out for rogue animals hitching a ride on the hull, in cupboards or within food items. Over the centuries, Fiji has fallen foul to many an introduced outbreak. From Cholera, to warfare and more subtle threats which take time to reveal themselves. While we

appreciate you may be keen to get ashore and start exploring, it is imperative that you wait onboard for Biosecurity officers to board and inspect your vessel for such unwelcome hitchhikers.

The Biosecurity Authority of Fiji (BAF) wishes to inform travelers that there exists an invasive species to Fiji on the islands of Qamea, Matangi and Taveuni called the American Iguana (*Iguana iguana*). The American Iguana is not native to Fiji and was illegally introduced in the year 2000 on the island of Qamea. Since then the American Iguana has spread to Matangi and Taveuni. BAF wishes to advise you that it is illegal to intentionally or unintentionally move any stage of the American Iguana from Qamea, Matangi and Taveuni to other parts of Fiji and vessel owners should take every precautionary measure to ensure the American Iguana's do not hitch-hike on your vessels. It is also advisable that vessel owners



© Jan Sevcik

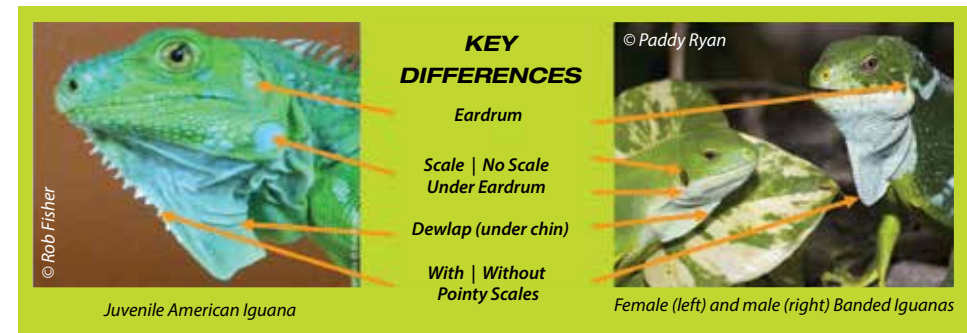


Diagram & image below kindly provided by NatureFiji-MereqetiViti - [www.naturefiji.org](http://www.naturefiji.org)

inspect their vessels thoroughly before departing these islands for other islands in Fiji to ensure you do not aid in the spread of this invasive species.

There are heavy fines and penalties if anyone is found to in possession of any life stage of the American Iguana. BAF would like you to support the efforts of the Fijian Government to contain the American Iguana from spreading to other parts of Fiji by adhering to this message.

### Spot the Difference:

Unlike the native Fiji iguanas, the adult American iguanas can grow almost two metres in length and weigh in at nine kilograms. They are green and may also appear bluish with black markings. Adult American iguanas have long dangerous spines along their backs and tails and long sharp claws, which they use to defend themselves. They also have long flaps of saggy skin hanging from their chin to the base of their necks, which is called a dewlap.

On each sides of their cheeks they have a large scale underneath their tympanums (a slightly sunken leathery covering of their eardrums). This large scale is a key identification feature for the American iguanas. The native Fijian iguanas do not have this large scale or the large dewlap. The large scale and dewlap are ways to differentiate between American and the Fiji iguanas.

You can play a huge role in preventing the spread of the American Iguana:

- Report any sightings of the American iguana to BAF;
- Do not transport American iguana to other parts of the country (this is illegal and carries heavy fines); and
- Bring in captured American iguanas to the nearest BAF office. ■

### FACTS about the AMERICAN IGUANA

- Native to South & Central America
- 16cm - 200cm (2m) in size
- Lives on trees
- Good Swimmers and jumpers
- Active during the day, sleeps at night
- Lifespan of 8-20 years
- Potential to interbreed with native iguana species
- Can fall 15m and remain unhurt
- Presence of a third eye on top of their heads
- Lays 20-45 eggs in a clutch

### Call Biosecurity Authority of Fiji:

Suva 3312 512 | Nadroga 628 2533 | Nadi 672 5092 | Lautoka 666 5984  
Ba 912 0121 | Savusavu 885 0864 | Rotuma 889 1042

**ALTERNATIVELY CALL 5995 FOR AMERICAN IGUANA QUERIES**



# Noa'ia 'e mauri Rotuma

by Monifa Fiu - Lāje Rotuma Initiative

Some 465 kilometers North of Fiji rests the beautiful volcanic island and islets of Rotuma. A glance at the map shows Rotuma as an isolated speck (a mere 13km by 4km island) in the vast Pacific Ocean, observed to be at the crossroads of Polynesia, Micronesia and Melanesia.



Many Rotumans can trace their descent from various islands of the Pacific: Fiji, Tonga, Samoa, Wallis and Futuna, Tuvalu, Solomon Islands, Vanuatu and Papua New Guinea. These physical connections are evident not only in oral tradition and early written accounts but in the linguistics and archaeology of the island. Over the years, these connections have influenced social relations, systems of land tenure and customary practices.

## The Island

There are a few black basaltic cliffs - mostly at the western end of the island while white sandy beaches cover much of the island's coastline. The island is densely vegetated, except for this narrow coastal belt that extends around the island. It is here, amongst clusters of coconut plantations that

you will find most of the villages.

Rotuma's geographical isolation poses much ecological and anthropological intrigue. Oceanic conditions create a distinct range of habitats and species, with high endemism and uniqueness. The fertile volcanic soil supports a rich flora and fauna as well as

numerous species of soft and hardwood trees, endemic ferns and many reptiles and birds that you might see during your visit.

## The People

The population of 1901 indigenous peoples is spread between 14 villages. Perhaps one of the most distinct social differences between Rotuma and Fiji is the matriarchal structure, which sees women as recognized heads of the family, and the key decision makers. The main sources of income are derived from the processing and sale of Copra, small entrepreneurial family businesses and salaried jobs for teachers and civil servants that work at the Ahau government station. Dilo nuts are also dried and sold to traders for the medicinal Dilo Oil to be extracted.

## Visiting Rotuma

### Island Protocol

Since 1881 it has been politically part of Fiji, however Rotuma is mainly associated with a Polynesian ancestry. As such, there are some cultural differences of which you should be aware:

There is no sevusevu or strict protocol to follow, as you would expect when visiting a Fijian village. However, as a visitor, you are expected to make a courtesy visit to the village chief.

### Traditional protocol

If you are being hosted by a local family there is a ceremony accorded by your host family as a first time visitor to the island shores, known as the mamasa.

As a guest of the island, you will be awarded a pig style feast and be garlanded with a drop of coconut oil on your head signifying the scents of Rotuma, and the drying of your feet after a long sea voyage, a symbolic act of being safely on land.

## Dos & Don'ts

- Sunday is an observed day of rest
- Any visitor is expected to dress respectfully when visiting the village or any formal functions on the island.
- There is no 'nude beach' on the island – no matter how enticing the scenery can become!

### Accommodation

There is no hotel except for a lodge situated at the western peninsula at Motusa. Home-stay accommodation is a norm, however this would need to be arranged with friends or family on the island ahead arrival.



### Communication services

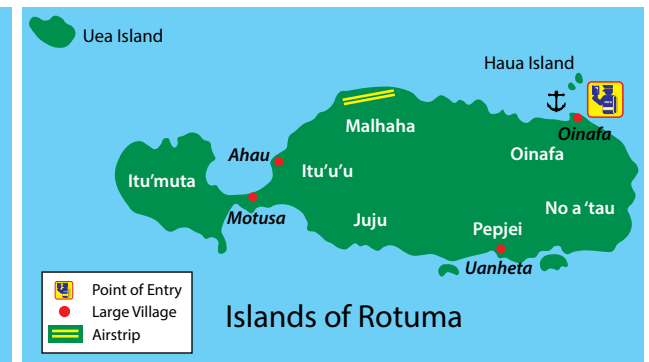
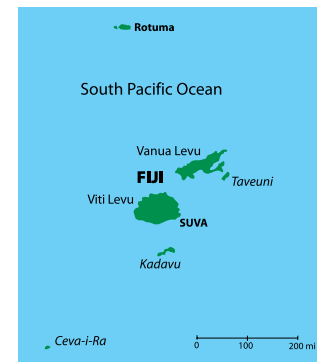
Telecom Fiji Ltd is the main service provider with mobile network 'Digicel' connecting the northwestern end of the island.

### Shopping services

There is a Post Shop situated at the Ahau government station, and there are at least two canteens per village. When supply boats are delayed, stocks can run exceptionally low, and so stocking up on goods that can be traded is always a good idea (*See page 147*).

### Water & Sanitation

There is a piped water supply and a good level of sanitation and hygiene.





## Transportation

There is a weekly 2¼ hour flight from Nadi, serviced by Pacific Sun and a monthly boat service usually scheduled for the first part of the month.

Island transportation is costly averaging \$5 per km but you can walk around the island freely.

## Port of Entry

Rotuma is an official port of entry with a dock at Oinafa for clearance. Just off the sandy beach and alongside the wharf you can anchor in 5m sand at 12°29.247'S 177°07.256'E. In the trade winds, this anchorage is great, calm and well protected. However, under wind from the N to SW, the swell invades and puts you on a lee shore to the reef on the opposite side of the bay.

While there does not appear to be an 'all-weather' anchorage for the island, there is another anchorage on the southern side of the island. This is exposed to the south and protected to the north at an approximate waypoint to entrance at 12°31'S 177°02.27'E.

The administrative center is some 12 kilometers away from the anchorage at the other end of the island within the government station at Ahau. Within the vicinity you will also find a hospital, post office, small store, market, school and police station. Extension services for agriculture, biosecurity and quarantine are also located here.

*\*Anchorage information taken from 'Westward II - Cruising Notes of Rotuma'. This information is from their observations, and reproduced with permission. It should NOT be used for navigational purposes.*

## Important Biosecurity Information

### Fruit Flies

There are two species of fruit fly only present in Rotuma but not in Fiji; namely *Bactrocera kirki* and *Bactrocera obscura*. The migration of *B.kirki* to Fiji poses a significant threat to the country's fruit and vegetables and seriously could jeopardize Fiji's fresh produce exports. Likewise, the Fijian fruit fly (*B. passiflorae*) is a serious pest that would cause considerable damage to Rotuma if introduced from Fiji. Therefore, Biosecurity Authority Fiji (BAF) would like to advise people travelling to and from Rotuma that it is prohibited to bring any fruits to or from Rotuma. People found in breach of this biosecurity regulation are liable for prosecution and penalties

(maximum fine of \$40,000 and or 12 months imprisonment or an alternative fixed penalty of \$800 for those who breach the regulation).

### Taro Beetle

Rotuma is relatively free of taro beetle and other major insect pests. Any movement of taro planting materials and other taro beetle host materials from taro beetle infested areas is strictly prohibited. The Biosecurity Authority of Fiji Regulates movement of any planting materials between mainland Fiji and Rotuma, and requests that the travelling public refrains from taking planting materials of any kind from mainland Fiji to Rotuma. The travelling public should seek advice and help from any of its Biosecurity Offices situated at the various areas around mainland Fiji on the how the movement of planting materials can be facilitated before its allowed to be shipped to Rotuma. ■

#### Call Biosecurity Authority of Fiji:

Suva 3312 512 | Nadroga 628 2533

Nadi 672 5092 | Lautoka 666 5984

Ba 912 0121 | Savusavu 885 0864

Rotuma 889 1042

#### GET THE LINGO

alalum	blessings
noa'ia	Hello
faiaksia hanisit	Thank you for your kindness
Se fek	I'm sorry. (Lit. Don't be angry)
figalelei	Please
la' ma ne'ne'äe	Goodbye, go and (you) be well.
'lgke	No
I (eee)	Yes

If you are a keen linguist and are interested in learning more about the beautiful Rotuman language, the University of the South Pacific (USP) has published 'A New Rotuman Dictionary: An English-Rotuman Wordlist', which is available at the USP Bookshop in Suva.

<b>Title</b>	A New Rotuman Dictionary: An English-Rotuman Wordlist
<b>Author</b>	Elizabeth Kafonika Makarita Inia
<b>ISBN</b>	9820201284, 9789820201286

Contact: Monifa Fiu | Email: monifafiu@gmail.com  
Website: www.rotuma.net/laje

# 2017-18 Tide Predictions for Fiji

## SUVA | Local Standard Time

**DISCLAIMER:** "This product is based on Bureau of Meteorology information that has subsequently been modified. The Bureau does not necessarily support or endorse, or have any connection with, the product. In respect of that part of the information which is sourced from the Bureau, and to the maximum extent permitted by law:

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*Source: Commonwealth of Australia, Bureau of Meteorology*



## SUVA - FIJI

LAT 18° 8' LONG 178° 25'  
TIMES & HEIGHTS OF HIGH & LOW WATERS

## MARCH

Time	m	Time	m
<b>1</b> 0212	0.45	<b>16</b> 0255	0.59
0825	1.96	0903	1.84
WE 1435	0.55	TH 1520	0.63
2041	1.94	2126	1.72
<b>2</b> 0257	0.47	<b>17</b> 0334	0.66
0911	1.97	0944	1.79
TH 1527	0.55	FR 1604	0.67
2131	1.89	2211	1.65
<b>3</b> 0344	0.52	<b>18</b> 0416	0.73
1000	1.96	1026	1.74
FR 1622	0.56	SA 1652	0.71
2228	1.82	2300	1.58
<b>4</b> 0436	0.58	<b>19</b> 0501	0.79
1055	1.93	1114	1.69
SA 1722	0.58	SU 1743	0.74
2328	1.76	2354	1.53
<b>5</b> 0533	0.65	<b>20</b> 0552	0.84
1154	1.89	1206	1.66
SU 1825	0.59	MO 1837	0.76
<b>6</b> 0634	1.71	<b>21</b> 0054	1.51
0635	0.70	1006	0.88
MO 1259	1.87	TU 1303	1.64
1930	0.59	2103	0.76
<b>7</b> 0145	1.69	<b>22</b> 0155	1.51
0743	0.73	0745	0.88
TU 1405	1.87	WE 1401	1.65
2037	0.56	2031	0.73
<b>8</b> 0251	1.71	<b>23</b> 0250	1.54
0850	0.72	0844	0.86
WE 1508	1.89	TH 1455	1.69
2139	0.52	2124	0.69
<b>9</b> 0352	1.75	<b>24</b> 0340	1.60
0953	0.68	0938	0.81
TH 1604	1.92	FR 1545	1.75
2235	0.48	2212	0.63
<b>10</b> 0445	1.80	<b>25</b> 0425	1.68
1049	0.64	1027	0.74
FR 1657	1.95	SA 1630	1.81
2326	0.45	2255	0.57
<b>11</b> 0535	1.85	<b>26</b> 0506	1.77
1140	0.59	TH 1112	0.66
SA 1745	1.96	SU 1715	1.87
		2336	0.51
<b>12</b> 0012	0.43	<b>27</b> 0547	1.86
0620	1.89	1157	0.57
SU 1227	0.57	MO 1800	1.92
1832	1.94		
<b>13</b> 0055	0.44	<b>28</b> 0017	0.45
0703	1.91	0630	1.94
MO 1311	0.56	TU 1242	0.50
1916	1.91	2101	1.96
<b>14</b> 0135	0.48	<b>29</b> 0100	0.42
0744	1.90	0713	2.01
TU 1355	0.57	WE 1328	0.44
2000	1.86	1933	1.92
<b>15</b> 0215	0.53	<b>30</b> 0145	0.42
0824	1.88	0759	2.04
WE 1437	0.60	TH 1417	0.41
2043	1.79	2024	1.94
<b>31</b> 0233	0.46		
0847	2.04		
FR 1510	0.41		
2118	1.89		

## APRIL

Time	m	Time	m
<b>1</b> 0325	0.51	<b>16</b> 0343	0.75
0939	2.00	0950	1.71
SA 1606	0.44	SU 1616	0.64
2216	1.83	2231	1.56
<b>2</b> 0420	0.58	<b>17</b> 0428	0.80
1035	1.94	1035	1.67
SU 1706	0.47	MO 1704	0.67
2319	1.76	2323	1.53
<b>3</b> 0521	0.65	<b>18</b> 0517	0.84
1137	1.88	1125	1.63
MO 1809	0.50	TU 1755	0.69
<b>4</b> 0027	1.72	<b>19</b> 0018	1.51
0627	0.69	0612	0.86
TU 1243	1.84	WE 1219	1.61
1915	0.52	1849	0.70
<b>5</b> 0135	1.71	<b>20</b> 0115	1.53
0734	0.71	0709	0.86
WE 1351	1.82	TH 1317	1.62
2020	0.53	1945	0.69
<b>6</b> 0239	1.73	<b>21</b> 0210	1.57
0841	1.70	0807	0.83
TH 1454	1.82	FR 1414	1.65
2120	0.52	2039	0.65
<b>7</b> 0335	1.77	<b>22</b> 0300	1.64
0943	0.66	0902	0.77
FR 1551	1.83	SA 1508	1.70
2215	0.50	2129	0.60
<b>8</b> 0427	1.81	<b>23</b> 0345	1.72
1037	0.62	0954	1.68
SA 1643	1.84	SU 1558	1.76
2303	0.49	2215	0.54
<b>9</b> 0513	1.84	<b>24</b> 0430	1.82
1126	0.58	1044	0.58
SU 1730	1.84	MO 1646	1.83
2347	0.50	2300	0.48
<b>10</b> 0556	1.86	<b>25</b> 0514	1.92
1211	0.55	1131	0.48
MO 1815	1.83	TU 1735	1.88
		2345	0.43
<b>11</b> 0028	0.52	<b>26</b> 0559	2.00
0636	1.87	1220	0.39
TU 1253	0.54	WE 1824	1.92
1857	1.80		
<b>12</b> 0107	0.55	<b>27</b> 0032	0.41
0715	1.87	0645	2.06
WE 1332	0.54	TH 1309	0.32
1938	1.76	1915	1.93
<b>13</b> 0145	0.59	<b>28</b> 0121	0.41
0752	1.84	0808	2.08
TH 1413	0.55	FR 1400	1.29
2019	1.71	2009	1.91
<b>14</b> 0222	0.64	<b>29</b> 0213	0.44
0830	1.81	0826	2.06
FR 1452	0.58	SA 1454	0.29
2100	1.66	2106	1.88
<b>15</b> 0301	0.70	<b>30</b> 0308	0.50
0909	1.76	0921	2.01
SA 1533	0.61	SU 1551	0.32
2145	1.61	2205	1.82

## MAY

Time	m	Time	m
<b>1</b> 0407	0.56	<b>16</b> 0358	0.78
1019	1.94	1002	1.66
MO 1650	0.37	TU 1630	0.60
2308	1.78	2251	1.54
<b>2</b> 0510	0.62	<b>17</b> 0446	0.81
1120	1.87	1049	1.63
TU 1751	0.42	WE 1718	0.62
		2343	1.54
<b>3</b> 0521	0.65	<b>18</b> 0517	0.82
1137	1.88	1141	1.61
MO 1809	0.50	TH 1808	0.63
<b>4</b> 0018	1.73	<b>19</b> 0036	1.56
0627	0.67	0634	0.80
TH 1331	1.76	FR 1236	1.61
1957	0.50	1900	0.63
<b>5</b> 0218	1.74	<b>20</b> 0129	1.61
0826	0.66	0730	0.77
FR 1435	1.74	SA 1333	1.63
2020	0.52	1954	0.61
<b>6</b> 0313	1.77	<b>21</b> 0219	1.68
0925	0.63	0828	0.70
SA 1532	1.73	SU 1431	1.66
2148	0.53	2046	0.57
<b>7</b> 0401	1.79	<b>22</b> 0308	1.77
1019	0.60	0923	0.61
SU 1624	1.73	MO 1527	1.71
2236	0.54	2138	0.52
<b>8</b> 0446	1.81	<b>23</b> 0356	1.86
1107	0.56	1016	0.51
MO 1711	1.72	TU 1610	1.77
2319	0.56	2228	0.47
<b>9</b> 0528	1.82	<b>24</b> 0443	1.96
1151	0.53	1108	0.40
TU 1755	1.71	WE 1713	1.83
		2317	0.43
<b>10</b> 0000	0.58	<b>25</b> 0531	2.03
0606	1.83	1200	0.31
WE 1232	0.51	TH 1806	1.87
1836	1.69		
<b>11</b> 0037	0.61	<b>26</b> 0008	0.41
0645	1.82	0621	2.07
TH 1311	0.51	FR 1252	0.24
1916	1.67	1900	1.89
<b>12</b> 0115	0.64	<b>27</b> 0100	0.41
0715	1.87	0714	2.09
FR 1348	0.51	SA 1345	0.20
1957	1.64	1955	1.89
<b>13</b> 0152	0.67	<b>28</b> 0154	0.44
0800	1.77	0808	2.06
SA 1426	0.52	SU 1439	0.21
2037	1.61	2052	1.87
<b>14</b> 0231	0.71	<b>29</b> 0252	0.48
0838	1.73	0904	2.01
SU 1505	0.54	MO 1534	0.24
2118	1.58	2150	1.84
<b>15</b> 0313	0.75	<b>30</b> 0352	0.53
0918	1.70	1001	1.93
MO 1546	0.57	TU 1630	0.31
2203	1.55	2250	1.80
<b>31</b> 0454	0.58		
1101	1.85		
WE 1729	0.38		
2351	1.76		

## 2017

## JUNE

Time	m	Time	m
<b>1</b> 0557	0.82	<b>16</b> 0508	0.76
1202	1.77	1107	1.64
TH 1828	0.45	FR 1731	0.58
		2358	1.62
<b>2</b> 0052	1.74	<b>17</b> 0602	0.74
0700	0.64	1201	1.63
FR 1306	1.70	SA 1822	0.58
1927	0.51		
<b>3</b> 0150	1.74	<b>18</b> 0049	1.67
0801	0.64	0659	0.70
SA 1409	1.66	SU 1259	1.63
2024	0.55	1915	0.58
<b>4</b> 0244	1.75	<b>19</b> 0143	1.73
0900	0.62	0757	0.64
SU 1507	1.63	MO 1400	1.64
2116	0.58	2010	0.56
<b>5</b> 0332	1.76	<b>20</b> 0234	1.81
0934	0.60	0855	0.56
MO 1600	1.62	TU 1500	1.68
2205	0.60	2106	0.53
<b>6</b> 0416	1.77	<b>21</b> 0327	1.89
1044	0.57	0952	0.47
TU 1649	1.56	WE 1559	1.73
2249	0.62	2200	0.50
<b>7</b> 0458	1.78	<b>22</b> 0417	1.97
1129	0.54	1047	0.37
WE 1733	1.61	TH 1655	1.78
2330	0.63	2255	0.46
<b>8</b> 0537	1.78	<b>23</b> 0509	2.03
1209	0.51	1142	0.28
TH 1815	1.61	FR 1750	1.83
		2348	0.43
<b>9</b> 0009	0.65	<b>24</b> 0602	2.07
0615	1.78	1236	0.21
FR 1247	0.50	SA 1845	1.87
1854	1.61		
<b>10</b> 0046	0.66	<b>25</b> 0043	0.42
0653	1.77	0656	2.08
SA 1325	0.49	SU 1329	0.18
1933	1.61	1940	1.89
<b>11</b> 0125	0.68	<b>26</b> 0138	0.43
0731	1.76	0750	2.05
SU 1401	0.49	MO 1421	0.18
2012	1.60	2034	1.88
<b>12</b> 0203	0.70	<b>27</b> 0234	0.46
0811	1.74	0845	2.00
MO 1439	0.50	TU 1515	0.23
2052	1.59	2129	1.86
<b>13</b> 0245	0.72	<b>28</b> 0332	0.51
0851	1.71	0941	1.92
TU 1518	0.51	WE 1607	0.30
2134	1.59	2224	1.82
<b>14</b> 0329	0.74	<b>29</b> 0431	0.55
0933	1.69	1037	1.83
WE 1600	0.54	TH 1700	0.38
2219	1.58	2320	1.78
<b>15</b> 0416	0.76	<b>30</b> 0550	0.64
1018	1.67	1159	1.72
TH 1644	0.56	FR 1755	0.47
2307	1.59		

## SUVA - FIJI

LAT 18° 8' LONG 178° 25'  
TIMES & HEIGHTS OF HIGH & LOW WATERS

## JULY

Time	m	Time	m
<b>1</b> 0017	1.74	<b>16</b> 0533	0.68
0630	0.63	1133	1.66
SA 1234	1.65	SU 1749	0.57
1850	0.55		
<b>2</b> 0114	1.72	<b>17</b> 0015	1.73
0730	0.64	0631	0.65
SU 1336	1.59	MO 1232	1.64
1945	0.61	1844	0.59
<b>3</b> 0208	1.71	<b>18</b> 0110	1.77
0828	0.64	0730	0.60
MO 1436	1.56	TU 1336	1.63
2040	0.65	1941	0.59
<b>4</b> 0258	1.72	<b>19</b> 0207	1.83
0924	0.62	0832	0.54
TU 1532	1.54	WE 1441	1.65
2131	0.67	2042	0.58
<b>5</b> 0345	1.73	<b>20</b> 0303	1.89
1015	0.60	0933	0.46
WE 1623	1.55	TH 1543	1.70
2218	0.68	2141	0.55
<b>6</b> 0427	1.74	<b>21</b> 0359	1.99
1101	0.56	1031	0.37
TH 1708	1.56	FR 1641	1.77
2301	0.68	2239	0.55
<b>7</b> 0508	1.75	<b>22</b> 0453	2.01
1144	0.53	1128	0.20
FR 1750	1.58	SA 1736	1.84
2342	0.68	2334	0.47
<b>8</b> 0547	1.76	<b>23</b> 0546	2.02
1222	0.51	1220	0.20
SA 1830	1.60	SU 1830	1.84
<b>9</b> 0020	0.67	<b>24</b> 0029	0.44
0627	1.77	0640	0.40
SU 1259	0.48	MO 1312	0.22
1907	1.61	1922	1.99
<b>10</b> 0059	0.67	<b>25</b> 0122	0.44
0705	1.77	0733	2.00
TH 1335	0.47	1401	0.23
1945	1.63	2013	1.99
<b>11</b> 0137	0.67	<b>26</b> 0215	0.44
0744	1.77	0826	1.99
TU 1413	0.47	WE 1451	0.21
2024	1.65	2103	1.58
<b>12</b> 0218	0.68	<b>27</b> 0309	0.50
0824	1.77	0917	1.99
WE 1450	0.48	TH 1540	0.33
2103	1.66	2154	1.84
<b>13</b> 0301	0.68	<b>28</b> 0403	0.53
0906	1.75	1009	1.89
TH 1530	0.49	FR 1629	0.44
2145	1.67	2245	1.79
<b>14</b> 0348	0.69	<b>29</b> 0459	0.61
0950	1.72	1102	1.77
FR 1613	0.52	SA 1718	0.53
2231	1.68	2336	1.77
<b>15</b> 0439	0.69	<b>30</b> 0555	0.63
1040	1.69	1159	1.63
SA 1659	0.54	SU 1810	0.63
2321	1.70		
		<b>31</b> 0030	1.70
		0652	0.67
		MO 1259	1.54
		1904	0.61



**SUVA - FIJI**

**LAT 18° 8' LONG 178° 25'**  
TIMES & HEIGHTS OF HIGH & LOW WATERS

**2017-18****NOVEMBER**

Time	m	Time	m
1 0343	1.70	16 0552	1.74
0957	0.61	1157	0.59
WE 1612	1.80	TH 1805	1.89
2227	0.63		
2 0430	1.76	17 0032	0.53
1040	0.56	0638	1.73
TH 1652	1.89	FR 1239	0.61
2313	0.53	1845	1.89
3 0516	1.82	18 0115	0.51
1123	0.52	0721	1.72
FR 1734	1.97	SA 1318	0.64
2358	0.44	● 1924	1.88
4 0603	1.87	19 0155	0.50
1207	0.49	0802	1.70
SA 1818	2.03	SU 1357	0.68
○		2001	1.85
5 0045	0.36	20 0233	0.50
0751	1.90	0843	1.68
SU 1353	0.48	MO 1434	0.72
2005	2.06	2040	1.81
6 0234	0.32	21 0312	0.52
0843	1.90	0923	1.65
MO 1443	0.50	TU 1514	0.76
2055	2.05	2119	1.77
7 0325	0.30	22 0350	0.55
0937	1.88	1004	1.62
TU 1536	0.55	WE 1556	0.80
2148	2.01	2200	1.73
8 0419	0.33	23 0430	0.58
1034	1.84	1047	1.60
WE 1634	0.61	TH 1641	0.84
2245	1.95	2243	1.68
9 0517	0.37	24 0512	0.62
1136	1.80	1134	1.58
TH 1738	0.66	FR 1730	0.87
2346	1.88	2330	1.64
10 0617	0.43	25 0557	0.65
1241	1.78	1226	1.57
FR 1845	0.69	SA 1824	0.88
11 0051	1.82	26 0019	1.61
0719	0.48	0645	0.68
SA 1346	1.77	SU 1319	1.59
1952	0.70	1919	0.88
12 0158	1.77	27 0115	1.60
0823	0.52	0737	0.69
SU 1450	1.79	MO 1412	1.63
2058	0.69	● 2015	0.85
13 0304	1.75	28 0212	1.60
0925	0.54	0830	0.69
MO 1546	1.82	TU 1502	1.69
2159	0.65	2111	0.79
14 0406	1.74	29 0310	1.62
1021	0.56	0923	0.67
TU 1637	1.85	WE 1549	1.77
2255	0.61	2204	0.71
15 0501	1.74	30 0405	1.67
1112	0.57	1014	0.63
WE 1723	1.87	TH 1634	1.86
2345	0.57	2256	0.61

**DECEMBER**

Time	m	Time	m
1 0459	1.72	16 0012	0.58
1103	0.59	0619	1.65
FR 1719	1.95	SA 1213	0.70
2346	0.50	1818	1.86
2 0551	1.78	17 0055	0.55
1151	0.55	0702	1.65
SA 1805	2.03	SU 1252	0.72
		1858	1.85
3 0036	0.40	18 0134	0.53
0643	1.84	0743	1.66
SU 1240	0.52	MO 1330	0.73
1853	2.09	● 1935	1.84
4 0126	0.32	19 0212	0.52
0734	1.89	0821	1.66
MO 1330	0.51	TU 1408	0.75
○ 1943	2.11	2014	1.82
5 0217	0.26	20 0248	0.52
0828	1.91	0900	1.66
TU 1423	0.52	WE 1446	0.77
2036	2.10	2052	1.80
6 0310	0.25	21 0325	0.54
0923	1.91	0938	1.65
WE 1519	0.55	TH 1527	0.80
2131	2.06	2131	1.77
7 0404	0.27	22 0402	0.56
1019	1.89	1018	1.65
TH 1618	0.60	FR 1610	0.82
2229	2.00	2213	1.74
8 0459	0.32	23 0441	0.58
1118	1.86	1100	1.64
FR 1721	0.64	SA 1656	0.85
2328	1.92	2256	1.71
9 0556	0.39	24 0522	0.61
1219	1.84	1145	1.64
SA 1826	0.68	SU 1746	0.86
		2343	1.67
10 0029	1.83	25 0606	0.64
0654	0.47	1234	1.66
SU 1321	1.82	MO 1840	0.85
● 1930	0.69		
11 0133	1.76	26 0033	1.65
0754	0.54	0654	0.67
MO 1422	1.82	TU 1325	1.69
2034	0.69	● 1936	0.82
12 0238	1.70	27 0130	1.63
0853	0.60	0745	0.68
TU 1518	1.83	WE 1417	1.75
2135	0.67	2032	0.77
13 0341	1.67	28 0230	1.63
0950	0.64	0839	0.68
WE 1610	1.84	TH 1510	1.82
2232	0.65	2130	0.70
14 0439	1.65	29 0331	1.65
1042	0.67	0934	0.67
TH 1656	1.85	FR 1600	1.90
2325	0.61	2227	0.60
15 0531	1.65	30 0431	1.69
1130	0.69	1030	0.64
FR 1738	1.86	SA 1650	1.98
		2322	0.50
31 0530	1.75		
1126	0.60		
SU 1741	2.05		

**JANUARY'18**

Time	m	Time	m
1 0016	0.40	16 0113	0.58
0625	1.83	0619	1.65
MO 1219	0.56	TU 1308	0.77
1832	2.11	1912	1.85
2 0110	0.32	17 0149	0.56
0719	1.89	0758	1.67
TU 1314	0.54	WE 1345	0.77
○ 1925	2.14	● 1950	1.85
3 0201	0.26	18 0225	0.54
0813	1.94	0835	1.69
WE 1408	0.53	TH 1423	0.77
2019	2.14	2029	1.84
4 0254	0.24	19 0300	0.54
0906	1.96	0911	1.71
TH 1503	0.54	FR 1501	0.77
2115	2.10	2107	1.83
5 0346	0.26	20 0335	0.55
1000	1.95	0948	1.72
FR 1601	0.58	SA 1543	0.78
2210	2.04	2146	1.81
6 0438	0.32	21 0312	0.57
1055	1.93	0927	1.73
SA 1700	0.62	SU 1526	0.80
2306	1.95	2128	1.78
7 0530	0.40	22 0350	0.80
1150	1.89	1008	1.74
SU 1801	0.66	MO 1614	0.80
		2213	1.74
8 0003	1.85	23 0431	0.63
0624	0.50	1054	1.75
MO 1247	1.85	TU 1706	0.80
1902	0.70	2302	1.70
9 0103	1.75	24 0517	0.66
0719	0.59	1144	1.77
TU 1345	1.83	WE 1801	0.78
● 2004	0.72	2358	1.67
10 0206	1.67	25 0608	0.69
0816	0.67	1238	1.80
WE 1444	1.81	TH 1900	0.74
2105	0.72	●	
11 0311	1.61	26 0059	1.64
0914	0.73	0703	0.71
TH 1537	1.81	FR 1334	1.85
2204	0.70	2000	0.69
12 0412	1.59	27 0205	1.65
1009	0.76	0804	0.71
FR 1626	1.81	SA 1432	1.91
2259	0.67	2102	0.61
13 0507	1.59	28 0311	1.69
1100	0.78	0907	0.69
SA 1711	1.82	SU 1528	1.98
2348	0.64	2202	0.52
14 0557	1.60	29 0412	1.75
1146	0.78	1007	0.65
SU 1753	1.83	MO 1623	2.04
		2300	0.42
15 0032	0.61	30 0509	1.83
0640	1.62	1105	0.60
MO 1229	0.77	TU 1717	2.10
1833	1.84	2354	0.34
31 0603	1.90		
1200	0.55		
WE 1811	2.13		

**FEBRUARY'18**

Time	m	Time	m
1 0045	0.29	16 0056	0.56
0656	1.96	0706	1.74
TH 1254	0.52	FR 1300	0.73
○ 1904	2.14	● 1903	1.86
2 0135	0.27	17 0130	0.55
0747	1.99	0741	1.78
FR 1347	0.52	SA 1338	0.71
1957	2.10	1942	1.86
3 0225	0.29	18 0205	0.54
0837	2.00	0817	1.80
SA 1442	0.54	SU 1418	0.70
2049	2.03	2022	1.85
4 0314	0.36	19 0242	0.56
0928	1.97	0855	1.82
SU 1536	0.59	MO 1500	0.70
2143	1.94	2103	1.82
5 0402	0.45	20 0320	0.58
1018	1.92	0935	1.83
MO 1632	0.64	TU 1547	0.70
2236	1.83	2149	1.78
6 0452	0.55	21 0402	0.62
1110	1.87	1020	1.84
TU 1730	0.68	WE 1639	0.70
2332	1.72	2240	1.73
7 0544	0.65	22 0449	0.66
1204	1.81	1110	1.83
WE 1829	0.72	TH 1735	0.70
		2337	1.68
8 0032	1.63	23 0542	0.71
0637	0.74	1206	1.83
TH 1301	1.77	FR 1835	0.68
● 1929	0.74	●	
9 0136	1.57	24 0042	1.65
0735	0.80	0641	0.74
FR 1359	1.75	SA 1307	1.85
2029	0.74	1939	0.65
10 0240	1.55	25 0149	1.66
0834	0.83	0745	0.75
SA 1452	1.75	SU 1411	1.88
2127	0.72	2045	0.59
11 0338	1.55	26 0257	1.70
0930	0.84	0853	0.72
SU 1541	1.77	MO 1513	1.94
2218	0.69	2146	0.52
12 0429	1.58	27 0359	1.76
1020	0.82	0957	0.67
MO 1627	1.79	TU 1610	2.00
2304	0.65	2244	0.44
13 0513	1.62	28 0455	1.84
1104	0.80	1055	0.60
TU 1708	1.81	WE 1704	2.05
2345	0.61	2337	0.37
14 0553	1.66		
1145	0.77		
WE 1747	1.84		
15 0021	0.58		
0630	1.70		
TH 1223	0.75		
1826	1.85		

# Entering Fiji

Customs law requires that the Master of a vessel give a minimum of 48 hours notification to Customs **prior** to arrival in Fiji. You may fax or email your 'C2C - Advance Notification/Inward Report for Yachts/Small Craft' (download from [www.frca.org.fj](http://www.frca.org.fj)) to (+679) 330 2864 or [yachtsreport@frca.org.fj](mailto:yachtsreport@frca.org.fj) respectively.

The same 48 hours notice needs to be given to **Ports Authority, Department of Immigration, Health and Biosecurity**. Failure to do so will result in a fine – so let us try to help you ensure this doesn't happen.

Fiji is home to many reputable and experienced Yacht and Super Yacht Agents who will navigate the way through the formalities of cruising to and around the country on your behalf. If however, you have chosen not to use such a service, you will need to read through the information in the following pages carefully to make sure you have completed all relevant paperwork prior to arrival.

Regulations for Immigration stipulate that you must be cleared within 24 hours of arrival into Fiji waters.

The Ports of Entry, through which you must arrive, are located in Suva, Lautoka, Savusavu, Levuka and

Rotuma. Vuda Marina now falls under the Lautoka Wharf Boundary and clearance can also be made here during scheduled hours (*see inside back cover*). Port Denarau Marina can be used as sufferance clearance port by prior application only. This can be made through the Marina officers or an agent, no less than 48 hours in advance.

Upon reaching the pilot station, you will need to contact Port Control using VHF Channel 16 to request entry into port. It is also necessary to inform Suva Radio 3DP to direct an arrival notification request to Health Quarantine for radio pratique or physical boarding by Health officials, depending on each circumstance. Unless and until Health Quarantine has cleared the vessel, the yacht must display the 'Q' flag at the main mast and all crew must remain on board.

If you intend to clear in Suva, Port Control will likely advise you to continue to the Royal Suva Yacht Club who will then transport the relevant government officials to your vessel for a fee of approximately \$60.

While at sea, the RFMF Naval division is responsible for maritime surveillance and represents the border control agencies.



## Fiji Revenue & Customs (FRCA)

### Required Documents:

- Certificate of clearance from your previous port/country;
- Crew list, detailing passport numbers, nationalities and ages of all crew and their position on vessel;
- Yacht registration documents;
- Passports for all onboard, which must be valid for at least



Type	Brand	% alc.	Amount
<b>Beer</b>	Heinekin	5.4%	720 x 340ml btl
<b>Spirits</b>	Baileys Irish Cream	17%	10 x 750 ml
	Johnnie Walker	43%	7 x 1L
<b>Wines</b>	<b>Red</b>	2008 Spottswoode Cabernet Sauvignon	14.5% 100 x 750ml
	<b>White</b>	2008 Didier Dagueneau Silex Sauvignon Blanc	11% 50 x 750ml
		2008 Egon Müller Scharzhofberger Spätlese Riesling	11% 50 x 750ml
<b>Champagne   Sparkling</b>	Veuve Clicquot	13%	20 x 750ml
	Moët Impérial	13%	40 x 750ml
<b>Tobacco</b>	H. Upmann Cigars		20 x 50 cabinets
	Treasurer Luxury Gold Cigarettes		50 x 20 count pks

## Super Yacht Special Duty Arrangement:

Visiting Super yachts are liable to pay duty only on the alcohol brought in onboard the vessel and consumed while in the country. You will need to submit an inventory of all alcohol on board upon arrival. This will need to include brand, type, % of alcohol and quantity and measurement of each bottle (see example above).

Also required is an inventory of all controlled medical supplies on board.

At the end of your visit, you are required to submit an updated inventory of your on board alcohol to customs who will charge import duty for each bottle brought in and consumed while cruising Fiji waters.

Please be warned that while this is all in good faith, spot checks are not uncommon and any false declarations will incur a serious fine and penalties.

## Import Clearance Requirements

All yachts and crafts entering Fiji are subject to import clearance requirements and the payment of customs duty on arrival.

- Together with the completed 'C2C - Advance Notification/Inward Report For Yachts/Small Craft' Form, the Yacht Master is required to also present the Clearance from Last Port, passports and completed **"Passenger Arrival Card"** of all crew and passengers and all such individuals (including infants) to Customs at time of boarding.
- You will need to inform Customs of any disembarking crew and reasons for disembarking.
- You will also be asked to complete and sign a **"Notice to Owner of Yachts Declaration"**

before your inward clearance is granted. You will need to read and understand the contents of the Notice to Yacht Owners as any breach of any conditions may warrant heavy penalties.

- If you are carrying any currency and its combined value is equivalent to FJ\$10,000.00 you will be required to fill in the **"Border Currency Report"**.

## Your entry into Fiji

Under Customs laws, visiting yachts may enter and can be kept temporarily in Fiji without payment of Customs duty on the yacht, provided:

- The yacht is the sole property of a bona fide tourist;
- The yacht is on a bona fide cruise or participating in a yacht race;
- The yacht is not abandoned in Fiji by Master/Owner; and
- The yacht shall remain in Fiji for a period not exceeding 18 months from date of arrival.

### The yacht will become liable to duty if:

- It is used commercially whilst in Fiji waters (eg: commercial charter or hired);
- The owner is associated in any way with any entity in Fiji as an employer either before or after arrival; or
- The yacht is not exported within 18 months of the date of arrival into Fiji, unless a customs extension has been approved.

## Super Yacht Charters:

Superyachts that are not registered in Fiji but intend to run charters in Fiji's Water, are required to register their vessel with MSAF and operations with FRCA. As part of this process, MSAF will need to carry out an inspection of the vessel. This can be arranged

directly or arranged through one of the registered superyacht agents. You will be expected to pay 12.5% of the charter fee to FRCA. You may refer to the Superyacht Charter Decree 2010 for further information.

For more info email: [yachtsreport@frca.org.fj](mailto:yachtsreport@frca.org.fj)

## Customs Duty

All crew and passengers above the age of 18 years will be allowed normal passenger landing duty free allowance of the following:

- 2.25 ltrs of Spirit, or
- 4.5 ltrs of Wine, or
- 4.5 ltrs of Beer, and
- 250 sticks of Cigarettes, or
- 250g cigar, or
- 250g tobacco, or

(Any combination of the above provided that it does not exceed the equivalent quantity under liquor, wine and beer, cigarette, cigar and tobacco). AND

- A new, unused item valued at no more than FJ\$1000.

Any excess to the above allowance will be subject to levy of import duty and VAT or goods being detained by Customs. Please note that sealing of stores onboard is not permitted.

## Yacht equipment

All equipment onboard or imported especially for the yacht will be duty free, provided they leave the country with the boat. This equipment is considered onboard a "yacht in transit" and should be labeled with the yacht's name and Rotation Number, in addition to an address including a telephone number and the invoice must accompany the package. The parts will be delivered 'under bond' to the yacht by a Customs Officer and you will be required to pay for the Customs Officers return transport costs for this service. Be sure to keep records and receipts of any such delivery.

## Prohibited Items

### Firearms and Weapons

The importation of firearms and weapons is strictly controlled in Fiji. All firearms or weapons must be declared to the Customs Officer on arrival of the vessel from overseas.

Firearms onboard will be detained and placed for safekeeping by the Fiji Police who will hold them until the vessel's departure.

## COUNTRIES THAT **DO NOT** REQUIRE A VISA TO ENTER THE FIJI ISLANDS

- |              |                       |                            |
|--------------|-----------------------|----------------------------|
| • Antigua    | • Italy               | • Singapore                |
| • Argentina  | • Jamaica             | • Solomon Islands          |
| • Australia  | • Japan               | • South Africa             |
| • Austria    | • Kenya               | • Spain                    |
| • Bahamas    | • Kiribati            | • Swaziland                |
| • Bangladesh | • Lesotho             | • Switzerland              |
| • Barbados   | • Liechtenstein       | • Taiwan                   |
| • Belgium    | • Luxembourg          | • Tanzania                 |
| • Belize     | • Malawi              | • Thailand                 |
| • Bermuda    | • Malaysia            | • Tonga                    |
| • Botswana   | • Maldives            | • Trinidad & Tobago        |
| • Brazil     | • Malta               | • Tunisia                  |
| • Brunei     | • Marshall Islands    | • Turkey                   |
| • Canada     | • Mauritius           | • Tuvalu                   |
| • Chile      | • Mexico              | • Uganda                   |
| • Colombia   | • Micronesia          | • UK & N.Ireland           |
| • Cyprus     | • Nauru               | • United States of America |
| • Darussalam | • Netherlands         | • Uruguay                  |
| • Denmark    | • New Zealand         | • Vanuatu                  |
| • Dominica   | • Nigeria             | • Venezuela                |
| • Finland    | • Norway              | • Western Samoa            |
| • France     | • Palau               | • Zambia                   |
| • Gambia     | • Paraguay            | • Zimbabwe                 |
| • Germany    | • Peru                |                            |
| • Ghana      | • Philippines         |                            |
| • Greece     | • PNG                 |                            |
| • Grenada    | • Republic of Ireland |                            |
| • Guyana     | • St.Lucia            |                            |
| • Iceland    | • St.Vincent          |                            |
| • India      | • Seychelles          |                            |
| • Indonesia  |                       |                            |
| • Israel     |                       |                            |

## Contraband items

Please be aware that Fiji is vigilant in prosecuting those found with, drugs, pornographic material and other prohibited items.

## Immigration guidelines

Each person will be required to complete a passenger arrival card. You should note that the Customs officer boarding your vessel may also complete immigration clearance and issue a four (4) month visitors permit upon entry providing you have a passport issued from a country that **does not** require you to have a visa to enter the Fiji Islands.

Part of the passenger arrival card will be detached and left in your passport and you must keep this safe, as you will be required to deliver it to Immigration again on your way out of Fiji. Passports must be valid for at least six months from the date of entry.

## Visas

See above for a list of country's nationals who **do not** require a pre-entry visa to Fiji.



For countries that **do** require pre-entry visas into Fiji, crew members are required to apply for and receive approval from the Department of Immigration prior to their arrival in Fiji.

You will also need to contact the Department of Immigration regarding any other immigration issues such as replacement passports, change of status, work permit applications etc. It is also here that for a fee of FJ\$96, you are able to apply for a standard two month extension to your initial 4-month visitors permit. You may then apply for 'Special Permit to Reside' should the need arise, which grants a further 6 month stay.

While immigration services are provided free of charge, vessels will be charged for the return transportation costs incurred by the immigration officer en route to the yacht.

### Crew signing on or off

It is important to note that visitors or crew coming into Fiji are not able to enter the country on a one-way ticket. They must have a return ticket OR they must have a letter of approval from the Department of Immigration stating that they are authorized to enter on a one-way airline ticket in order to join a yacht and depart by sea. Airlines will not allow crew members travelling on a one way ticket without this letter, and so advanced preparation of this document is important. A Fiji Immigration 'Facilitation' letter authorizing entry on a one way ticket can be arranged by your Agent, Vuda Marina (if you are berthed there) or by visiting the immigration department yourself.

In much the same way, any crew or visitor that has arrived by yacht and who plans on departing by air must officially sign off the crew list and the vessel's master must notify immigration before the date of departure.

As Owner or Captain of the yacht, it is a requirement that you notify Immigration when signing on or off new crew. You will need;

- A copy of the crew members passport;
- Completed 'Change of Crew **Form A**' when signing on and 'Change of Crew **Form B**' when signing off, both of which can be downloaded from [www.immigration.gov.fj](http://www.immigration.gov.fj)

**Note: Please remember to keep a copy of the departing crew members plane ticket.**

For more information, or to download copies of all forms please visit [www.frca.org.fj](http://www.frca.org.fj)

### Health Quarantine

Until further notice, the "Quarantine Pre-Arrival Advice for Vessels" form can be downloaded from [www.fijimarinas.com](http://www.fijimarinas.com)

Completed forms should be emailed 24 hours in advance of arrival to:  
[healthquarantinefiji@gmail.com](mailto:healthquarantinefiji@gmail.com)

You will need to provide information relating to the health of you, your crew and any passengers and submit this together with a copy of the 50-day movement of the vessel.

For complete procedural information see page 184.

### Bio-security Authority of Fiji

The Bio-security Authority of Fiji (BAF) requires advance notification, a minimum of **48 hours** prior to arrival. The following should be emailed to [yachtinfo@baf.com.fj](mailto:yachtinfo@baf.com.fj)

- the destination seaport in Fiji and the estimated time of arrival of the vessel;
- its immediate preceding port or place of call;
- the proposed itinerary of the vessel until it leaves Fiji;
- the presence of any live animal or live plant on the vessel; and
- any other matter relevant to facilitating bio-security landing clearance of the yachts that is specified.

For complete procedural information see page 185.

### Fiji Cruising Permits

Application for cruising permit shall either be submitted through an agent or made personally at the Provincial Service Division. Processing time is 1-3 days and the permit shall be issued up to a maximum of six (6) months.

For complete procedural information see page 181.

### Ports Authority

Any time you enter or depart from a Port in Fiji, all vessels must use VHF Channel 16 to communicate with Port Control requesting information on port traffic and permission for your entry or exit.

For complete procedural information see page 183.

### Important Requirement

The yacht master shall be required to provide weekly updates on status, movement and location

of the vessel. Communication can be made through any of the following:

VHF Channel 16

T: (679) 3243782 | (679) 3243747 | (679) 3243315

Customs Hotline (679) 3243666

Email: [yachtsreport@frca.org.fj](mailto:yachtsreport@frca.org.fj)

Facsimile Suva: (679) 3302864

Lautoka: (679) 6665961 | Levuka: (679) 3440425

Savusavu: (679) 8850728

**Note: You will be subject to heavy penalties under the Customs Act for any breach of the conditions of cruising.**

### Fees

Border Control Agencies (Customs, Immigration, BioSecurity and Health) hours of operation are Monday-Friday: 08:00-16:30. Overtime charges apply for services outside of these hours including weekends and public holidays (which both require prior arrangement). It is therefore highly advisable to time your entry for within office hours as overtime penalties add up and can become quite expensive.



## iTaukei Affairs Board

### Cruising Permits

The iTaukei Affairs Board is a statutory body working to ensure that the Government develops, maintains and promotes policies that will provide for the continued good governance and welfare of the iTaukei now and into the future.

Tourists travel to Fiji in different ways to experience the iTaukei lifestyle that is being offered. The iTaukei Affairs Board is the issuing authority of cruising permits for yachts and Superyachts that plan to spend their holidays within the Fiji Group.

Whether you decide to make the trip to the iTaukei offices in Lautoka or Suva yourself, or contract an

**Cruising Permit:** No charge.

**Immigration:** No charge unless a visa is required.

**Customs:** No charge. However, overtime will be charged for clearance during lunch hour (1-2pm) on weekdays at \$27.40. After 16:30 at FJ\$18.40 per hour; Saturdays, Sundays and public holidays, at FJ\$25.55 per hour. After 20:00 to 06:00 weekdays, and on Saturdays, Sundays and public holidays, there is a three hour minimum charge.

**Health:** \$172.50. Overtime fees of \$47.82 apply outside of office hours

**Bio-Security Clearance:** FJ\$89.70 (which includes fee for incineration of prohibited food). Overtime rate of \$182.39 applies outside of office hours.

**Ports Authority of Fiji:** All entering vessels up to 100 tonnes maximum of FJ\$14.45.

**Important Note: Please keep receipts for payments made in a safe place for departure requirements.**

*\*Figures are subject to change*

agent to do this for you, it is to the **iTaukei Affairs Board** that you must apply for your permit to cruise Fiji's waters.

The following information gives a comprehensive guide to the process and the documentation that you will need to produce.

### Purpose

The purpose of this permit is to allow bona fide visiting yachts to cruise around the Fiji Islands. This permit is:

- To ensure that Captain of the yacht and its crew are advised of the iTaukei protocol needed to visit iTaukei traditional fishing grounds;



- To inform the iTaukei traditional fishing ground owners to welcome the visitors [you] and assist them should they need; and
- To allow the iTaukei communities to report any suspicious activities and/or any vessel that is accessing the iTaukei communities without the Government's knowledge

### Scope

The cruising permit around Fiji waters shall be issued by the iTaukei Affairs Board under the provision of the Fiji Customs Act to Yachts and Superyachts cruising around Fiji waters and traditional fishing boundaries.

### Responsibility

The Principal Assistant Secretary (PSD) and any of his officers shall be responsible for issuing Cruising Permits.

### Definitions

"Agent" – a registered Marina operating under the Fiji Islands Hotel and Tourism Association (FIHTA) Marine Operators. Also refers to a recognized yacht / superyacht agent.

"Crew" – any person engaged in any capacity on board a yacht.

"Cruising Permit" – means the vessel permit issued by the Principal Assistant Secretary (PSD).

"Customs clearance" – certificate issued by the Fiji Islands Revenue and Customs Authority under the Customs Act Cap.

"Master" – the person in charge or in command of the yacht.

"Passport" – travel document.

"Superyacht" – as defined under Superyacht Charter Decree 2010.

"Travel document" – proof of identification as defined under the Immigration Act.

### Processes to be undertaken by iTaukei Affairs Board staff

#### Application for Cruising Permit

Application for cruising permit shall either be

submitted through an agent or made personally to the Provincial Service Division.

#### Verification of Identity

- Verify the Master of the yacht's identity with his or her passport.
- Verify the yacht's Customs Clearance to indicate that the yacht is a legitimate visitor.
- Verify the identity of the yacht and its colour with Customs Clearance and Certificate of Registration.

#### Issuing of Cruising Permit

- Enter the name of the Master of the yacht as it appears on the passport or travel document on the permit.
- Enter the name of the yacht as it appears on the Customs Clearance Certificate on the space provided on the permit.
- Enter the number of months they wish to cruise in Fiji waters on the permit.
- Enter the number of crews who shall be cruising on the yacht.
- Verify the information being typed on the electronic certificate before printing.

#### Superyacht Cruising Permit

Follow the process as specified above if an agent is lodging the application for cruising within the traditional fishing boundaries on behalf of the Master of the Superyacht.

#### Duration of Permit

The permit shall be issued up to a maximum of six (6) months. Should the yacht depart the Fiji waters within six months after being cleared by Fiji Island Revenue and Customs Authority will have its permit revoked as soon as it leaves Fiji waters.

#### Processing Time

The processing time is 1 day.



# Ports of Fiji

Fiji Ports Corporation Limited (FPC) is a wholly owned Government Commercial company committed to providing return to its shareholders. FPCL owns and carries out maritime operations in the four main ports of Suva, Lautoka, Levuka and Malau. In addition, FPCL also oversees the operations and ISPS requirements for Malau port, Rotuma port and Vuda mariner. There are other ports of entry covered under the Customs Act, but not administered by FPCL, namely Savusavu and any sufferance port.

Communicating with Fiji Ports is via VHF16, and you will be advised when to proceed to anchor at the designated boarding area within the harbour to await the arrival of customs, immigration, bio-security, and health for the required statutory clearances.

Charges relating to pilots (if required) when your vessel is alongside are all stipulated in the tariff guide available from the Fiji Ports website. Piloting is compulsory for all overseas vessels with charges included in the Fiji Ports website.

## About the Ports

### Port of Suva

Port of Suva is Fiji's largest, busiest and biggest container and general port providing the maritime gateway to the country and also as transshipment center particularly for cargo destined for other Pacific Island countries.

#### Data

Position – 18 degrees – 8 S, 178 degrees – 26 E

5 Berth Locations:

Kings South; 11m @ CD

Kings Central; 11m @ CD

Kings North; 11m @ CD

Walu Bay; 9m @ CD

Princess Wharf; 4m @ CD

Fresh Water: Available at all berths.

### Port of Lautoka

Situated at position 18 degrees -8 South, 178 degrees -26 East. Handles mostly bulk cargo, including sugar, molasses, woodchips, petroleum, and gas. However it also handles containerized cargoes including the Fiji Water exports.

#### Data

Maximum draft: 11 m @ CD

Fresh Water: Available at the wharf and supplied by Fiji Ports.

Pilot Boat: Available.

### Port of Levuka

Port of Levuka is primarily a fishing port catering for fishing vessels that berth at Levuka to supply Levuka's Cannery managed by PAFCO.

Levuka is Fiji's old capital and the original wharf was built in 1886. Back then it was a bustling trading centre and was known as Queens Wharf comprising a timber super-structure supported on concrete piles.

Levuka Town is registered as a natural heritage site for Fiji; many of its original buildings and infrastructure remain as it was built in the late 1800's. A step back into Fiji's past and history is experienced with Levuka and it is this unique atmosphere that has encouraged cruise vessels to berth at Levuka to experience their heritage and culture.

#### Data

Maximum Draft: 7.5m @ CD

Fresh Water: Available at all berths.

**For more information on Fiji Ports Corporation:**

**[www.fijiports.com.fj](http://www.fijiports.com.fj)**

**T: 331 2700 | F: 330 0064**





## Health Quarantine

Until further notice, the "Quarantine Pre-Arrival Advice for Vessels" form can be downloaded from [www.fijimarinas.com](http://www.fijimarinas.com)

Completed forms should be emailed to: [healthquarantinefiji@gmail.com](mailto:healthquarantinefiji@gmail.com)

You will need to provide information relating to the health of you, your crew and any passengers and submit this together with a copy of the 50-day movement of the vessel.

### Healthy Ports

For vessels arriving into Fiji from Healthy Ports (free of Malaria, Yellow Fever or any other dangerous communicable diseases), Radio Pratique (approval to berth alongside) may be requested, however, the Health Quarantine officers may still board your vessel for inspection.

### Malaria

Fiji is currently free of the Malaria vector; and we would like to keep it that way. Therefore, if you are travelling from or through any of the below list of ports that have been identified as Malarial carrying mosquito areas within the last 50 days, the Health Quarantine department will need to carry out an onboard inspection. If arriving within 10 days, your vessel will be subjected to anti-malarial spraying. There is a fee applicable for inspection and/or spraying which is dependent upon the size of the vessel.

### Malarial Ports:

Vanuatu, Solomon Islands, Papua New Guinea, Australia (north of the latitude of Brisbane), Panama Canal, the East Indies, Asia, or any port or place in which malaria carrying mosquitoes are present.

You will need to declare this information on your pre-arrival form and you must also notify Port Control that you are arriving from a Malarial carrying mosquito area prior to entering the port. Only after Health Quarantine has given the all clear, will other Border Control Agencies be permitted to board.

### Yellow Fever:

Anyone travelling within 6 days from, or through a country that is yellow fever endemic (see list below), must produce a valid vaccination certificate upon arrival. This must also be declared on the arrival card. Vessels travelling with passengers who have visited yellow fever endemic countries within 6 days of arrival will be boarded first by Health Quarantine Officers.

### WHO: Countries with risk of yellow fever transmission (2012):

Angola, Argentina, Benin, Bolivia, Brazil, Burkina Faso, Burundi, Cameroon, Central African Republic, Chad, Colombia, Congo, Democratic Republic of the Congo, Cote d'Ivoire, Ecuador, Equatorial Guinea, Ethiopia, French Guyana, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Guyana, Kenya, Liberia, Mali, Mauritania, Niger, Nigeria, Panama, Paraguay, Peru, Rwanda, Sao Tome & Principe, Senegal, Sierra Leone, South Sudan, Sudan, Suriname, Togo, Trinidad & Tobago, Uganda and Venezuela.

### Worldwide Pandemics:

Outbreaks such as Ebola, H1N1 and Bird Flu have unfortunately swept through the world's population in the past. Should such another pandemic occur, arrival from, or through an infected country must be declared. The Ministry of Health will take necessary precautions to keep the people of Fiji safe, and you should check for updates to information during such a time, as each situation will be different.

**For any further information,  
please contact the Quarantine Authority of Fiji  
on 3306 177 or 321 5710**



## Biosecurity Authority of Fiji (BAF)

Biosecurity is the protection of the economy, environment, biodiversity and human health from the negative impacts associated with the entry, establishment and spread of organisms including pests, diseases and invasive species.

It is also ensuring Fiji has a strong export industry for our produce by maintaining existing trade markets and finding new ones. Bio-security is vitally important to Fiji as we are heavily reliant on agriculture and our natural environment. New pests can not only devastate our food security, but can also damage agriculture or horticultural production, forestry and tourism and affect trade in international markets.

The economic consequences of failing to protect Fiji are dire: it could affect our employment opportunities, our human health and also our traditional lifestyle which is highly treasured.

All ships and vessels travelling to Fiji need to meet a number of requirements before and upon arrival to ensure Fiji's environment, economy and people are protected from invasive pests and diseases.

This page sets out the requirements for ships and vessels.

### Yachts

Yachts and pleasure crafts are welcome in Fiji. However, international yachts entering Fiji waters are considered to be of a high biosecurity risk and are closely monitored by BAF. Hence it is important for yacht owners to be aware of the clearance procedures for yachts and other pleasure crafts.

#### Biosecurity clearance procedures:

- Once in Fiji waters, the yachts should proceed immediately to the designated port of entry.
- The Master or Captain of the yacht must declare to BAF the following:
  - the destination seaport in Fiji and the estimated time of arrival of the vessel;
  - its immediate preceding port or place of call;
  - the proposed itinerary of the vessel until it leaves Fiji;
  - the presence of any live animal or live plant on the vessel;

- any other matter relevant to facilitating biosecurity landing clearance of the yachts that is specified by BAF.

This above declaration must be made at least 24 hours before the estimated time of arrival.

The vessel master must complete a Master's Declaration Form declaring all biosecurity risk items on board that are either restricted or prohibited.

#### Items to declare include:

- Foods (tinned/packed), including meat, sausages, salami, ham, poultry, eggs, milk, butter, cheese, honey etc;
- Plants or parts of plants (live or dead) including vegetables, fruits, nuts, seeds, bulbs, flowers (fresh or dry), mushrooms, straw, bamboo or any other articles made of plant materials;
- Animal products including feathers, fur/skin, shells, hatching eggs;
- Animals, reptiles, fish, birds (or parts thereof), alive or dead, stuffed or mounted;
- Soil or equipment used with animals of any kind or that has come in contact with soil;
- Biological specimens including vaccine cultures, blood or any other biological specimen; and
- Domesticated pets to be bonded and kept on board the vessel at all times (cats/dogs/birds etc).

Some of these items will not be permitted to be kept aboard the yacht for the duration of the visit in Fiji. What is allowed to stay aboard will be at the discretion of the Biosecurity Officer at the time of inspection, depending on the risk they represent.

The yachtmaster should also ensure that no refuse containing any animal, plant, animal product or plant product is discharged from the yacht into the sea while the yacht is in Fiji. All refuse generated on the vessel is placed in a suitable leak-proof container, with a lid, and the container is securely fastened at all times and kept aboard the yacht. The refuse can only be removed from the yachts under the directions of the Biosecurity Officer.



**Live animals on yachts:**

Yachts arriving in Fiji with live cats, dogs, pet birds etc must pay a bond as security against the dog, cat or pet bird etc coming ashore while in Fiji's territorial waters. The bond payment is F\$1,500 which is refundable upon departure from Fiji if bond conditions are not breached.

In general no animals will be permitted to come ashore in Fiji and must remain on board the vessel at all times while in Fiji's territorial waters.

Cats, dogs and other pet animals may not be imported into Fiji via yachts.

Cats and dogs must be vaccinated against rabies not more than 12 and not less than 6 months before arriving in Fiji. One month after the rabies vaccination of the dog, it must be subjected to the Rabies Neutralization Antibody Titre Test (RNATT) with a positive result of no less than 0.5 IU per ml.

By taking these precautionary measures visitors will enjoy traversing the pristine waters of Fiji without the worry that their pets may be posing a risk to the native fauna, flora, the environment and the friendly people of Fiji.

Pet birds (e.g. parrots, finches, canaries etc) on yachts, must have been tested free of Newcastle Disease six (6) months prior to arrival in Fiji, must not have been in the waters of countries not free of Newcastle Disease without vaccination less than six (6) months prior to arrival in Fiji. Pet birds must be in locked cages at all times, and must not be brought on shore at any time.

Other species of pet animals are prohibited from entry into Fiji waters via yachts.

Vaccination certificates and laboratory tests results must be original and made available to Biosecurity Officers when Biosecurity Boarding Inspections are carried out at the first Port of Entry.

*For further information or clarification please contact the Biosecurity Authority of Fiji on*  
T: +679 331 2512, Shortcode 5994,  
F: +679 330 5043 or E: [yachtinfo@baf.com.fj](mailto:yachtinfo@baf.com.fj)

## Departing Fiji

You must advise Customs at least 24 hours prior to your expected departure and then berth your yacht in a port of entry/exit.

You are required by officials to sail your yacht to the Port where you wish to apply for departure clearance. You **must not** leave your yacht at a Marina or Yacht Club and travel by land to your chosen departure Port.

Pay your port fees at the port office and proceed to the Customs Office to complete Customs clearance out formalities. You will need your inbound clearance papers, crew details, the details of your vessel and next port of call. Don't forget your updated inventory of on board alcohol, tobacco and medical supplies if you have taken advantage of the Super Yacht Special Duty arrangement.

Immigration will not clear you until you have been cleared by customs. Customs will only clear you providing your port fees and all other fees (including health and biosecurity) have been paid (receipts for these should have been kept).

Once cleared, you will need to leave Fiji waters within 24 hours. It is prohibited to stop at any island once cleared out. However, if your departure is delayed for some reason, and you anticipate being in Fiji over that 24 hour time period, you need to contact the same customs officer and advise them of this **as soon as possible!**

Immigration also requires prior notice so that they are ready to authorize your departure and once cleared, it is expected that you will depart the port immediately.

Overstaying 24 hours after departure can result in large fines (\$20,000) or even imprisonment (2 years) of the yacht master, and this can create many problems with your clearance from Fiji. Best to check the weather and your boat for anything that could cause an issue or delay with plenty of time to spare. Be sure to contact the same customs office immediately, and record in your Log Book the reason for failure to depart.

## Moce Mada...

# Information on Wildlife Trade for Yachting Visitors

by Helen Pippard

*Species Officer @ IUCN Oceania*

## Introduction to CITES

The international trade in wildlife is estimated to be worth around US\$10 billion per year and includes hundreds of millions of plant and animal species ranging from live specimens to wildlife products derived from them.

The Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES) is an agreement developed between governments to ensure that international trade does not threaten a species' survival. To date, 175 countries (known as Parties) including Fiji have joined CITES.

The Convention has three lists of species (Appendices) that are considered to be at risk from international trade. If a species is listed in the Appendices, governments must ensure that trade of these species into and out of their countries is regulated to prevent the species from becoming endangered or extinct.

**Appendix I** includes species that are threatened with extinction. Trade in these specimens is permitted only in exceptional circumstances. Trade in pre-CITES (Pre-Convention) specimens (i.e. specimens harvested prior to the date they were listed on the CITES Appendix) is allowed with the correct documentation.

**Appendix II** includes species that may become threatened with extinction if trade is not properly regulated. Trade in these species requires a CITES export permit as a minimum. In addition, Appendix II includes look-alike species in order to effectively regulate trade and prevent unnecessary extinctions.

**Appendix III** lists species that are protected in at least one country, which has requested other CITES Parties to assist in controlling the trade of such species. Species are not necessarily threatened with extinction on a global scale. Fiji does not have any species listed in Appendix III of the Convention.

## Endangered and Protected Species (EPS) Act

Although CITES is legally binding on the Parties, it does not take the place of national laws. Parties therefore implement the Convention through their own national legislation. Fiji joined CITES in 1997 and implements the Convention through the *Endangered and Protected Species Act (2002)* (EPS Act) and the *Endangered and Protected Species Regulations (2003)* (EPS Regulations). The EPS Act aims to regulate and control the international trade,

domestic trade, possession and transportation of species protected under CITES.

As well as species listed in the CITES Appendices, the EPS Act contains Fijian species that are not listed in the Appendices, but which are instead protected under Schedules 1 and 2. Like the CITES-listed species, trade in these species must be authorized through permits. A species listed in Schedule 1 or 2 can only be traded into or out of Fiji if the Department of Environment has approved the trade and issued the relevant permit.

**Schedule 1** of the EPS Act lists all species indigenous to the Fiji Islands that are not listed in Appendix I of CITES but which are believed to be threatened with extinction

**Schedule 2** lists species indigenous to the Fiji Islands that are not listed in Appendix I, II or III or Schedule 1 of the EPS Act

## Permits

Contact the Department of Environment for advice on trading an endangered species or specimen. Obtain the relevant permit or letter of approval from iTaukei Affairs Board, Dept. Forestry, Dept. Fisheries or Quarantine Division prior to applying for a CITES permit.



*For further information, please contact:*

[info@environment.gov.fj](mailto:info@environment.gov.fj) | T: +679 331 1699 | [www.environment.gov.fj](http://www.environment.gov.fj)



[www.cites.org](http://www.cites.org) for general information about CITES  
[www.iucnredlist.org](http://www.iucnredlist.org) for information on threatened species



## DUTY FREE BUNKERING

By law only vessels 100 tons net or more may bunker duty free fuel. Your yacht or ship agent must get an approved C-35 form from customs before any bunker.



# A Quick Guide to the Fijian Language

## Bula!

"Bula!", the Fijian 'hello', is the best-known Fijian word. Whatever their own language, people who come from Fiji like to say *bula* to each other when they meet in other parts of the world.

*Bula* is not the only Fijian word for 'hello'. Throughout the western part of Fiji, including western Vitilevu, the Yasawa and Mamanuca islands, and Vatulele, the usual word for 'hello' is *cola* (pronounced *thola*). If you are in western Fiji, try saying *cola* instead of *bula*, and the gesture will be appreciated.

There is another, more respectful, way of saying hello, which is by adding *nī* before the *bula* or *bula vinaka*. So *Ni bula* or *Ni bula vinaka* is what you might say if you were formally introduced to a chief, or a person of high status.

## Sounds of Fijian

Fijian uses the Roman alphabet, as do English and most European languages, but some of the letters represent sounds in ways that are unexpected for English speakers.

The vowels are a little different from English – and how different they are depends on what kind of English you speak! If you are a speaker of German, Italian or Spanish, you should have no problems at all, because the five vowels (a, e, i, o, u) are pronounced almost exactly the same. The pronunciation is roughly as follows:

a	as in 'spa'
e	as in 'pet'
i	as in 'machine'
o	as in 'sore'
u	as in 'too'

Some vowels have a line over the top: *ā, ē, ī, ō, ū*. This line is called a 'macron', and is used in Fijian and other Pacific languages to show that the vowel is long – so it's pronounced significantly longer than the same vowel without a macron. It's a bit like the difference between the vowel in 'sit' (short) and 'seat' (long).

Getting the length of the vowels right is important. For example, *vuvu* means 'muddy', but *vūvū* means 'jealous', and takes about twice as long to pronounce. Here are some small differences in the pronunciation of consonants that English speakers need to bear in mind:

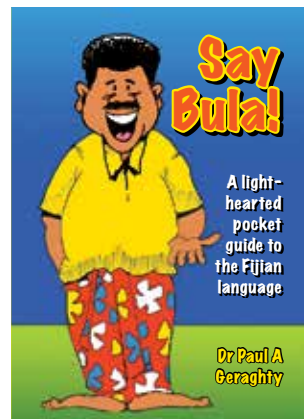
c	is like the 'th' in 'that' (not as in 'thin')
b, d	have a preceding nasal consonant, so b sounds like 'mb' and d like 'nd'
g	is like the 'ng' in 'hang' (not as in 'finger')

j	is like 'ch', but without the puff of breath that usually follows
k, p, t	are as in English, but without the puff of breath that usually follows. Also, t often sounds like 'ch' before the vowel i, so <i>oti</i> is often pronounced as if it were <i>oji</i> ('ochi').
r	is rolled, as in Scottish English, Spanish, etc.
q	is like the 'ng' in 'finger' (not as in 'hang')
v	is pronounced by placing the lips together (not with the lower lip against the upper teeth as in English).

## Who speaks Fijian?

There are many different varieties of Fijian. There are about 300 regional dialects. Of these, approximately one hundred are 'western' and two hundred 'eastern'. These two groups are very distinct, so much so that they should be considered totally different languages. Below are a few examples of common words that differ between a typical western dialect and Standard Fijian, which is eastern:

Western Fijian	Standard Fijian	English
<i>la</i>	<i>lako</i>	go
<i>qu</i>	<i>au</i>	I
<i>maru</i>	<i>keirau</i>	us two (not you)
<i>bālō</i>	<i>lasu</i>	tell a lie
<i>kova</i>	<i>dabe</i>	sit
<i>tavukē</i>	<i>i keri</i>	there (where you are)
<i>were</i>	<i>vale</i>	house
<i>mataku</i>	<i>rere</i>	afraid
<i>vulau</i>	<i>goneyalewa</i>	girl



### Excerpts from *Say Bula!*

*A light hearted pocket guide to the Fijian language - 160pp*

Written by well known linguist, Dr Paul A Geraghty, Associate Professor in Linguistics at the University of the South Pacific

Available from Tappoo Outlets.

## Useful English - Fijian (Standard) Translations

a	na, e dua na	book	ivola	cool	liliwa
a little	vakalailai	boss	boso	coral reef	cakau
a lot	vakalevu	both	ruarua	correct	donu, dina
able to	rawa ni	bottle	tavaya	cost	isau
above	i cake	boy	gonetagane	cough	vū
accept	ciqoma	bread	madrai	count	wili-ka
accident	vakacalakā	breadfruit	uto	crew (ship)	kaimua
ache	vutu	break	voroka	crooked	veve
aeroplane	waqavuka	breakfast	katalau	cup	bilo
afraid	rere-vaka	breathe	cegu	cure	walia
again	tale	bring	kauta mai	custom	itovo
ahead	liu	brought	kau mai	cut	musuka
alive	bula	bucket	vōkete	dad	tā
all	kece, taucoko	burn	kama	dance	dānisi
allowed	vakatarai	bus	basi	dance (trad)	meke
almost	vōleka ni	bush	veikau	dark	butō
alone	duadua	business	bisinisi	daughter	luve- yalewa
animal	manumanu	busy	osooso	day	sigā
another	e dua tale	buy	volia	dead	mate
arrangement	veivosaki	call	kaci-va	deckhand	kaimua
arrive	yaco	can	rawa ni	deep	titobu
arrogant	viavialevu	canoe	waqa	delicious	maleka
ashamed	māduā	car	motokā	devil	tēvoro
ask a favour	kerekere	care for	lomana	die	mate
awake	yadra	carpenter	mātai	different	duatani
away	tani	carry	kau-ta	difficult	drēdrē
backwards	i muri	catch	ciqoma	dinner	ivakayakavi
bag	kato	cemetery	ibulubulu	dirty	duka
bailer	inima	cent	sede	dislike	cata
banana	jaina	centre	lomadonu	district	tikina
bank	baqe	chair	idabedabe	dive	nunu
bathe	sili, sīsili	change	veisau-taka	do	cakava
bathroom	valenisili	charity	loloma	doctor	vuniwai
beautiful	totoka	chat	talanoa	dog	koli
bed	idavodavo	cheeky	vosalevu	done	caka
beef	bulumakau	chicken	toa	don't	kua ni
beer	bia	chief (male)	tūraga	door	kātuba
begin	tekivū	chief (female)	marama	down	sobu
behind	muri, daku	child	gone	dry	māmaca
below	rā	church (bdg)	valenilotu	eager	mākutu
best	vinaka duadua	church (srv)	lotu	earth oven	lovo
better	vinaka (cake)	cigarette	itibi	easy	rawarawa
beware of	qarauna	clan	metaqali	eat	kana, kania
bible	ivolatabu	clap	vakasausau	eat dinner	vakayakavi
bicycle	basikeli	clean	savasavā	eat lunch	vakasigalevu
big	levu	clear	macala	edible	laukana
birthday	siganisucu	clever	vuku, mātai	eight	walu
bite	kata, kati-a	clock	kaloko	electricity	livaliva
bitter	wiwi	close	sogota	embarrassed	māduā
black	loaloa	close (near)	vōleka	embrace	mokota
blessed	kalougata	clothes	isulu	empty	maca
blood	drā	coast	bāravi	English	vakavālagi
blow	uvu-ca	coconut	niu	enjoy	tāleitaka
blue	karakarawa	cold	batabatā	enough	rauta
board	vodo	come	lako mai	enter	curu (i loma)
boat	boto	complete	taucoko	escape	drō
bone	sui	cooked	buta	evening	yakavi



excellent	uasivi
exit	curu (i tuba)
fall	lutu
false	lasu
family	vūvale
fan	iri
far	yawa
fast	totolo
fat	levulevu
father	tama-, tā
fear	rere-vaka
female	yalewa
fetch	lakova
Fijian	vakaviti
film	yaloyalo
find	kunea
fine	totoka
finished	oti
first	imatai
fish	ika
fish-fence	baniika
fishing-line	wānisiwa
five	lima
flashlight	cinalivaliva
flee	drō
fly	vuka
follow	muri-a
food	kākana
forbidden	tabu
forget	guilecava
fork	icula
forwards	i liu
four	vā
free	galala
friend	itau
from	mai
fruit	vua
full	sīnai
funny	lasa
garden	iteitei
gentleman	tūraga
gentle	yalomālua
genuine	dina
get off	sobu
get on	vodo
get ready	vakarau-taka
gift	iloloma
girl	goneyalewa
give	solī-a
glasses	matailoilo
go	lako, gole
go ahead	liu
go ashore	cabe
go back	lesu
go behind	muri
go in	curu (i loma)
go on a trip	gādē
go out	curu (i tuba)
god	kalou
good	vinaka
goodbye!	moce!
goods	iyāyā

government	matanitū
grab	kovea
grass	cō
great	set
greedy	kocokoco
guest	vūlagi
habit	itovo
hair	ulu
half	veimāmā
hand	liga
handsome	totoka
happy	mārau
hardworking	gūmatua
hat	isala
hear	rogoca
heavy	bibī
hello	bula
help	veivuke
high tide	ua
him	koya
hold	taura
hole	qara
honest	yalodina
hot	katakata
hotel	ōtela
hour	awa, yawa
house	vale
how	vakacava
hug	mokota
hundred	drau
hungry	viakana
hurt	mosi, mavoa
immediately	sara
injured	mavoa
inside	loma, loma
invite	sureta
island	yanuyanu
jealous	vūvū
joke	veiwali
July	Julai
jump	lade, rika
June	Jūnē
just	dodonu
keen	mākutu
kerosene	karasini
kind	yalovinaka
kiss	regu-ca
kitchen	valenikuro
knife	isele
know	kilā
lady	marama
lamp	cina
land	vanua
language	vosa
large	levu
late	bera
later on	mālua
laugh	dredre
laze about	mokusiga
learn	vuli-ca

leave behind	biu-ta
letter	ivola
lift	lave-ta
lightning	liva
little	lailai
long	balavu
long time	dedē
look at	rai-ca
look for	vāqarā
lost	yali
love	loloma
low tide	mati
lucky	kalougata
luggage	iyāyā
mad	lialia
male	tagane
man	tagane, tūraga
manioc	tavioka
market	māketē
marriage	vakamau
married	vakawati
mat	ibe
matches	māsese
medicine	wainimate
message	itukutuku
midday	sigalevu
midnight	bogilevu
mile	maile
milk	sucu
mine	noqu
missing	yali
money	ilavo
month	vula
moon	vula
morning	mataka
mother	tina-, nā
move	toso
mud	sōsō
muddy (wtr)	vuvu
mum	nā
my	noqu
name	yaca
narrow	rabalilai
near	vōleka
neat	maqosa
net	lawa
never mind	veitālia
new	vou
news	irogo
nice (person)	yalovinaka
night	bogi
nine	ciwa
no, none	sega
not allowed	tabu
not enough	lailai
not yet	se bera
now	sā
ocean	wasawasa
oil	waiwai
old (person)	qase

old (thing)	makawa
one	dua
open	dolava
outside	tuba
owner	itaukei
pants	tarausese
papaya	weleti
pass, past	sivi
passenger	pasidia
passport	pasipote
pawpaw	weleti
pay	isau
pillow	ilokoloko
pitiful	vakaloloma
place	vanua
plantation	iteitei
play (sport)	qito
policeman	ovisa
poor (pitiful)	vakaloloma
possible	rawa
post office	posi
pray	masu
prepare	vakarautaka
priest	bete
problem	leqa
province	yasana
pull	drē, dreta
push	bili-ga
put out (fire)	bokoca
quick	totolo
radio	rētīō
rain	uca
ready	vakarau
really!	sā dina!
red	damudamu
refuse	bese
remember	nanuma
request	kerekere
reside	tiko
rest	cegu
return	lesu
river	uciwai
road	gaunisala
rock	vatu
rugby	raka, rakavī
run	cici
sad	rarawa
sail	soko
sailor	dausoko
salt	māsima
sand	nuku
sarong	isulu vakatoga
say goodbye	vakamoce
say hello	vakabula
school	koronivuli
scream	kaila
sea	waitui
second	karua
see	raica
sell	volitaka

seven	vītu
shallow	vōdea
shark	qiō
ship	waqa
shop	sitōa
shopping	volivoli
shore	bāravi
shout	kaila
show	vakaraitaka
show respect	vakarokoroko
shut	sogota
sick	tauvimate
simple	rawarawa
sing	laga sere
sink	luvu
sit	dabe
six	ono
skilled	mātai
skin	kuli
sky	lomālagi
sleep	moce
slow	berabera
slowly	vakamālua
small	lailai
smoke	kubou
soap	sovu
soft	malumu
soil	qele
soldier	sōtia
someone	e dua
son	luve- tagane
soon	vakarau
sorry!	tilou! vosota!
souvenir	ivakananumi
speak	vosa
stairs	ikabakaba
stand	tū, tūcake
star	kalokalo
stay	tiko
steal	butako
stop	tū
story	italanoa
straight	dodonu
string	wā
strong	kaukaua
study	vuli, vuli lēsoni
stupid	lialia
suck	domi-ca
sugar	suka
sugarcane	dovu
take	kauta, taura
taken	kau
talk	vosa
tapa	masi
taro	dalo
taro leaves	rourou
taste (try)	tovolea
tea	ti
telephone	talevoni
tell	tukuna

ten	tini
thank you	vinaka
that way	vāyā
this way	vāqō
three	tolu
throw	virī-taka
throw away	biu-ta
thunder	kurukuru
time	gauna, kaloko
tired	oca
today	nikua
together	vata
toilet	valelailai
tomorrow	nimatata
tooth	bati
top	dela
tourist	saravanua
towel	tauelu
tree	kau, vunikau
trouble	leqa
true	dina
trust	nuitaka
try (test)	tovolea
turn	gole
two	rua
up, upwards	cake
village	koro, nakoro
visible	laurai
visitor	vūlagi
wait	wāwā
wake up	yadra
walk	taubale
want	vinakata
wash	savata
watch	kaloko
watch out for	qarauna
water	wai
weak	malumalumu
weather	draki
weave	tali-a
week	mācawa
well	vinaka
wet	suasua
what	cava
when?	naica?
whistle	kalu
white	vulavula
why	baleta
wide	rabalevu
wife	wati
wind	cagi
wireless	wālesi
wise	vuku
woman	yalewa
work	cakacaka
write	volavola
wrong	cala
year	yabaki
yes	io
yesterday	nanoa



# FIJI Shores & Marinas 2017

## DIRECTORY SERVICE

**Fiji Yachting Association**  
c/o Tradewinds Marine Ltd  
P.O. Box 3084  
Lami | Fiji  
T: 3361833 | 3361796 | F: 3361035

### Marinas

**Copra Shed Marina | Savusavu**  
VHF: 16 & 17 | T: 885 0457  
coprashed@connect.com.fj

**Denarau Marina | Nadi**  
VHF: 16 & 14 | T: 675 0600 | F: 675 0700  
reservations@denarumarina.com

**Musket Cove Marina**  
Mamanuca Islands  
VHF: 68 | T: 666 2251  
mcy@musketcovefiji.com

**Royal Suva Yacht Club | Suva**  
VHF: 16 & 68 | T: 331 2921 | 992 2921  
F: 330 4433 | rsysc@kidanet.net.fj

**The Pearl Resort Marina,  
Pacific Harbour**  
T: 7730 022  
stay@thepearlsouthpacific.com

**Vuda Marina Fiji | Vuda**  
VHF: 16 & 11 | T: 666 8214  
reception@vudamarina.com.fj

**Waitui Marina | Savusavu**  
VHF: 16 | T: 835 3913  
waituimarinafiji@gmail.com

**Savusavu Marina & Boatyard**  
VHF: 16 | T: 885 3543 | F: 885 3422  
savumari@connect.com.fj

### Resorts with Anchorages

**Boathouse Nanuya**  
16° 56' 28"S | 177° 22' 10"E  
T: +679 666 7633

**Leleuvia Island Resort**  
17° 48' 0"S | 178° 43' 59"E  
T: +679 890 1049  
reservations@leleuvia.com

**Matava Resort**  
19° 02' 55"S | 178° 23' 47"E  
info@matava.com

**Paradise Taveuni**  
16° 56' 07"S | 179° 54' 06"E  
T: +679 888 0125 | M: +679 999 0125

**Robinson Crusoe Island Resort**  
18° 03' 49"S | 178° 15' 97"E  
T: +679 891 3900  
robinsoncrusoe@connect.com.fj

**Safari Island Lodge**  
17° 17' 914"S | 178° 13' 361"E  
T: +679 628 3332  
warren@safarilodge.com.fj

**Taveuni Dive Resort**  
16° 50' 23"S | 179° 58' 2"E  
T: +679 891 1063  
enquiry@taveunidiveresort.com

**Vatia Beach Eco Resort**  
17° 25' 10"S | 177° 45' 07"E  
T: +679 625 4737

**Volivoli Beach Resort**  
17° 18' 41"S | 178° 10' 24"E  
T: +679 669 4511 | M: +679 999 2113

**Wananavu Beach Resort**  
17° 19' 4"S | 178° 12' 14"E  
T: +679 669 4433  
stay@wananavu.com

### Overnight Charters

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16.3m Sailing Catamaran  
enquires@uniquechartersfiji.com

**Stellar - 4 double cabins**  
49.4 ft Fast Cruiser  
Rachael@fijisafari.com

**Bel'Mare - 6 guests**  
86m Power Catamaran  
info@belmarefiji.com

**High Aspect - 4 double cabins**  
22 m Yacht  
info@yachtchartersfiji.com

**Moale - 8 guests**  
48m Sailing Catamaran  
info@adventuresailingfiji.com

**Tui Tai - 22 guests**  
42 m Tall Ship  
reservations@tuital.com

**Wayward Wind - 8 guests**  
70ft Topsail Schooner  
info@waywardwind.com.fj

**Looping**  
43m Sailing Catamaran  
saillarnorth@gmail.com

**Catatac - 8 guests**  
65ft Power Catamaran  
alan@charterboatsfiji.com

**Wai Tadra - 6 guests**  
40ft Flybridge Cruiser  
info@xtaseacharters.com

### Fiji Almanac & Fiji Chart Agents

**Hydrographic Office**  
Fiji Marine Department, Suva  
T: 336 1099 | F: 330 6295  
navops@navy.gov.fj

**Carpenters Shipping**  
22 Edinburgh Drive, Suva  
T: 3312 244 | F: 330 1572  
5-11 Naviti Street, Lautoka  
T: 666 3988 | F: 666 4896

**The Yacht Shop**  
4 Vetaia Street, Lami, Suva  
T: 336 1522 | 999 7790  
yachtshop@tradewinds.com.fj  
Vuda Point Marina T: 665 0844  
Copra Shed Marina T: 885 0040  
Royal Suva Yacht Club T: 331 3832  
Port Denarau T: 675 0522

### Pilots

**Sea Pilots (Fiji) Ltd**  
193 Rodwell Road, Suva  
T: 331 0983 | 331 2003  
Lautoka: T: 992 0415  
seapilots@unwired.com.fj

### Yacht & Super Yacht Agents

**Baobab Marine**  
Port Denarau T: 675 1120  
Vuda Point T: 664 0827  
Savusavu T: 999 3957  
info@baobabmarine.com

**Super Yacht Solutions (Fiji) Ltd.**  
T: 9996190 | PO Box 14869, Suva  
PO Box 11670, Nadi Airport  
superyachtsolutions@hotmail.com

**Yacht Help Fiji**  
Port Denarau, Nadi  
T: 675 0903 | info@yachthelp.com

**Yacht Partners Fiji**  
Port Denarau  
T: +6421 458 062  
F: 675 0062 or 675 0794  
team@yachtpartnersfiji.com

### Towage

**South Sea Towage Limited**  
25 Eliza St, Walu Bay, Suva  
T: 331 2488 | F: 330 1762

### Shipping Agents

**Carpenters Shipping**  
22 Edinburgh Dr, Suva T: 331 2244  
5-11 Naviti St, Lautoka T: 666 3988  
Nadi Airport, Nadi T: 672 2933  
agency.shipping@carpenters.com.fj

**Pacific Agencies (Fiji) Ltd**  
Level 2, Gohil Complex, Suva  
T: 331 5444  
6 Sautamata St, Lautoka  
T: 666 0577  
Nadi Airport, Nadi  
T: 672 5054  
info@pacshipfiji.com.fj

**Williams & Goslings**  
80 Harris Road, Suva T: 331 2633  
Navutu Ind. Lautoka T: 666 4093  
Nadi Airport, Nadi T: 672 2855  
Main St, Savusavu T: 885 3002  
info@wgfiji.com.fj

### Dive Equipment & Servicing

**Bikini Bottom Dive Shop**  
Shop 11B, Arts Village,  
Pacific Harbour  
T: 973 1176  
longosdiveshop@yahoo.com

**Deep End Services**  
T: +679 9998862  
lancemillar9@gmail.com

**Triton Marine**  
T: 999 5980  
wayne@tritonmarinefiji.com

### Game Fishing Supplies

**Bobs Hook Line & Sinkers**  
14 Thomson Street, Suva  
T: 330 1013 Suva | 670 2013 Nadi

**Hop Tiy & Co. Ltd**  
155 Renwick Road, Suva  
T: 330 0309

**Imported Marine Accessories**  
Port Denarau Marina  
T: 675 0993 | 923 6125  
F: 675 0042  
ima@connect.com.fj

### Life Raft, Safety Equipment & Services

**Fire Solutions Ltd**  
Vuda Point, Vuda  
T: 666 6020 | 992 4200  
firesolutions@hotmail.co.nz

**Lawhill Life Rafts**  
25 Wailada Ind. Est., Lami, Suva  
T: 336 1171 | 707 8809 | F: 336 1137  
Lot 6 Beddoes Circle,  
Waqadra Ind. Sub., Nadi  
T: 672 5226 | 707 8815 | F: 672 4266

**Marine Safety Services Ltd**  
Neptune Hse., Tofua St, Walu Bay  
T: 330 4764 | 338 0199 | F: 330 6121  
Beddoes Place, Namaka, Nadi  
T: 672 0177 | F: 672 0671  
marinesafety@connect.com.fj

### Airlines, Helicopters & Transfers

**Fiji Airways | Fiji Link**  
24 Hours 7 Days  
T: 672 0888 | 330 4388  
Suva Travel Centre, Grd Flr, Colonial  
Building, Victoria Parade, Suva  
T: 672 0777 | 8am-5pm Mon-Fri  
Nadi Travel Centre, Nadi Airport,  
T: 672 2777 | 8am-5pm Mon-Fri  
After hours: 672 2824

**Korean Air**  
Block 16-19 1st Flr,  
Arrival Concourse, Nadi  
T: 672 7775  
24 Hour Call Centre T: 672 7422  
nansm@koreanair.com

**Island Hoppers**  
*Helicopter & fixed wing charter planes*  
T: 672 0410  
reservations@islandhoppersfiji.com

**Pacific Island Air**  
Nadi Airport  
T: 672 5644 | F: 672 5641  
reservations@pacisair.com.fj

**Northern Air**  
T: 347 5010 | F: 347 5004  
northernair@connect.com.fj

### High Commissions & Embassies

**Australia**  
37 Princes Road, Tamavua, Suva  
T: 338 2211  
Opening Hours | 8am-4.30pm Mon to Fri  
Consular Emergency Centre (Australia):  
+61 6261 3305 (24 Hours)

**France**  
7<sup>th</sup> Floor Dominion House,  
Thomson Street, Suva  
T: 331 2233 | 331 0562 | Nadi: 707 8050  
Emergency Assistance: +679 992 1752  
Opening Hours | 8am-5.30pm Mon to  
Thurs and 8am-12pm Fri

**New Zealand**  
10th Fl. Reserve Bank Bldg,  
Pratt Street, Suva | T: 331 1422  
E: NZHC@unwired.com.fj

**United Kingdom**  
Victoria House,  
47 Gladstone Road, Suva | T: 322 9100  
Twitter: @ukinfiji  
Opening Hours | 8am-4pm  
After Hours Emergency: +679 322 9100

**United States of America**  
158 Princes Road, Tamavua, Suva  
T: 331 4466  
Opening Hours | 8am-5.30pm  
After Hours Emergency: +679 772 8049

### Chandlery & Rigging

**Imported Marine Accessories**  
Port Denarau Marina  
T: 675 0993 | 923 6125 | F: 675 0042  
ima@connect.com.fj

**The Yacht Shop**  
4 Vetaia Street, Lami, Suva  
T: 336 1522 | 999 7790  
yachtshop@tradewinds.com.fj  
Vuda Point Marina T: 665 0844  
Copra Shed Marina T: 885 0040  
Royal Suva Yacht Club T: 331 3832  
Port Denarau T: 675 0522

**Yacht Help Fiji**  
Port Denarau, Nadi  
T: 675 0903 | info@yachthelp.com

### Slipways

**Fiji Ships & Heavy Industries LTD**  
Lot 1 Eliza Street, Walu Bay, Suva  
T: 330 6426 F: 330 9420  
E: mataivasu@fijiports.com.fj



**South Seas Slipway**

Shed 11, Muaiwalu Complex,  
Rona St , Walu Bay, Suva  
T:3314819 | F:3314973  
talei@solander.com.fj

## Outboards Sales | Service | Parts | Repairs

**HIDEA**

Yacht Help, Port Denarau, Nadi  
T: 675 0903 | info@yachthelp.com

**SUZUKI - Niranjans**

366 Grantham Road, Raiwaqa, Suva  
Suva T: 338 1555  
Ba T: 667 6555  
Labasa T: 881 1199  
Lautoka T: 666 1733  
Nadi T: 672 4677  
Sigatoka T: 650 0511

**MERCURY  
Baobab Marine**

Port Denarau T: 675 1120  
Vuda Point T: 664 0827  
Savusavu T: 999 3957  
info@baobabmarine.com

**TOHATSU | HONDA**

Carpenters Motors  
Suva T: 331 3644  
Labasa T: 881 1522  
Lautoka T: 666 0599  
Nadi T: 670 6481  
Savusavu T: 885 0274  
sales.motors@carpenters.com.fj

**YAMAHA - Asco Motors**

Ratu Mara Road, Nabua, Suva  
T: 338 4888 | F: 337 0309  
Marina Drive, Lautoka  
T: 666 9213 | F: 666 9838  
Queens Road, Namaka, Nadi  
T: 672 1777 | F: 672 1770  
Ganga Singh Street, Ba  
T: 667 4406 | F: 667 0223  
Nasekula Road, Labasa  
T: 881 1688 | F: 881 1749  
Yacht Help Fiji | Port Denarau, Nadi  
T: 675 0903 | info@yachthelp.com

**GENERAL - City Marine**

Foster Road, Walu Bay, Suva  
T: 324 0004 | 992 0066

## Marine Engines

**CATERPILLAR**

Suva T: 327 5027  
Labasa T: 881 1522  
Lautoka T: 666 1655

**HYUNDAI**

**Seamech Ltd**  
21 Matua St, Walu Bay, Suva  
T: 330 1882 | F: 665 1727  
seamech@connect.com.fj

**VOLVO**

Yacht Help Fiji, Port Denarau, Nadi  
T: 675 0903  
info@yachthelp.com

**YANMAR  
Baobab Marine**

Port Denarau T: 675 1120  
Vuda Point T: 664 0827  
Savusavu T: 999 3957  
info@baobabmarine.com

## Air Supply

**Air Is Us**

Building 6, Mokosoi Industrial Estate  
Pacific Harbour  
T: 999 9363  
sails@airisus.com

## Canvas Products | Repair | Upholstery

**All Tents & Marine Upholsteries**

Eliza St, Walu Bay  
T: 357 9425 | 996 3326

**Auto Upholstery Canvas**

12 Nava Street, Lautoka  
T: 666 2438 | 997 8229

**Jet Set Upholstery Works**

Wekamu Industrial, Nadi  
T/F: 670 5720 | M: 997 5156  
jetsetupholstery@gmail.com

**Marshall Sails LTD**

Port Denarau Marina, Nadi T: 675 0996  
Vuda Point, Lautoka T: 666 0030  
marshallssails@connect.com.fj  
www.sailsfiji.com

## Marine Paint | Hardware | Epiglass Products

**Baobab Marine**

Port Denarau T: 675 1120  
Vuda Point T: 664 0827  
Savusavu T: 999 3957  
info@baobabmarine.com

**Hempel  
Pacific Coatings**

15-21 Nukuwatu St, Lami  
T: 336 1622

**Resene Pacific Ltd**

Wailada, Lami T: 336 1700  
Marine Drive, Lautoka T: 666 7673

**Imported Marine Accessories**

Port Denarau Marina  
T: 675 0993 | 923 6125 | F: 675 0042  
ima@connect.com.fj

**British Paints  
Pacific Coatings**

15-21 Nukuwatu St, Lami  
T: 336 1622

## Refrigeration & Air Conditioners

**Baobab Marine**

Port Denarau T: 675 1120  
Vuda Point T: 664 0827  
Savusavu T: 999 3957  
info@baobabmarine.com

**Kooline Refrigeration Lautoka Ltd**

Port Denarau  
T: 675 0647 | 999 8332  
koolineltnk@connect.com.fj

**Refrigeration & Electrical Services  
Limited (RESL)**

20 Matua Street, Walu Bay  
T: 330 4426 | F: 331 2953  
Lot 48, Namaka Sub Div, Nadi  
T: 672 8358 | F: 672 7243  
resl@connect.com.fj

## Marine Watermakers

**Spectra Watermakers  
Baobab Marine**

Port Denarau T: 675 1120  
Vuda Point T: 664 0827  
Savusavu T: 999 3957  
info@baobabmarine.com

## Marine Surveyors (Class | Valuations)

**Billett Wright & Associates Ltd**

Suva  
T: 3313 766 | 777 6918 | 777 6919  
F: 3303 024  
billett@unwired.com.fj

**Dover Marine**

10 Marine Drive, Lautoka  
T: 666 3922 | 992 9920 | F: 666 5866  
dovermarine@connect.com.fj

## Fibreglass Boat Builders

**Adventure Marine**

Veitari, Lautoka  
T: 666 2921 | F: 666 5692  
aj@gmhire.com

**Pacific Fibreglass Ltd**

17 Nukuwatu Street, Lami, Suva  
T: 336 1613  
pacglass@connect.com.fj

**The Fibreglass Shop**

16 Wailada Road, Lami, Suva  
T: 336 1057  
islanderboatsfiji@gmail.com

## Aluminium Boat Builders

**Bluewater Craft**

Naitata Road, Navua, Pacific Harbour  
T: 346 0068 | 927 7592  
bluewater@connect.com.fj

**Hammerhead Plate Aluminium  
Boats Ltd,**

Lami, Suva | T: 336 1596  
hammerhead@connect.com.fj

**Integrated Welding Industries  
| Fiji Boats**

1 Foster Road, Walu Bay, Suva  
T: 324 0001 | F: 324 0002  
raybern@connect.com.fj

**Marine Power & Services Ltd | Cobra  
Boats**

Lot 3 Beach Road, Wailoaloa, Nadi  
T: 672 6147 | 707 6147  
mps@connect.com.fj

**Marine Solutions**

Fisheries Wharf, Lautoka  
T: 628 4066 | 992 7123  
marinesolutions@connect.com.fj

**Leeda Boats**

3 Toti Street, Wailada, Lami, Suva  
T: 336 1977 | F: 336 1767  
leeda@connect.com.fj

## Hydraulics

**Seamech**

21 Matua Street, Walu Bay  
T: 3301882 | 999 8726 F: 330 0866  
sales@seamechfiji.com

## Marine Engineers

**Industrial & Marine Engineering Ltd  
(IMEL)**

Eliza Street, Walu Bay, Suva  
T: 331 2133 | 992 8134

**Marine Gear Co Ltd**

Lot 13 Rokobili Subdivision,  
Walu Bay, Suva  
T: 330 2373

**Marine Industrial & Structural  
Engineering Ltd**

22 Tofua Street, Walu Bay, Suva  
T: 331 2938

**Marine Solutions**

Fisheries Wharf, Lautoka  
T: 628 4066 | 992 7123  
marinesolutions@connect.com.fj

**Seamech Ltd**

21 Matua St, Walu Bay, Suva  
T: 330 1882 | 999 8726 F: 330 0866  
seamech@connect.com.fj

## Marine Generators

**YANMAR | Baobab Marine**

Port Denarau T: 675 1120  
Vuda Point T: 664 0827  
Savusavu T: 999 3957  
info@baobabmarine.com

## Marine Salvage & Marine Equipment

**Dive Centre (Fiji) Ltd**

Royal Suva Yacht Club Boatshed  
T: 330 0599 | 999 8809 | F: 330 2639  
divecentre@unwired.com.fj

**Deep End Services**

T: +679 9998862  
lancemillar9@gmail.com

**Marine Solutions**

Fisheries Wharf, Lautoka  
T: 628 4066 | 992 7123

**Pacdrive International**

PO Box 10, Port Denarau, Nadi  
T: 670 7979 | 9991166  
F: 675 0080  
dennisdiving@yahoo.com

**South Sea Towage Limited**

25 Eliza St, Walu Bay, Suva  
T: 331 2488 | F: 330 1762

**Triton Marine Fiji Ltd**

Eliza Street, Walu Bay, Suva  
T: 999 5980  
wayne@tritonmarinefiji.com

## Gas Suppliers

**Blue Gas**

Vuda Point, Vuda T: 666 1755  
Vou Street, Suva T: 336 1023

**Fiji Gas Limited**

Head Office, Amra St,  
Walu Bay, Suva T: 330 4188  
Terminal Wailada, Suva T: 336 1694

Waterfront Rd, Lautoka T: 666 3355  
4 Queens Rd, Nadi T: 672 8116  
Queens Rd, Sigatoka T: 650 0578  
Nasekula Rd, Labasa T: 881 2973  
Naqere, Savusavu T: 885 0437

## Oxygen Cylinder Refills

**BOC (Fiji) Liited**

Vetaia St, Lami, Suva T: 336 1011  
Damanu St, Labasa T: 881 1899  
Navutu Ind., Lautoka T: 666 2366

## Batteries

**Carpenters Motors**

Argo Street, Walu Bay, Suva | T: 999 6248

**Clay Energy**

Lot 13 Carpenter St, Raiwai, Suva  
T: 336 3880 | 999 7761 | F: 336 3882  
sales@clayenergy.com.fj

**Pacific Batteries**

Lot 20 Wailada Ind. Estate, Lami  
T: 336 2255 | F: 336 2737  
pacificbatteries@connect.com.fj  
Labasa T: 999 0673  
Lautoka T: 999 0641

**Sunrise Batteries**

6 Luke Street, Nabua, Suva  
T: 338 4247  
Main Street, Nadi  
T: 670 1621

## Solar Solutions

**Clay Energy**

Lot 13 Carpenter Street, Raiwai, Suva  
T: 336 3880 | 999 7761 | F: 336 3882  
sales@clayenergy.com.fj

## Marine Electronics Radio | Radar | Lights

**Baobab Marine**

Port Denarau T: 675 1120  
Vuda Point T: 664 0827  
Savusavu T: 999 3957  
info@baobabmarine.com

**Danz Electric (Fiji) Ltd**

Lot 2 Karsanji Street, Vatuwaqa  
T: 354 3466 | 994 4635  
danz\_electric@yahoo.com.au

**Suva Electric**

Shop 17, Grantham Plz, Raiwai, Suva  
T: 362 3691 | 992 2440 | F: 337 3692



**Tech Air Ltd**

1 Foster Way, Walu Bay, Suva  
T: 324 0040 | F: 324 0042  
3 Matua Street, Lautoka  
T: 666 2536 | F: 666 2536  
tecairltd@connect.com.fj

**The Yacht Shop**

4 Vetaia Street, Lami, Suva  
T: 336 1522 | 999 7790  
yachtshop@tradewinds.com.fj  
Vuda Point Marina T: 665 0844  
Copra Shed Marina T: 885 0040  
Royal Suva Yacht Club T: 331 3832  
Port Denarau T: 675 0522

**Video Production****Moving Pictures**

#6 | 190 Foster Road, Walu Bay, Suva  
T: 338 7966 | 799 0634  
movingpictures@connect.com.fj

**HD Expeditions (Underwater)**

T: 860 4452 | info@hdexpeditionsfiji.com

**Photography****Grasskirt Photography**

T: 934 2953 | adi.nacola@gmail.com

**Zoomfiji**

T: 999 3807  
bruce@zoomfiji.com

**Aerial Imagery****Skyward Industries**

T: 722 5569  
info@skywardindustries.com

**Car Rental****Avis**

info@avis.com.fj  
T: 6722 233 (24 hours)

**Courier Service****LOCAL**

CDP  
Suva T: 331 3077  
Lautoka T: 666 2376  
Nadi T: 670 1965  
Labasa T: 881 2999  
Levuka T: 344 0015  
Ba T: 667 5752  
Sigatoka T: 650 0647  
Savusavu T: 999 6222  
admin@cdp.com.fj

**EMS**

Toll Free 0800 334 5900  
mscuster@postfiji.com.fj

**INTERNATIONAL****DHL**

Grantham Plaza, Raiwaqa, Suva  
T: 337 2766 | 999 0411  
dhlinfof@dhl.com  
Nadi Airport, Nadi T: 672 3800  
Main Street, Savusavu T: 885 0307

**Fed Ex**

22 Edinburgh Drive, Suva  
T: 331 5980 | F: 330 2471  
5 Naviti Street, Lautoka  
T: 666 3988 | F: 666 4896  
Nadi Airport, Nadi  
T: 672 2933 | F: 672 0056  
fedexgsp.fiji.airfreight@carpenters.com.fj

**TNT**

18 Disraeli Road, Suva | T: 330 8677  
Nadi Airport, Nadi | T: 672 4587  
Marine Drive, Lautoka | T: 666 9470

**UPS (Williams & Gosling)**

Nadi T: 672 0043  
Suva T: 324 9431  
Lautoka T: 666 4093

**UB Freight**

189 Foster Rd WBay, Suva | T: 330 2710  
Nadi Airport, Nadi | T: 672 3412

**Fresh Flowers****Tadra Flowers**

Nadi T: 670 3325  
Suva T: 331 8090 | 992 2051  
info@tadra.com.fj

Namaka Market, Nadi  
Suva Market, Suva City (Fri & Sat)

**Hair & Beauty****Totoka Hair & Makeup**

Lot 11, Denarau Industrial Park  
Denarau Island  
T: 672 1177 | M: 9281057  
bookings@totokahairfiji.com

**Dentists****Dr Imtiaz Sahu Khan**

Ratu Sakuna House,  
Victoria Parade, Suva  
T: 331 1424 | 707 5637 | F: 330 5685  
sahukhandentist@gmail.com

**Stewart Street Dental Practice**

Dr Vikash Singh  
Vinod Patel Bldg,  
10 Stewart Street, Suva  
T: 330 8882 | 992 8820 | F: 331 1830  
drsingh@connect.com.fj

**Savusavu Hospital**

T: 885 0444

**Pearlz Dental Practice**

Dr Ilaijia J. Lewenilovo  
5 Nede Street, Lautoka  
T: 666 1220 | 923 0112  
ilewenilovo@gmail.com

**Northern Dental Care**

Dr Chand Lal  
Jaduram Street, Labasa  
T: 881 4077 | 993 8836 | F: 881 7530

**Pharmacies****Namaka Medisure Pharmacy**

Lot 12 Namaka Lane, Namaka, Nadi  
T: 672 8851

**Food Service Suppliers****Goodman Fielder International (Fiji) Ltd**

30 Karsanji Street, Bhindi Industrial  
Estate, Vatuvuqa  
T: 338 7066 | 337 0697 | F: 337 0317

**Wines | Spirits****Victoria Wines**

Lot 17 Queens Rd, Martinar, Nadi  
Shop 6, Denarau Marina  
Shop 27, Damodar City, Suva  
www.victoriawines.com.fj

**Bakeries | Pastries****Épicer - Hilton Denarau**

T: 6756 800 Ext. 56952  
E: deli.fiji@hilton.com

**Supermarkets****MH - Morris Hedstrom**

Head Office Suva T: 331 5299  
Suva MHCC T: 331 0683  
Superfresh Tamavua T: 338 6085  
Flagstaff T: 331 6811  
Namaka T: 672 0722  
Savusavu T: 885 0030  
Levuka T: 344 0467  
Taveuni T: 888 0053

**Butchers | Fresh Meats****South Pacific Butchering Co. Fiji**

7 Denarau Road, Nadi  
T: 670 3900 | 999 3900 | F: 670 3800  
spbcl@connect.com.fj

**Real Estate****Resort Homes Fiji**

Arts Village, Pacific Harbour  
T: 345 0034 | 992 4924 | F: 345 0067  
resorthomes@connect.com.fj

# YACHT CLEARANCES INTO & OUT OF FIJI CONVENIENT & HASSLE-FREE

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**CONTACT US ON:**

P: 666 8214  
E: info@vudamarina.com.fj  
www.vudamarina.com.fj







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